

Acolytes, Ministers, Readers and Altar Servers, please remember to arrive ready 10 minutes before the beginning of Mass

		<b>March 9/10</b>
<b>Acolytes</b>	Vigil 8am	<b>Abel Do Rosario</b>
	9.30am	<b>Louis Fernandes</b>
		<b>Ramzee Michael</b>
<b>Ministers</b>	Vigil	<b>James Dinning, Charmaine Jansz</b>
	8.00am	<b>Lorraine Fernandes, Edith Gartner, Winnie Marchello, Anne McNally, Andrew Millar, Priya Joachim</b>
	9.30am	<b>Maria Michael, Nancy Shami</b>
<b>Readers</b>	Vigil	<b>Noreen Rosario, Laura Bellissimo</b>
	8.00am	<b>Bob McNally, Karen Eleazar</b>
	9.30am	<b>Jeanine Nonato, Megan Michael</b>
<b>Altar Servers</b>	Vigil	<b>Benjamin Clark, Noah Ebb, Christian Milicevic, Thomas Osbourne, Aryn Roy</b>
	8.00am	<b>VOLUNTEERS, Lewis Savic</b>
	9.30am	<b>Larissa Leary, Ryman Michael, Diana Park, Philip Park, Sean Park</b>
<b>Musicians</b>	Vigil 8am	<b>Magnificat Lolesio Choir</b>
	9.30am	<b>Tongan Group</b>
<b>Children's Rosary</b>	Liturgy	<b>2nd &amp; 3rd Sunday of the month Only</b>
		<b>Menezes family</b>
		<b>39 Winnipeg Street, Seven Hills</b>
<b>Flowers</b>		<b>Lucinda &amp; Orindo</b>
	Vigil 8am	<b>Marinela Simic</b>
<b>Bookshop</b>	9.30am	<b>Edith Gartner</b>
		<b>Fenty Saputra</b>
<b>Morning Tea</b>	9.30am	<b>Malayalee Community</b>
<b>Church Cleaning</b>	14 March	<b>Elodia Colussi, Elizabeth Mead</b>
<b>Welcomers</b>	Vigil 8am	<b>Ram Ugre, VOLUNTEERS</b>
		<b>Annette Peatman, Chandra Sampanthan, VOLUNTEER</b>
	9.30am	<b>VOLUNTEERS</b>

		<b>March 16/17</b>
<b>Acolytes</b>	Vigil 8am	<b>Derek Soares</b>
	9.30am	<b>Terry Jordan</b>
		<b>Ian Epondulan</b>
<b>Ministers</b>	Vigil	<b>Rosey Soares, Vinnie Zahra</b>
	8.00am	<b>Fennie Balatbat, Eugene Miu</b>
	9.30am	<b>Anna Bellissimo, Laura Bellissimo, Carole Brooks, Barbara Chandler, Jude Dias, Artelle Lenthall</b>
<b>Readers</b>	Vigil	<b>Karen Eleazar, Noreen Rosario</b>
	8.00am	<b>Benno Motha, Adrian Walker</b>
	9.30am	<b>Ryan Epondulan, Noel Emmanuel</b>
<b>Altar Servers</b>	Vigil	<b>Caron Cyril, Makayla Dalmati, Erika Naing, Jaylen Naing, Riley Naing</b>
	8.00am	<b>Isabella Dela Cruz, VOLUNTEERS</b>
	9.30am	<b>Connor Ballment, Ethan Ballment, Matthew Shawcross</b>
<b>Musicians</b>	Vigil 8am	<b>Deanne Couples for Christ</b>
	9.30am	<b>Folk Group</b>
<b>Children's Rosary</b>	Liturgy	<b>2nd &amp; 3rd Sunday of the month Only</b>
		<b>Soares Family</b>
		<b>33 Pretoria Road, Seven Hills</b>
<b>Flowers</b>		<b>Fennie &amp; Angela</b>
	Vigil 8am	<b>Mariane Christian</b>
<b>Bookshop</b>	9.30am	<b>Shelia Enright</b>
		<b>Erika Hien</b>
<b>Morning Tea</b>	9.30am	<b>Parish Pastoral Council</b>
<b>Church Cleaning</b>	23 March	<b>Andrew Fedrigo, Ramzee Michael</b>
<b>Welcomers</b>	Vigil 8am	<b>VOLUNTEERS</b>
		<b>Joyce Hillbrick, Rita Paolini, VOLUNTEER</b>
	9.30am	<b>Kathy Chamberlain, Lena Falzon, VOLUNTEER</b>



