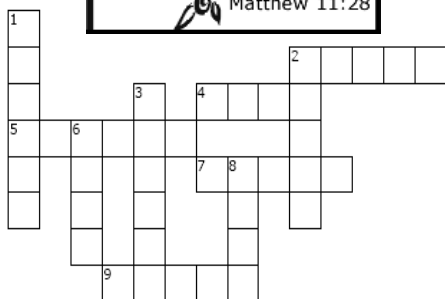
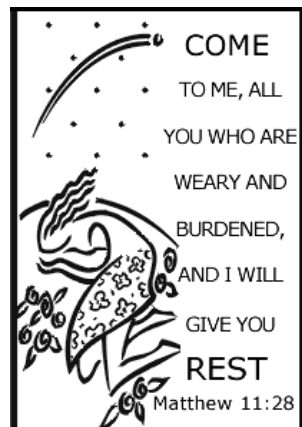


Our Lady of Lourdes Children's Corner
14th Week in Ordinary Time
5 July 2020



ACROSS

2. Not heavy
4. The opposite of go
5. A heavy load that you carry
7. The place within a person where their feelings or emotions are
9. Very tired, especially after working hard for a long time

DOWN

1. Not proud or not believing that you are important
2. To get knowledge or skill about a subject
3. Calm, kind or soft; not violent
6. Stop and relax to regain your strength
8. Not difficult

WEARY	HUMBLE	EASY	BURDEN	REST
COME	HEART	LIGHT	GENTLE	LEARN



Thank you, God, for helping me.

Help with a Heavy Load

F Q N E Y M Y V K K D X G X E
Q Q K O Q R G H U M B L E M S
W O Q F A V E I E D T E O R Z
Y M O E V B N Y Q Q K C T B V
F N W L S W T H V A D C M U W
P H K G R O L E T R W T F R D
E M G I B U E A G E W W R D A
Z A A V G P S R R W C H V E Y
M S S E Z J Z T F E C W L N T
Q U Q Y V X T H G Q A R X J N
R E S E M X E N U E L Y N R W
X C C O I I Y X M J F I A A K
E I Z A U S S L Y J K E G Y D
Y I J O L L V N I X L E R H V
W G T R L L S K E R E S T K T

HUMBLE	ALL	LEARN	LIGHT	YOKE
SOULS	WEARY	GENTLE	TAKE	HEART
COME	GIVE	EASY	BURDEN	REST

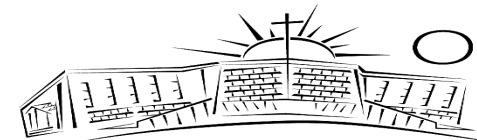


For my yoke is easy and
my burden is light.
Matthew 11:30

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26
K	Z	X	M	D	B	Y	R	S	T	H	E	U	P	I	Q	A	C	N	W	V	J	O	F	L	G

1. 25-12-17-8-19
2. 25-15-26-11-10
3. 11-13-4-6-25-12
4. 8-12-9-10
5. 20-12-17-8-7
6. 12-17-9-7
7. 26-12-19-10-25-12
8. 7-23-1-12
9. 18-23-4-12
10. 6-13-8-5-12-19

EASY	YOKE	COME	HUMBLE	GENTLE
BURDEN	LIGHT	LEARN	WEARY	REST



OUR LADY OF LOURDES

PARISH OF SEVEN HILLS
"Still a wonderful place to pray & stay."

Parish Priest: Fr Henry Huu Duc Tran
Pastoral Care of the Sick: Bathista Emmanuel 0405833655
Parish Office Team: Mrs Erika Hien, Alison Issanchon
Kim Dang, Sarah Lenthall
Parish Office Email: secretary@olol7hills.com.au
Sacrament Co-Ordinator: Mrs Artelle Lenthall

Office Hours: Monday-Friday: 9am - 3.00pm
Telephone: 9622 2920
Parish Website: www.olol7hills.com.au
Parish School: Our Lady of Lourdes 8869 6800
Principal: Ms Keiran Byrnes
Parish Church: 7 Grantham Rd, Seven Hills 2147

