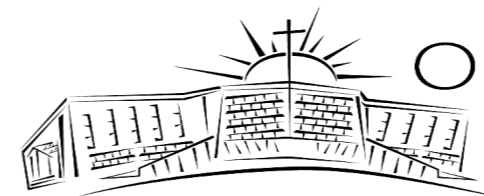


Acolytes, Ministers, Readers and Altar Servers, please remember to arrive ready 10 minutes before the beginning of Mass



OUR LADY OF LOURDES

PARISH OF SEVEN HILLS

"Still a wonderful place to pray & stay."

The Most Holy Body and Blood of Christ 23rd June 2019

22/23 June

Acolytes Vigil 8am **Abel Do Rosario**
9.30am **Terry Jordan**
Ministers Vigil **Ramzee Michael**
8.00am **Cathy Hutchins**
9.30am **Priya Joachim, Jim Said**
Readers 8.00am **Paul Gow, Nancy Shami**
9.30am **Rob Simpson, Alison Punch**
8.00am **Pepito Ferriols, Erika Hien**
9.30am **VOLUNTEERS**

Altar Servers Vigil **Yxaak Dino, Genevieve Estil, Madisen Estil, Alexandra Simpson, Mikayla Simpson**
8.00am **Matthew Sadi, Rebecca Said**
9.30am **Alex La Guidara, Mary-Rose Mejalli, Joshua Ramachandaran, Tanisha Ramachandaran**

Musicians Vigil 8am **Perry's Angels**
9.30am **Perry's Angels**
Children's Rosary Liturgy 9.30am **Maria Balatbat**
2 June **2nd & 3rd Sunday of the month Only**
Morris Family
45 James Street Seven Hills 2147

Flowers 23 June **Priya, Mary B & Annette**

Bookshop Vigil 8am **Greg Edith**
9.30am **Carole**

Morning Tea Church Cleaning 9.30am **Couples for Christ**
22 June **Ramzee Michael**

Welcomers Vigil 8am **Mary Bonnici, VOLUNTEERS**
9.30am **Rita Paolini, Chandra Sampanthan**
9.30am **VOLUNTEERS**

29/30 June

Acolytes Vigil 8am **Derick Soares**
9.30am **Lawrence Falzon**
Ministers Vigil **Eugene Miu**
8.00am **Anna Bellissimo**
Louise La Guidara
9.30am **Anne McNally**
Bob McNally
9.30am **Jude Dias**
Dawn Manamperi
Readers Vigil **Jemma Sarmiento**
8.00am **Laura Bellissimo**
9.30am **Erika Hien**
Andrew Millar
Noel Emmanuel
Mercy Aquino
Altar Servers Vigil **Jesseline Franco, Alex La Guidara, Christian Milicevic, Caitlyn Rambulwella, Jayden Rambukwella**
8.00am **Amelia Baptist, Amelia Herczeg, Joshua Herczeg**
9.30am **Connor Ballment, Ethan Ballment, Carl Gallema, Marc Gallema, Umesh Samara-Sekera**

Musicians Vigil 8am **Perry's Angels**
9.30am **Fr Henry**
Maria Balatbat

Children's Rosary Liturgy 30 June **2nd & 3rd Sunday of the month Only**
Falzon Family
2 Wallpark Avenue Seven Hills 2147

Flowers 30 June **Fennie**
Vigil **Volunteer**
Bookshop 8am **Volunteer**
9.30am **Edmund**
9.30am **Imelda**

Morning Tea Church Cleaning 26 June **Sue Abela, Felicity Gravina, Joyce Muscat**

Welcomers Vigil 8am **VOLUNTEERS**
9.30am **Joyce Hillbrick, VOLUNTEERS**
9.30am **Lena Falzon, VOLUNTEERS**

Parish Priest: Fr Henry Huu Duc Tran
Pastoral Care of the Sick: Bathista Emmanuel 0405833655
Parish Secretary: Mrs Erika Hien
Sacrament Co-Ordinator: Mrs Judy Barden
Catechist Coordinator: Mr Bob McNally 96241015
Parish Church: 7 Grantham Rd, Seven Hills 2147

Office Hours: Monday-Friday: 9am - 3.00pm
Telephone: 9622 2920
Parish Office Email: secretary@olol7hills.org.au
Parish Website: www.olol7hills.org.au
Parish School: Our Lady of Lourdes
Principal: Ms Keiran Byrnes

WEEKEND MASS Saturday Vigil 6pm
Sunday 8am & 9.30am

HEALING MASS & ANOINTING OF SICK 1st Thursday of month at 8am. 4 July 2019

WEEKDAY MASS Tues - Friday 8am

BAPTISMAL PREPARATION 17th July 2019 7.30pm

YOUTH MASS 1st Sunday of the month 9.30am.