# OUR LADY OF LOURDES

PARISH OF SEVEN HILLS

*"Still a wonderful place to pray & stay."*

**Parish Priest:** Fr Henry Huu Duc Tran

**Pastoral Care of the Sick**

**and Elderly:** Mrs Bathista Emmanuel

**Parish Secretary:** Mrs Erika Hien

**Office Hours:**

**Sacrament**

**Monday-Friday:** 9am - 3.00pm

**Co-Ordinator:** Mrs Judy Barden

**Telephone:** 9622 2920

**Parish Church:** 7 Grantham Rd, Seven Hills 2147

**Parish Office Email:** secretary@lol7hills.org.au

**Postal Address:** PO Box 944, Seven Hills 1730

**Parish Website:** www.lol7hills.org.au

**Parish School:** Our Lady of Lourdes

**Youth Group Email:** youthlol7h@gmail.com

**Principal:** Ms Keiran Byrnes

**Public School Catechist Co-Ordinator:** Mr Bob McNally

## First Sunday of Lent Year C 10th March 2019

**WEEKEND MASS** Saturday Vigil 6pm  
Sunday 8am & 9.30am

**HEALING MASS & ANOINTING OF SICK**  
1st Thursday of month at 8am. 4 April

**WEEKDAY MASS** Tues - Friday 8am

**RECONCILIATION** Saturday 4.30 - 5.30pm

**PRAYER AND WORSHIP**

**SERVICE** Monday & Saturday 8am

**MARRIAGES**

Please contact Parish Office  
6 months prior to the wedding

**Church Open** 8.30am-3pm

**Monday-Friday** (for prayer and reflection)

**BAPTISMAL**

20th March 2019 7.30pm  
**PREPARATION** Baptisms 2nd & 4th Sunday 11am

**Exposition of the Blessed Sacrament & Novena to Our Lady of Lourdes**  
Friday after 8am Mass until 9am

**YOUTH MASS** 1st Sunday of the month 9.30am.  
7th April

**Exposition, Divine Mercy and Mass**  
Resumes after Easter

**A Blessing for Children is available at all Masses**

**READINGS This Sunday**  
1st Reading: Deut 26:4-10  
2nd Reading: Romans 10:8-13  
Gospel: Luke 4:1-13

The confession of faith of the elect.  
The confession of faith of the believers in Christ.  
Filled with the Holy Spirit, Jesus was led by the Spirit through the wilderness where he was tempted.

**READINGS Sunday 17/3/19**  
1st Reading: Genesis 15:5-12, 17-18  
2nd Reading: Philippians 3:17-4:1  
Gospel: Luke 9:28-36

God made a covenant with Abraham, his faithful servant.  
Christ will transfigure these bodies of ours into copies of his glorious body.  
As Jesus prayed, the aspect of his face was changed, and his clothing became brilliant as lightning.

**ENTRANCE ANTIPHON:** *When he calls on me, I will answer him; I will deliver him and give him glory, I will grant him length of days.*

**OPENING PRAYER:** Grant, almighty God, through the yearly observances of holy Lent, that we may grow in understanding of the riches hidden in Christ and by worthy conduct pursue their effects. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever.

**RESPONSE TO PSALM:** *Be with me, Lord, when I am in trouble.*

**GOSPEL ACCLAMATION:** Praise to you, Lord Jesus Christ, king of endless glory! No one lives on bread alone, but on every word that comes from the mouth of God. Praise to you, Lord Jesus Christ, king of endless glory!