WEEKEND MASS Saturday Vigil 6pm
Sunday 8am & 9.30am
WEEKDAY MASS Tues - Friday 8am

RECONCILIATION Saturday 4.30 - 5.30pm
BAPTISMAL PREPARATION 15 July 2020 7.30pm
Baptisms 2nd & 4th Sunday 11am

14th Sunday of Ordinary Time Year A • 5 July 2020

All are welcome to join us for **Our Lady of Lourdes, Seven Hills, Sydney, NSW, Australia Facebook LIVE-STREAM WEEK-END MASSES** celebrated by **Fr. Henry Huu Duc Tran** on **Saturdays 6PM (Vigil), Sundays: 8AM, 9:30AM and 5PM (Vietnamese) AEDT (UTC +11):** <https://www.facebook.com/OLOL7Hills/>
People do not need a Facebook account as it will be appear publicly.

Our Lady of Lourdes

Ever immaculate Virgin, Mother
of mercy,

health of the sick, refuge of sinners,
comfort of the afflicted,
you know my needs,
my troubles, my sufferings;
cast on me a look of pity.

By appearing in the grotto of Lourdes, you were
pleased to make it a privileged sanctuary, from
which you dispense your favours, and already
many

sufferers have obtained the cure of their infirmities,
both spiritual and physical.

I come, therefore, with the most
unbounded confidence to implore your maternal
intercession.

Obtain most loving mother,
my requests, through Jesus Christ your
Son our Lord.
Amen.

Planned Giving Program

On behalf of the Parish Community, I would like to thank you so much
for your ongoing support, which has been very vital to keep our Parish
going strong. Current projects being including the Hall Kitchen renova-
tion, Parish Meeting Room painting. You are invited to join a Direct Deb-
it program.

Please add a reference of "Parish" Banking details are below

ON-LINE DIRECT DEPOSIT

BSB: 067 950;

Account Number 000552;

Account Name: Seven Hills Catholic Church.

IN-PERSON BANK DEPOSIT (at a Bank Institute/Branch)

Seven Hills Catholic Church

BSB: 062 315

Acc Id # - 00901486

AGENT # - 660

Your generosity is greatly appreciated.

Let us Pray for the Sick



Leonila Ahillon, George Alagiah, David Barrow, John Bourke, Barrie Chamberlain, Gabriel Chung, Myrna G Cruz, Paul Daniel, Lou Fedrigo, Ronald Gomez, Anthony Janicska, Wendy & Klaus, Lawrence Family, Julia Lordan, Maria V, Mark McGilligan, Mary Mifsud, Kathleen McMillan, Blago Milicevic, Laurel Morris, Patricia Ore, Lekisha Grace Panilio, Roger & Kimberley Payoe, Wiranjan Peiris, Janina Pisch, Debra Price, Susantha Seranayake, Bernie Sivapatham, Rose Stambouliah, Josette Sultana, Denis Symon, Sue Tipaldo.

If you would like to add to our Sick List or know of any Parishioner that is unwell please contact Father Henry or the Parish Office on 9622 2920. We can also arrange for Holy Communion or a visit if required.

Let us Pray for the Deceased

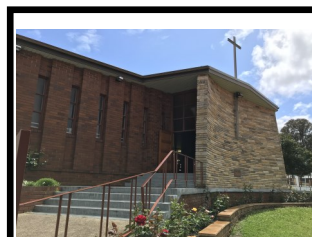
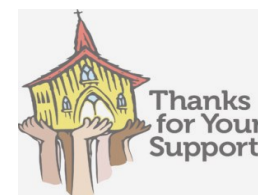
Recently Deceased: Dorothy Abeyrama, Mary Cabatu, Maurice Camenzuli, Theresa & Gerald Chetcuti, Jim De Salis, John Doraisamy, Wenry Farparan, Theresa Fernandez, Carmen Grima, Margolit Phillips, Vincente Virueda, Mary Zammit.