PRAYER AND WORSHIP SERVICE Monday & Saturday 8am
except 22, 24, 29 June & 1 July

Church Open 8.30am-3pm
Monday-Friday (for prayer and reflection)

Exposition of the Blessed Sacrament & Novena to Our Lady of Lourdes Every Friday after 8am Mass until 9am

Exposition, Divine Mercy & Mass 5th July 7.00pm

A Blessing for Children is available at all Masses

READINGS This Sunday 1st Reading: Genesis 14:18-20
2nd Reading: Corinthians 11:23-26
Gospel: Luke 9:11-17

Melchizedek brought bread and wine. Every time you eat this bread and drink this cup, you are proclaiming the death of the Lord. They all ate and were filled.

READINGS 30/6/2019 1st Reading: 1 Kings 19:16, 19-21
2nd Reading: Galatians 5:1, 13-18
Gospel: Luke 9:51-62

Elisha rose and followed Elijah and became his servant. My brothers you are called to freedom. Jesus resolutely set his face towards Jerusalem. I will follow you wherever you go.

ENTRANCE ANTIPHON: *He fed them with the finest wheat and satisfied them with honey from the rock.*

OPENING PRAYER: O God, who in this wonderful Sacrament have left us a memorial of your Passion, grant us, we pray, so to revere the sacred mysteries of your Body and Blood that we may always experience in ourselves the fruits of your redemption. Who live and reign with God the Father in the unity of the Holy Spirit, one God, for ever and ever.

RESPONSE TO PSALM: *You are a priest forever, in the line of Melchizedek.*

GOSPEL ACCLAMATION: Alleluia alleluia! I am the living bread from heaven, says the Lord; whoever eats this bread will live forever. Alleluia!

COMMUNION ANTIPHON: *Whoever eats my flesh and drinks my blood remains in me and I in him, says the Lord.*

WOMEN IN LEADERSHIP

The Benedictine Abbey, Jamberoo invites women of any age and any experience in formal leadership positions, and for those who exercise leadership without a formal title in business, schools, homes, offices, parishes, anywhere to the Women in Leadership workshop. The aim is to support women to explore their unique gifts – as people, as women and as leaders. 4-7 July. 02 4236 0533 or cottageretreats@jamberooabbey.org.au for more information.

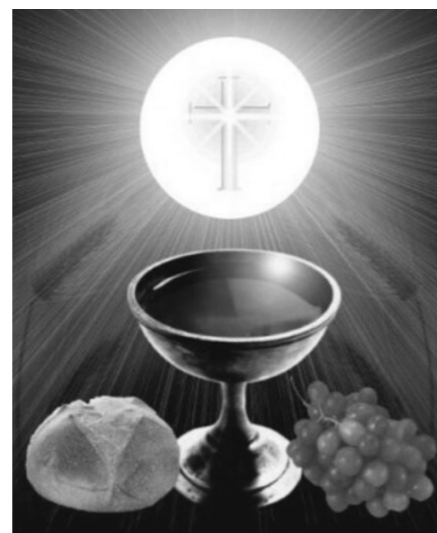
FOOTSTEPS OF JESUS

Trace the journey of Jesus from the land of his birth to the way he carried his cross and gave the eternal sacrifice in this 14 day Holy Land pilgrimage to Jordan and Israel led by Fr Robert William departing on 16th September 2019. This pilgrimage features places from the Old and New Testament and includes Petra, Bethlehem, Jericho, Sea of Galilee and Jerusalem for an all-inclusive price of \$5690 + \$150 tips. The fare includes Return Economy Airfares + Local transfers in deluxe coaches + stay in premium hotels + all meals + Catholic priest + English speaking professional guides. For inquiries and bookings call 0388396615 or email info@magiholidays.com.au

HAVE YOU VISITED OUR PARISH WEBSITE LATELY??