**COMMUNION ANTIPHON:** *One does not live by bread alone, but by every word that comes forth from the mouth of God.*

PARISH DIARY		
MARCH		
12	Second Vatican Council with Massimo Faggioli	7.00pm
13	Tai Chi	10:30am
13	Sacramental Program Meeting 4	6:30pm
13	Parish Council Meeting	7:30pm
14	Christ Community Prayer Group	9:00am
14	Over 50's Meeting	10:30am
15	Evening prayer and Benediction	7.30pm
16	Parish retreat	9.00am
16	Sacramental Program Meeting 4	4:30pm

**New Parishioners**  
Would you like to join or maybe receive a visit from Fr Henry or a parishioner?

**Sick or Housebound**  
Do you know someone who would like Holy Communion or a visit?

**Planned Giving**  
Would you like to support our Parish?  
Envelopes/Credit Card/Direct Debit Available

Name  
Telephone

Name  
Telephone

Name  
Telephone

Please place on the collection plate





### Let us Pray for the Sick

David Barrow, Gabriel Chung, Andrew Fedrigo, Letitia Haines, Gordon McLandsborough, Debra Price, Narelle Schoenfeld, Rose Stambouliah, Tony Stambouliah, Denis Symon, Sue Tipaldo.

If you would like to add to our Sick List or know of any Parishioner that is unwell please contact Father Henry or the Parish Office on 9622 2920

### Let us Pray for the Deceased

**Recently Deceased:** Marian Kalinski, Yvonne Alam, Tony Andrews, Teofilo Datuin, Fr Leo Donnelly, Norma Ann Howard, Maria Kingson, Stewart Moroney, Michael Perak, Fr Colm Rafferty (Ireland), Roseline Ratnam, Maria Zentai, Auk Kyung Monica Kim.

**Anniversaries:** Rosie & David Alfonso, Andre & Caroline Almeida, Christine, Brendon & Michael Almeida, Avelina Arambulo, Fortunata Baida, Rosario Cabasa, Anna Barbara DiCioccio, Maria Palmira Do Rosario, Nevis Fernando, Apolinario Maglaya, Rosa Mancina, Vincenzo & Ersilia Paolini, Nina Paolini, John Ratnam, Rosary Silva, Santan & Pauline Soares, Dominic & Araminta Soares, Joseph, John & Helen Tanti, Arsenio Udan, Tom Morrissey, Dorothy Ross

**Remembrance:** Roy, Mary and Des Barney, Paul, Simone & Cyril, Leon & Mireille D'emmerz, Nasario Enfesta, Felicisimo Family, Gabilo Family, Sharon and John Lawrence, Pauline Meilak, Lourda Motha, Louis & Stephen Mula, Mary Muscat, Muscat Family, Lakshman Perera, Jo Shep & Maria.

### PRAYER OF CONSECRATION TO MARY

O my Queen and Mother, I give myself entirely to you. To show my devotion to you I consecrate to you this day my eyes, ears, mouth, heart, and whole being without reserve. Therefore, good Mother, since I am your own, keep me and guard me as your property and possession. Amen.

### MONEY MATTERS

**Envelopes** \$ 2426.00  
**Loose** \$ 777.00  
**TOTAL** \$ 3203.00  
**WEEKLY TARGET:** \$ 3500.00



Thanks for Your Support!

Your generosity is greatly appreciated.

### CUPPA FOR OUR CARPARK

Donated to date \$ 19093.62 Balance \$55906.38

### DIRECT DEPOSIT:

Banking details are  
BSB: 067 950;  
Account Number 000552;  
Account Name: Seven Hills Catholic Church.  
Please mark your ref: Surname/Carpark or via  
**Envelopes available at rear of church**

**LOURDES OVER 50's MEETING:** Thursday 14th March in the Parish Hall from 10.30 am till 1.00 pm. Please bring a plate for shared lunch. Visitors and new members most welcome.

**ST VINCENT DE PAUL NEXT MEETING:** 7.00pm Monday 18th March in the Parish Meeting Room.

**TAI CHI AND HEALTH QIGONG FOR HEALTH AND WELLBEING:** Every Wednesday at 10:30-11.30am the Parish Meeting Room. Cost:\$10

### FROM POPE FRANCIS IN CONSTANT PRAYER

Finally, though it may seem obvious, we should remember that holiness consists in a habitual openness to the transcendent, expressed in prayer and adoration. The saints are distinguished by a spirit of prayer and a need for communion with God. They find an exclusive concern with this world to be narrow and stifling, and, amid their own concerns and commitments, they long for God, losing themselves in praise and contemplation of the Lord. I do not believe in holiness without prayer, even though that prayer need not be lengthy or involve intense emotions.