Anniversaries: Cellilia Abela, Anita Alagiah, Carmen & Sam Calleja, Jacqueline & Edmond Clarisse, Louis & Vivian Fernandes, Nevis Fernando, Martina & Carmelo Galeo, Brian Jordan, Evangelista Kingsley, Donald Lordan, Fr Lorenzo Loria OP, Salvatore Loria, Edouard Mahomudally, Rosa, Maria, Rachel, Antonio, Alberto, Teresa & Peppino Mancina, Beryl McKertich, Graciano Menezes, Rita & Anthony Mifsud, Motha Family, Lourda Motha, Paula Mula, Mary Muscat & Muscat Famiy, Tony Muscat, George & Mary Paiva, Sr Custodio Palmos, Nieves Palmos, Chantal & Alexis Sauzi, Mary Silva, Peter Tran Van Nhon, Lucy Vasquez, Anthony Garcia.

Remembrance: Roy, Mary & Des Barney, Bernard Le Minh Danh, Sharon & John Lawrence, Thein Bich Lien, Pauline Meilak, Motha family, Stephen & Louis Mula, Roseline Ratnam, Eugenie Tran Thein Tai, Therese Tran, Paul Le Minh Truc.

MONEY MATTERS

Envelopes \$1749.00
Loose \$2657.00
TOTAL \$4406.00
WEEKLY TARGET: \$ 3500.00



HAVE YOU VISITED OUR PARISH WEBSITE LATELY??

Our parish website is updated regularly with news and upcoming events - everything from youth news to social justice to Live-stream Mass times, bulletins, and much more - a great way to stay up to date with what's on in our parish! Visit www.olol7hills.org.au

FIRST READING

A reading from the prophet Zechariah 9:9-10

The Lord says this:
‘Rejoice heart and soul, daughter of Zion!
Shout with gladness, daughter of Jerusalem!
See now, your king comes to you;
he is victorious, he is triumphant,
humble and riding on a donkey,
on a colt, the foal of a donkey.
He will banish chariots from Ephraim
and horses from Jerusalem;
the bow of war will be banished.
He will proclaim peace for the nations.
His empire shall stretch from sea to sea,
From the River to the ends of the earth.’

RESPONSORIAL PSALM

(R.) I will praise your name for ever, my king and my God.

I will give you glory, O God my King,
I will bless your name for ever.
I will bless you day after day
and praise your name for ever. (R.)

The Lord is kind and full of compassion,
slow to anger, abounding in love.
How good is the Lord to all,
compassionate to all his creatures. (R.)

All your creatures shall thank you, O Lord,
and your friends shall repeat their blessing.
They shall speak of the glory of your reign
and declare your might, O God. (R.)

The Lord is faithful in all his words
and loving in all his deeds.
The Lord supports all who fall
and raises all who are bowed down. (R.)

SECOND READING

A reading from the letter of St Paul to the Romans 8:9, 11-13

Your interests are not in the unspiritual, but in the spiritual, since the Spirit of God has made his home in you. In fact, unless you possessed the Spirit of Christ you would not belong to him, and if the Spirit of him who raised Jesus from the dead is living in you, then he who raised Jesus from the dead will give life to your own mortal bodies through his Spirit living in you.

So then, my brothers, there is no necessity for us to obey our unspiritual selves or to live unspiritual lives. If you do live in that, way you are doomed to die; but if by the Spirit you put an end to the misdeeds of the body you will live.

GOSPEL ACCLAMATION

Alleluia, alleluia!
Blessed are you, Father, Lord of heaven and earth;
You have revealed to little ones the mysteries of the kingdom.
Alleluia!

GOSPEL

A reading from the holy Gospel according to Matthew 11:25-30

Jesus exclaimed, ‘I bless you, Father, Lord of heaven and of earth, for hiding these things from the learned and the clever and revealing them to mere children. Yes, Father, for that is what it pleased you to do. Everything has been entrusted to me by my father; and no one knows the Son except the Father, just as no one knows the Father except the Son and those to whom the Son chooses to reveal him.
‘Come to me, all you who labour and are overburdened, and I will give you rest. Shoulder my yoke and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. Yes, my yoke is easy and my burden light.’