Our parish website is updated regularly with news and upcoming events - everything from youth news to social justice to Mass times, bulletins, hall hire information and much more - a great way to stay up to date with what's on in our parish! Visit www.olol7hills.org.au

PARISH DIARY		
JUNE		
23	Social Justice Group	12:30pm
24	St Vincent de Paul	7:00pm
26	Tai Chi	10:30am
27	Christ Community Prayer Group	9:00am
28	Sacred Heart Mass – school community	9:15am
29	Men's Group Breakfast	8:30am



ARE YOU NEW TO OUR PARISH? WELCOME!
If you would like to register with our parish or receive a visit from Fr Henry or a parishioner, please give your name and contact number to Fr Henry after Mass or contact the parish office on 9622 2920 or email secretary@olol7hills.org.au. We look forward to hearing from you!



Let us Pray for the Sick

Frank Azzopardi, David Barrow, John Bourke, Barrie Chamberlain, Gabriel Chung, Paul Daniel, Andrew Fedrigo, Letitia Haines, Wendy & Klaus, Grant & Shane Lawrence, Gordon McLandsborough, Patricia Oreo, Debra Price, Narelle Schoenfeld, Pat Slavik, Rose & Tony Stambouliah, Denis Symon, Sue Tiplodi.

If you would like to add to our Sick List or know of any Parishioner that is unwell please contact Father Henry or the Parish Office on 9622 2920. We can also arrange for Holy Communion or a visit if required.

Let us Pray for the Deceased

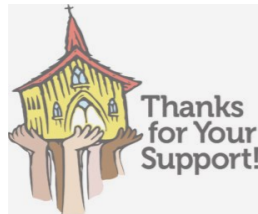
Recently Deceased: Tony Andrews, France Angseesing, Helen Bonnici, Erlinda Carrera, Margaret Cook, Grace D'Mello, VA Francis, Cicily Joseph, Sashin Patrick Manamperi, Maria, Estrella Nemiada, Rosaline Ratnam, Alfredo Tecson, Joaquin Tesoro Jr.

Anniversaries: Anita Angeline Alagiah, Florentino Ballecer, Frances Buttigieg, Attilio Cavallaro, Danielle Chalon Helen Gatt, Alice George, Betty & Stefan Gramza, Salvatore & Fr Lorenzo Loria, Felina Maglaya, Guiseppe & Antonio Mancina, Beryl McKertich, Cajetan Mula, Tony Muscat, Lakshman Perera, Jack Renshaw, Cornelio Rondario, Mary Silva, S Susainathan, Louise Vella, Priscula Villanueva.

Remembrance: Felipe, Isabel & Pedro Asumbrado, Roy, Mary & Des Barney, Paul, Simone, Cyril, Monica, Conception & Dominic D'Souza, John Philip Jones, Sharon & John Lawrence, Pauline Meilak, Alberto, Magdalena, Ernesto & Federico Mibulos, Federico, Wilfredo, Cayetana & Milagros Mendoza, Anton & Lourda Motha, Louis & Stephen Mula, Mary Muscat & Family, Anania Nabuya, Egnacio Cua Narraga, Mechora Bana Nola, Giustino Paludi, Felicisimo Prahinos, Pauline & Santan Soares.

MONEY MATTERS

Envelopes \$ 1955.00
Loose \$ 765.00
TOTAL \$ 2720.00
WEEKLY TARGET: \$ 3500.00



Your generosity is greatly appreciated.

CUPPA FOR OUR CARPARK

Can you spare the cost of a cuppa each week to support our parish? Every little bit counts! Envelopes are available at the back of the church or why not set up a regular bank transfer as your contribution to assist in the running costs of our parish? Please add a reference of "Donation". Banking details are below:

DIRECT DEPOSIT:

BSB: 067 950;
Account Number 000552;
Account Name: Seven Hills Catholic Church.