Saint John of the Cross tells us: "Endeavour to remain always in the presence of God, either real, imaginative, or unitive, insofar as is permitted by your works". In the end, our desire for God will surely find expression in our daily lives: "Try to be continuous in prayer, and in the midst of bodily exercises do not leave it. Whether you eat, drink, talk with others, or do anything, always go to God and attach your heart to him".

For this to happen, however, some moments spent alone with God are also necessary. For Saint Teresa of Avila, prayer "is nothing but friendly intercourse, and frequent solitary converse, with him who we know loves us". I would insist that this is true not only for a privileged few, but for all of us, for "we all have need of this silence, filled with the presence of him who is adored". Trust-filled prayer is a response of a heart open to encountering God face to face, where all is peaceful and the quiet voice of the Lord can be heard in the midst of silence.

In that silence, we can discern, in the light of the Spirit, the paths of holiness to which the Lord is calling us. Otherwise, any decisions we make may only be window-dressing that, rather than exalting the Gospel in our lives, will mask or submerge it. For each disciple, it is essential to spend time with the Master, to listen to his words, and to learn from him always. Unless we listen, all our words will be nothing but useless chatter.

We need to remember that "contemplation of the face of Jesus, died and risen, restores our humanity, even when it has been broken by the troubles of this life or marred by sin. We must not domesticate the power of the face of Christ". So let me ask you: Are there moments when you place yourself quietly in the Lord's presence, when you calmly spend time with him, when you bask in his gaze? Do you let his fire inflame your heart? Unless you let him warm you more and more with his love and tenderness, you will not catch fire. How will you then be able to set the hearts of others on fire by your words and witness? If, gazing on the face of Christ, you feel unable to let yourself be healed and transformed, then enter into the Lord's heart, into his wounds, for that is the abode of divine mercy. **Pope Francis, apostolic exhortation, GAUDETE ET EXSULTATE**



### FROM FR. HENRY DUC

Due to his severe illness, an elderly man had a nightmare, in which he happened to see Satan appear to him with a very scary look. 'Do you know who I am?' asked Satan. 'Sure I do,' replied the man with a rather calm voice. 'Are you scared of me?' queried Satan. 'No, not at all,' replied the man with an unusual confidence. 'I can make your life miserable, put you in pain, take away your life, and then throw you in fiery hell for eternity.' 'Yes, I know that,' - the man had still managed to maintain his cool. 'Now tell me, why are you not scared of me like others?' Satan dropped his menacing voice and pleaded with him instead. 'I've been married to your sister for more than 50 years,' whispered the man with a sneaky smile!



In the Gospel marking the First Sunday of Lent this week, the evangelist recalls the story of how Jesus, physically tired after forty days and nights of prayers and fasting in the wilderness, was approached by Satan, who cleverly used food, power and fame as means to confuse, distract and turn Jesus away from his mission. In return, Jesus firmly stood his ground, convincingly turned down every deceptive offer of the devil with his divine wisdom and power, frustrated the prince of darkness and eventually chased him away.

Jesus' temptations in a way remind us all of the constant threat of temptations that we have to face in our daily lives. No matter who and where we are, temptations for sure, will follow us and try to turn us away from the Lord. Pope Francis has again and again brought to our attention such a danger that might cause us lot of damage if we fail to take extra caution.

More significantly, Jesus' victory over his tempter obviously is quite an inspiration for us to reflect upon, since it tells us that just like him, we can overcome temptations and we can defeat the devil if we stick to the script Jesus has prepared for us, which is to embrace his way: the way of love, the way of the cross. Lent is a special time for us to be inspired by such a way and re-commit ourselves to follow his way from Death to Resurrection through prayers, through works of charity and through self-improving activities.