PRAYER FOR SPIRITUAL COMMUNION

My Jesus, I believe that you are truly present in the Most Blessed Sacrament of the altar.
I love You above all things, and I desire to receive You into my soul.
Since I cannot at this moment receive You sacramentally, come at least into my heart.
I embrace You as if You were already there and unite myself wholly to You.
Never permit me to be separated from You.



New Directory for Catechesis is “a joyful event in the life of the Church”

By Vatican News
“The publication of a Directory for Catechesis is a joyful event in the life of the Church.” These were the opening words of Archbishop Rino Fisichella, president of the Pontifical Council for Promotion of the New Evangelization, during a press conference in the Vatican organized on the occasion of the release of a new Directory for Catechesis on Thursday.
Background
Archbishop Fisichella notes that “the need for a new Directory was born of the process of inculturation which characterizes catechesis in a particular way and which, especially today, demands a special focus.” He cites the example of the global phenomenon of the digital culture, pointing out that the instruments created in the last decade manifest a “radical transformation of behaviors” that influence “the formation of personal identity and interpersonal relations.” This new model of communication and formation “also affects the Church in the complex world of education.”
Theological and ecclesial reasons have also contributed to the preparation of the new Directory. Fisichella recalls that several recent synods have consistently treated the theme of evangelization and catechesis. Pope Francis also picked up the theme in his Apostolic Exhortation *Evangelii gaudium* during the twenty-fifth anniversary of the publication of the *Catechism of the Catholic Church*.
“Catechesis, therefore, must be united intimately with the work of evangelization and cannot be separated from it,” Fisichella affirms. This is because “Evangelization is the task that the Risen Lord has entrusted His Church in order to be, in the time of every age, the faithful announcement of his Gospel.”
“Kerygmatic Catechesis”
“The heart of catechesis is the proclamation of the person of Jesus Christ,” Fisichella said. Jesus “surpasses the limits of space and time to present Himself to each generation as the good news offered to reach the meaning of life,” he added. Fisichella points out that in light of *Evangelii gaudium*, the Directory supports a “kerygmatic catechesis” because “primacy belongs to evangelization, not to catechesis.”
Therefore, the proclamation of the person of Jesus (the *kerygma*) is also an proclamation of the mercy of God directed at the sinner, who is no longer excluded, but rather a privileged guest at the banquet of salvation.
Varying themes
The first — *mystagogy*- — is presented through two elements: a renewed appraisal of the liturgical signs of Christian initiation, and the progressive maturation of the formation process, which involves the whole community.
Another theme is the link between evangelization and the catechumenate. This highlights the urgency of a “pastoral conversion” to free catechesis from elements that prevent its effectiveness.
Reiterating Pope Francis’s words in *Evangelii gaudium*, when he encouraged formation using in the “way of beauty” (*via pulchritudinis*), Fisichella points out that the Directory “has placed the *way of beauty* as one of the ‘sources’ of catechesis.”
The Archbishop also highlights that the Directory strives to “insert us progressively into the mystery of the faith.” He points out that this characteristic cannot be limited to a single dimension; rather catechesis can guide us to accept and live the mystery “completely in our daily existence.”
In his intervention, Bishop Franz-Peter Tebartz-van Elst said that the Directory is attentive to the signs of the times and interprets them in the light of the Gospel. He pointed out that it gives courage to the content of faith and underlines the importance of catechesis in the wider process of evangelization. He also hopes that many local churches would be inspired to develop their own diocesan directories based on this new Directory.
Concluding, Archbishop Fisichella said he hopes the new Directory will be of assistance for the “renewal of catechesis in the process of evangelization that the Church has not tired of carrying out.”

Pope Francis to Catholic Media: Be signs of unity amid diversity

By Vatican News

The Catholic Press Association (CPA) was founded over one hundred years ago in the United States with the aim of “serving and uniting” it’s members. It has nearly 225 publication members and 600 individual members in the association. But this year, for the first time in its long history, the association will be holding a virtual Catholic Media Conference, due to the Coronavirus pandemic.

With the pandemic in mind, Pope Francis began his message to the conference by expressing his closeness “to those who have been affected by the virus and to those who, even at the risk of their lives, have worked and continue to work in assisting our brothers and sisters in need.”