FROM POPE FRANCIS

His youth teaches us

These aspects of Jesus' life can prove inspiring for all those young people who are developing and preparing to take up their mission in life. This involves growing in a relationship with the Father, in awareness of being part of a family and a people, and in openness to being filled with the Holy Spirit and led to carry out the mission God gives them, their personal vocation. None of this should be overlooked in pastoral work with young people, lest we create projects that isolate young people from their family and the larger community, or turn them into a select few, protected from all contamination. Rather, we need projects that can strengthen them, accompany them and impel them to encounter others, to engage in generous service, in mission.

Jesus does not teach you, young people, from afar or from without, but from within your very youth, a youth he shares with you. It is very important for you to contemplate the young Jesus as presented in the Gospels, for he was truly one of you, and shares many of the features of your young hearts. We see this for example in the following: "Jesus had unconditional trust in the Father; he maintained friendship with his disciples, and even in moments of crisis he remained faithful to them. He showed profound compassion for the weakest, especially the poor, the sick, sinners and the excluded. He had the courage to confront the religious and political authorities of his time; he knew what it was to feel misunderstood and rejected; he experienced the fear of suffering and he knew the frailty of the Passion. He turned his gaze to the future, entrusting himself into the Father's safe hands in the strength of the Spirit. In Jesus, all the young can see themselves".

On the other hand, Jesus is risen, and he wants to make us sharers in the new life of the resurrection. He is the true youthfulness of a world grown old, the youthfulness of a universe waiting "in travail" (Rom 8:22) to be clothed with his light and to live his life. With him at our side, we can drink from the true wellspring that keeps alive all our dreams, our projects, our great ideals, while impelling us to proclaim what makes life truly worthwhile. Two curious details in the Gospel of Mark show how those risen with Christ are called to authentic youth. In the Lord's passion we see a young man who wanted to follow Jesus, but in fear ran away naked (cf. 14:51-52); he lacked the strength to stake everything on following the Lord. Yet at the empty tomb, we see another young person, "dressed in a white tunic" (16:5), who tells the women not to be afraid and proclaims the joy of the resurrection (cf. 16:6-7).

The Lord is calling us to enkindle stars in the night of other young people. He asks you to look to the true stars, all those varied signs he gives us to guide our way, and to imitate the farmer who watches the stars before going out to plough his field. God lights up stars to help us keep walking: "The stars shine in their watches, and are glad; he calls them and they say: 'Here we are!'" (Bar 3:34-35). Christ himself is our great light of hope and our guide in the night, for he is the "bright morning star" (Rev 22:16).

[Pope Francis, apostolic exhortation, CHRISTUS VIVIT — to the young people and the entire people of God]

REFLECTION—Corpus Christi (The Most Holy Body and Blood of Christ)

Today's Gospel recounts the story of how Jesus satisfies the hunger of a large multitude with just a few fish and a few loaves of bread. Focusing on the great number of people Jesus fed, we often overlook another significant detail. Before giving the food to the people to eat, Jesus raised his eyes to heaven and pronounced a blessing on it (said grace). This



blessing was a very important part of every Jewish meal because a pious Jew would not dare eat without first giving thanks to God who gives us all good things.

Although God does not need our thanks, giving him thanks before we eat is a very appropriate response for all he has given us. Recall how you feel when you give something to someone and that person does not acknowledge your gift. The disappointment is bad enough when the ungrateful recipient is a stranger or someone you do not know very well but it is much more acute when the person is someone you love. In such a case, because the gift is an expression of your love, it is easy to feel it is your love, not just the gift, that the person does not appreciate.

With this in mind, we can readily understand how God feels when we fail to give thanks to him for all the gifts he has so tenderly bestowed on us. Because of his great love for us, the pain and the disappointment God feels when we are ungrateful is acute.

Today on the Feast of Corpus Christi (which is Latin for "Body of Christ"), we celebrate and give thanks to God for the gift of the body and blood of his Son. Since the days of the early Church, Christians have understood the story in today's Gospel to be symbolic of the celebration of the Eucharist. Scripture scholars believe this is the main reason why it is the only story we find in all four of the Gospels.

The greatest gift God could have given us is the gift of his Son, Jesus. Because of his immense love for us, he continues to give us this gift in the form of bread and wine. We take time today to thank God in a special way for this great gift, the gift of his love.