Let us pray for the grace and courage to faithfully follow Jesus' way to face whatever temptations we might encounter in our everyday lives, and turn them into credits for eternity.

Have a positive thinking week.

Fr. Henry

### PARISH NEWS...

#### LENT

During the season of Lent, we will have a number of opportunities to gather for prayer to help prepare for Easter. Please add the following dates to your diary for this season of Lent:

Fri 15th March	Evening Prayer and Benediction	7:30pm
Sat 16th March	Parish Retreat	9am - 3pm
Fri 22nd March	Stations of the Cross	7:30pm
Fri 29th March	Evening Prayer and Benediction	7:30pm
Fri 5th April	Stations of the Cross	7:30pm
Fri 12th April	Evening Prayer and Benediction	7:30pm
Tue 16th April	Parish 2nd Rite of Reconciliation	7:30pm
Thur 18th April	<b>HOLY THURSDAY MASS</b>	7:30pm
Fri 19th April	<b>GOOD FRIDAY</b>	
	Stations of the Cross	10am
	<b>Celebration of the Lord's Passion</b>	3pm
Sat 20th April	<b>EASTER VIGIL MASS</b>	6pm
Sun 21st April	<b>EASTER SUNDAY MASS</b>	8am, 9:30am

### THE SECOND VATICAN COUNCIL WITH MASSIMO FAGGIOLI

During Lent, Fr Henry will also be having a series of evenings with a focus on "The Second Vatican Council with Massimo Faggioli". In order to celebrate the 60<sup>th</sup> anniversary of Pope Saint XXIII's decision to call the Council this year, 25<sup>th</sup> January, 2019, we are having a series of meetings **every Tuesday evening during Lent from 7.00pm – 8.30pm in our Parish Meeting room** (except Tuesday 16th April due to the parish Second Rite of Reconciliation).

Participants will have a chance to watch lectures and talks given by Dr. Massimo Faggioli, a Church historian, Vatican II Council scholar, professor of Theology and Religious Studies at Villanova University on Youtube about the Council and Pope Francis followed by discussions. Everyone is welcomed to come along.

### PARISH RETREAT

Our annual parish retreat this year will be presented by Fr John Sullivan and will be held **next weekend on Saturday 16th March from 9am (for a 9:30am start) to 3pm** in the parish hall. Lunch will be provided on the day. **For catering purposes, please RSVP by writing your name and details on the clip board at the back of the church.**

### SOCIAL JUSTICE

#### AFFORDABLE HOUSING & ENERGY

This Thursday 14th March 6pm for 6:30pm Sydney Town Hall Housing and Energy Assembly.

THE ISSUE: To move people in bottom fifth income bracket out of housing stress, 7,000 social housing dwellings need to be built each year for the next 20 years. This is 20% of housing production each year. Inquiries and reports have been happening since 2004 without enforceable results.

This needs action NOW. You can still register at [www.sydneyalliance.org.au/housing](http://www.sydneyalliance.org.au/housing) or phone 88383458. Come and join our group meeting at Seven Hills train station at 4pm. We will grab a bite to eat before gathering to join the diocesan group. Adrian Walker will be leading our group for any questions contact 0408649327

### CAR PARK FUNDRAISING EVENT SAVE THE DATE! MAY 18, 2019

We will be having an **Aloha Concert night** which includes show and dinner for our Parish community, relatives & friends. This fundraiser also includes a **raffle with 5 fabulous prizes**. Tickets are now available in the foyer of the church every weekend after Mass. Please also consider taking a book of raffle tickets home to sell to family, friends, neighbours and work colleagues. **Money for ticket sales doesn't need to be paid upfront when you collect a book, but rather can be returned with the sold tickets.** As we still have a balance of approximately \$56,000 to pay for the car park as at January 2019, this will be a very important fundraising event.

**It is not necessary for you to purchase the raffle tickets yourself but rather sell the tickets to family, friends, work colleagues etc. If every family in the parish took and sold 2-3 books of tickets (only 10 tickets in each book), we would be able to raise almost half the outstanding amount for our car park. If you haven't taken a book of tickets to sell as yet, please consider assisting us in this very important fundraising event.**