A timely theme

The theme chosen for this virtual event is “Together While Apart.” The Pope noted how this theme “eloquently expresses the sense of togetherness that emerged, paradoxically, from the experience of social distancing imposed by the pandemic.” Pope Francis also underlined how “the experience of these past months has shown how essential is the mission of the communications media for bringing people together, shortening distances, providing necessary information, and opening minds and hearts to truth.”

“E pluribus unum – the ideal of unity amid diversity, reflected in the motto of the United States”, noted the Pope, “must also inspire the service you offer to the common good. How urgently is this needed today, in an age marked by conflicts and polarization from which the Catholic community itself is not immune.”

“We need media capable of building bridges, defending life and breaking down the walls, visible and invisible, that prevent sincere dialogue and truthful communication between individuals and communities, he said.”

“We need media”, he continued, “that can help people, especially the young, to distinguish good from evil, to develop sound judgments based on a clear and unbiased presentation of the facts, and to understand the importance of working for justice, social concord and respect for our common home.” The Pope also stressed the need for men and women of conviction “who protect communication from all that would distort it or bend it to other purposes.”

As Christians, he emphasized, “each of us, wherever we find ourselves, is called to contribute, through our profession of truth in love, to the Church’s growth to full maturity in Christ.”

“Communication, we know, is not merely a matter of professional competence”, said the Pope.

Being a true communicator

“A true communicator”, he went on to say, “dedicates himself or herself completely to the welfare of the others, at every level, from the life of each individual to the life of the entire human family.”

Pope Francis pointed out that, “we cannot truly communicate unless we become personally involved, unless we can personally attest to the truth of the message we convey.” All communication, he said, “has its ultimate source in the life of the triune God, who shares with us the richness of His divine life and calls us, in turn, to communicate that treasure to others by our unity in the service of His truth.”

Gaze of the Holy Spirit

Invoking an outpouring of the Holy Spirit’s gifts of wisdom, understanding and good counsel on their work, the Pope noted that “only the gaze of the Spirit allows us not to close our eyes to those who suffer and to seek the true good of all. Only with that gaze can we effectively work to overcome the diseases of racism, injustice and indifference that disfigure the face of our common family.”

Speak with nouns not adjectives

Concluding his message to the conference, Pope Francis urged Christian communicators to “speak with nouns that acknowledge and advance the quiet claims of truth and promote human dignity,” in a world that all too readily “speaks with adjectives and adverbs.”

“Where the world sees conflicts and divisions, may you look to the suffering and the poor, and give voice to the plea of our brothers and sisters in need of mercy and understanding”, he said



FROM FR. HENRY DUC

My mum is a convert Catholic by means of marriage, and most of my aunts are Budhists except mum’s older sister, who was married to a Catholic, too. I remember my grandma used to get me to riding her to the Budhist temple while staying with her in summer holidays, though she knew so well that I was doing my junior Formation program in the seminary.

Grandma often told me with a blink of her eyes, ‘Don’t try to convert me,’ and yet quietly let my mum know that she was interested in becoming Catholic. Then her wish finally became true at the end of her earthly journey when my mum, her daughter managed to administer the sacrament of Baptism for her prior the return to her newly found Father in heaven.

Due to our mixed religious background, most of my cousins grew up either as Budhists or no faith affiliation, and despite of this spiritual gap, we have got along very well, and some of them didn’t mind to attend my dad’s anniversary Masses and even remember some readings and messages they considered as significant to them. Sometimes when I had a chance to see them, I couldn’t help asking myself the question of who I would be like, if mum were married to a non-Catholic person, and surely, I would become a different person, more likely like my cousins now.

Such a thought raised within myself the sense of gratitude and thanksgiving to the Lord for the Catholic faith I was born into, and brought up with, and today it really helps me appreciate the thanksgiving prayer, that Jesus prayed to his Father in the Gospel this Sunday, thanking his Father for revealing His teaching, His ways and knowledge to little people, instead of the elite, whom he named as the learned and the clever.