For reflection: Some people who say grace before meals at home will not do so at a restaurant. Is this right? Would you say grace in a public place? Why or why not?

PARISH NEWS...

HELP WANTED

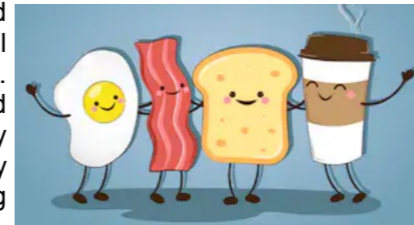
A regular weekday parishioner is unable to get transport to daily 8am Mass due to a recent car accident and so loss of transport. They live on Seven Hills Road and have requested if someone coming to weekday Mass would be able to pick her up and take her home after Mass, it would be greatly appreciated. If you can assist, please contact the parish office.

IMPORTANT NOTICE ON COMMUNION SERVICES: After discussion with Father Henry concerning the unavailability of the current Communion Service Ministers, it was decided that there will be no Communion Service on Monday 24 June, Saturday 29 June and Monday 1 July. We apologise for this break in providing Communion Services and hope to return to uninterrupted Communion Services as soon as possible.

Mens' Breakfast Saturday 29th June 8.30am

For those who missed Br Frank Richardson's challenging talk and lively discussion last Tuesday, you have one more chance. Frank will be at our next breakfast highlighting the key points of Pope Francis' "Laudato Si - On Care For Our Common Home". As a keen bushwalker and photographer Frank's photos and illustrations are powerful messages in themselves.

Join us for bacon and eggs and good company at 8.30 am on Saturday 29th June in the Meeting Room.



SOCIAL JUSTICE NEWS

Social Justice Meeting June 23 12:30pm Parish Meeting Room

OVER 50'S OUTING TO THE ART GALLERY OF NSW

Please meet at Seven Hills station for the 9:28am train to the city on Thursday 27th June.

LITURGICAL MINISTERS - NEW ROSTER

The new roster for July - December will be available from next week. Any ministers who are registered with the rostering program MSP will receive their roster via email during the week. Copies will also be available from the back of the Church from next weekend.

LITURGY LINKS Formation for parish communities on our Liturgical celebrations

Humility

Ministers who serve in our Church liturgy bring many qualities to their particular role however one quality common to all who serve is humility.

The quality is closely linked with service. We must be prepared to put aside our own interests and place ourselves at the service of Christ, with whom we are united in our worship. The liturgy also unites us with each individual who worships with us, and in whom Christ is present. It is only when we recognise the presence of Christ in others, and we place ourselves at the service of our brothers and sisters that we truly and completely place ourselves at the service of Jesus.

The great example Christ gives us of humble service is his washing of the feet of his disciples. Peter originally refused to have his feet washed because he realised what Jesus was doing - placing himself in the position of a servant or slave, someone who would never have been considered 'great' in the society and culture of the time. When we think about it more deeply, Peter's refusal may not have only been to the confronting act of Christ's humility, but also to the confronting realisation that Jesus would expect the same from him.

We can find words in the liturgy to express our humility; the Penitential Act and our response to the invitation to Communion (*Lord, I am not worthy...*) being probably the most obvious. Yet for us as Catholics, both within our worship and within our daily lives, we are challenged to make humility part of our way of being.

DIOCESAN NEWS

REFLECTIVE MINISTRY 2019

We invite you to join our Reflective Ministry Program. This is a great opportunity for any of us involved in any form of service/ministry that is motivated by the Gospel. It offers a chance for learning, accompaniment and a further shaping of the means and motivations for our efforts. The Reflective Ministry Program is broken up into two components. Component 1 for 2019 has just concluded with great success. You can join Component 2 now, regardless of whether or not you have attended Component 1 already. Component cost: \$90.00 (negotiable with subsidies)

Each session shares hospitality at 6:45 for a 7pm start. The speakers in this component will be Dr Laurie Woods and Martin Tulan If you have any questions, please do not hesitate to call on 02 9296 6369 or email: connect@ifm.org.au. Registrations can also be made at <https://www.ifm.org.au/reflective-ministry>