Inspired by such a beautiful prayer of Jesus this weekend, I would like to invite you all to spare a moment and reflect upon your own faith journey. I hope that you would also appreciate the privilege to be part of Jesus’ family of faith, and sing praise and thanks to God for such a wonderful grace.

Have a joyful week filled with thankfulness to the Lord.

Fr. Henry

PARISH NEWS...

WEEKEND MASSES INFORMATION

It’s a wonderful news for us to welcome a further relaxation of church-gathering restrictions, given we continue to comply with safety conditions required by the government, such as following:

- Leaving your name and phone number on the register at Information desks, and if you come to church as a family group from the same household, one adult contact name and number or email is good enough;
 - Keeping the physical distancing of 1.50m between each other with an exception for members of the same family - With regard to this, may I remind our people to be seated behind the WHITER MARKS when you attend Mass.
- For all our Masses at Our Lady of Lourdes, Seven Hills from this weekend, no one needs to ring the Parish Office anymore, please just go to Mass as usual.

It, however, would be worth to note that our church capacity at the moment is 110 to meet with physical distancing requirement.

Therefore, when our church is full of its current capacity of 110 seats, I hope you don’t mind to go to our Church Hall, where Mass is live-streamed to, and I shall personally bring Communion over to you at Communion time.

Praise the Lord for all this good news we have received, and continue to show each other our kindness, patience and understanding, as we keep helping each other to get through this unbelievable time of history.

Thank you so much for your co-operation.

Fr Henry

Social Justice Group: Thanks to all those who have donated. JRS needs have increased by 240% during Covid-19 they are currently helping to feed 750 people/week. **If you can help by buying** any of the following products and bringing them to Church and putting them in bins provided: New winter blankets, Basmati Rice, Cooking Oil, Long life milk, "Tinned tuna, red kidney beans, lentils, chickpeas and fruit", Biscuits & muesli bars, Oats & cereal, Tinned tomatoes, Tea & Coffee TOILETRIES: Nappies (large sizes), Toothpaste & toothbrushes, Shampoo, Sanitary pads & napkins, Razors & shaving foam, Deodorant (male & female) or Soap. Items will be taken to JRS by Social Justice Group

PARISH MINISTERS ROSTER

Thanks to the latest improvement in term of church gatherings, all our ministers are invited to serve again from this weekend, except (1) our ministers of the chalice, and (2) Choir groups, who, hopefully, might be able to resume their services in a near future.

Lourdes Over 50's meeting will be held in the Parish Hall on Thursday 9th July from 10.30 am to 1.00 pm. Covid-19 restrictions apply. Please bring your own packed lunch to comply with current restrictions.

PLANNED GIVING PROGRAM ENVELOPES

We are very grateful for your financial support to the Parish, as your regular and frequent contributions will assist this parish community to keep up with our ongoing maintenance projects.

New Set of Planned Giving Envelopes are now available for collection at the side door of our church.

If you are a new parishioner or an existing one and you would like to participate in the Planned Giving Program, please complete your details on the form supplied at the church side door and return it to the Parish Office or email the completed form to **secretary@olol7hills.com.au**

Planned Giving **ON-LINE BANK DONATIONS**, please include your NAME and ENVELOPE NUMBER in the reference description.

For more information feel free to call the Parish office

	JULY 2020	
9	Christ Community Prayer Group	9am
9	Legion of Mary	1.30pm
9	Lourdes over 50’s	10.30am
15	Baptismal Preparation Meeting	7:30pm
11	Reconciliation (Saturdays)	4.30 – 5.30pm



FROM POPE FRANCIS

Chapter 8 CHAPTER EIGHT

The vocation to special consecration

274. If we are indeed convinced that the Holy Spirit continues to inspire vocations to the priesthood and the religious life, we can “once more cast out the nets” in the Lord’s name, with complete confidence. We can dare, as we should, to tell each young person to ask whether this is the path that they are meant to follow.

275. Occasionally, I would bring this up with young people, and they would respond almost jokingly: “No, that’s not for me!” Yet, a few years later, some of them were in the seminary. The Lord cannot fail in his promise to provide the Church with shepherds, for without them she would not be able to live and carry out her mission. If it is true that some priests do not give good witness, that does not mean that the Lord stops calling. On the contrary, he doubles the stakes, for he never ceases to care for his beloved Church.

276. In discerning your vocation, do not dismiss the possibility of devoting yourself to God in the priesthood, the religious life or in other forms of consecration. Why not? You can be sure that, if you do recognize and follow a call from God, there you will find complete fulfilment.

277. Jesus is walking in our midst, as he did in Galilee. He walks through our streets, and he quietly stops and looks into our eyes. His call is attractive and intriguing. Yet today the stress and quick pace of a world constantly bombarding us with stimuli can leave no room for that interior silence in which we can perceive Jesus’ gaze and hear his call. In the meantime, many attractively packaged offers will come your way. They may seem appealing and exciting, although in time they will only leave you feeling empty, weary and alone. Don’t let this happen to you, because the maelstrom of this world can drive you to take a route without real meaning, without direction, without clear goals, and thus thwart many of your efforts. It is better to seek out that calm and quiet that enable you to reflect, pray, look more clearly at the world around you, and then, with Jesus, come to recognize the vocation that is yours in this world.

[Pope Francis, apostolic exhortation, *CHRISTUS VIVIT* — to the young people and the entire people of God]

CHRISTUS VIVIT



ENCYCLICAL LETTER *LAUDATO SI'* OF THE HOLY FATHER FRANCIS ON WHAT IS HAPPENING TO OUR COMMON HOME *LAUDATO SI'*

I. POLLUTION AND CLIMATE CHANGE—Pollution, waste and the throwaway culture

20. Some forms of pollution are part of people’s daily experience. Exposure to atmospheric pollutants produces a broad spectrum of health hazards, especially for the poor, and causes millions of premature deaths. People take sick, for example, from breathing high levels of smoke from fuels used in cooking or heating. There is also pollution that affects everyone, caused by transport, industrial fumes, substances which contribute to the acidification of soil and water, fertilizers, insecticides, fungicides, herbicides and agrotoxins in general. Technology, which, linked to business interests, is presented as the only way of solving these problems, in fact proves incapable of seeing the mysterious network of relations between things and so sometimes solves one problem only to create others.



21. Account must also be taken of the pollution produced by residue, including dangerous waste present in different areas. Each year hundreds of millions of tons of waste are generated, much of it non-biodegradable, highly toxic and radioactive, from homes and businesses, from construction and demolition sites, from clinical, electronic and industrial sources. The earth, our home, is beginning to look more and more like an immense pile of filth. In many parts of the planet, the elderly lament that once beautiful landscapes are now covered with rubbish. Industrial waste and chemical products utilized in cities and agricultural areas can lead to bioaccumulation in the organisms of the local population, even when levels of toxins in those places are low. Frequently no measures are taken until after people’s health has been irreversibly affected.

22. These problems are closely linked to a throwaway culture which affects the excluded just as it quickly reduces things to rubbish. To cite one example, most of the paper we produce is thrown away and not recycled. It is hard for us to accept that the way natural ecosystems work is exemplary: plants synthesize nutrients which feed herbivores; these in turn become food for carnivores, which produce significant quantities of organic waste which give rise to new generations of plants. But our industrial system, at the end of its cycle of production and consumption, has not developed the capacity to absorb and reuse waste and by-products. We have not yet managed to adopt a circular model of production capable of preserving resources for present and future generations, while limiting as much as possible the use of non-renewable resources, moderating their consumption, maximizing their efficient use, reusing and recycling them. A serious consideration of this issue would be one way of counteracting the throwaway culture which affects the entire planet, but it must be said that only limited progress has been made in this regard.

HOPE IN DESPAIR

Gracious God, we thank you that you are always with us,
in the bad times as well as the good,
the difficult as well as the easy,
the sad as well as the happy.
May this conviction give us confidence in the days ahead,
so that whatever problems we face,
whatever disappointments we experience,
whatever sorrows may befall us,
we will still find reason to look forward,
reason to believe in the future,
and reason to hope.
Lord of hopefulness, hear our prayer,
in the name of Jesus Christ,
our Lord.
Amen.

Pope Francis’ Prayer to Mary during the coronavirus pandemic

O Mary,
you always shine on our path
as a sign of salvation and of hope.
We entrust ourselves to you, Health of the Sick,
who at the cross took part in Jesus’ pain, keeping
your faith firm.
You, Salvation of all People,
know what we need,
and we are sure you will provide
so that, as in Cana of Galilee,
we may return to joy and to feasting
after this time of trial.
Help us, Mother of Divine Love,
to conform to the will of the Father
and to do as we are told by Jesus,
who has taken upon himself our sufferings
and carried our sorrows
to lead us, through the cross,
to the joy of the resurrection.
Amen.

Under your protection, we seek refuge, Holy Mother of God. Do not disdain the entreaties of we who are in trial, but deliver us from every danger, O glorious and blessed Virgin.

DIOCESAN NEWS



Palms Australia is currently seeking office volunteers

Palms Australia is a registered Catholic charity that has been working to reduce poverty through long-term, skilled volunteering for 59 years.

Here’s a great opportunity to assist in the following part-time volunteer roles.

The Connector: Help promote Palms placements and programs through church and community networks.

Events Support: Collate stories and images from Palms’ history to prepare for our 2020-2021 Diamond Jubilee.

Donor Support: Work with our Fundraising Co-ordinator to organise support for overseas placements.

To find out more about these opportunities, call the Palms team on 02 9560 5333.

SRE learning from home

During the school shutdown, CCD designed some faith resources for families to access for their children as they learned from home. These lessons, which are fun and prepared specifically for each age group 5-13, are a good way to encourage children to converse about topics of faith at home. These lessons which affirm that they we are loved by God can be found at <https://www.cress.org.au/learning-from-home-sre-lessons/>. For more information contact cecilia.zammit@parracatholic.org

Share your Good News Stories!

Thank you for all that you continue to do to share the love and peace of God. Our Pastoral Planning Office welcomes your good news stories of hope and encouragement during COVID-19 to share with parishes and communities across our Diocese. If you have a good news story to offer, please visit <https://www.surveymonkey.com/r/goodnewsstory>

Institute for Mission – Formation opportunity for adults

The Institute for Mission’s Reflective Ministry Program (Word and Mission) is going ahead starting from 18 August. In keeping with COVID-19 restrictions, the IFM will operate under the relevant health authority guidelines. Part Two is being offered for free as a response to COVID-19 with limited spots available. For details and registration, visit <https://www.ifm.org.au/reflective-ministry> or contact Sr Grace on grace.rocławska@ifm.org.au.

CatholicCare is still open and operational

To make a referral, call (02) 8843 2500 (Mon-Thu 8.30am-8pm, Fri 8.30am-5pm, Sat 9am-1pm), email – enquiries@ccss.org.au or visit ccss.org.au.

11/12 JULY 2020		
Acolytes	Vigil: Abel Do Rosario 8am: James Dinning 9.30am: Ramzee Michael	
Ministers	Vigil: Charmaine Janz, Jemma Sarmiento 8am: Fennie Balatbat, Barbara Chandler 9.30am: Dawn Manamperi, Nancy Shami	
Readers	Vigil: Noreen Rosario, Erika Hein 8am: Kathy Walker, Priya Joachim 9.30am: Megan Michael, Mercy Aquino	
Altar Servers	Vigil: Cassandra Laus, Lucas Laus, Caitlyn Rambukwella 8am: Amelia Herczeg Joshua Herczeg 9.30am: Chloe Attard, Larissa Leary, Rachel Lobo, Rynan Michael, Umesh Samara-Sekera	
Flowers	Lucinda & Orlindo	
Church cleaning	18 July	H. Gonzales, J. Mitchell, N. Paylaga, A. Pinto, J. Rozario, M. Santos
Welcomers	Vigil: Mariane Descombes, David Christian 8am: Joyce Hillbrick, VOLUNTEERS 9.30am: Maria Michael, Benno Motha	

Acolytes, Ministers, Readers and Altar Servers, please remember to arrive 15 minutes before the beginning of Mass.