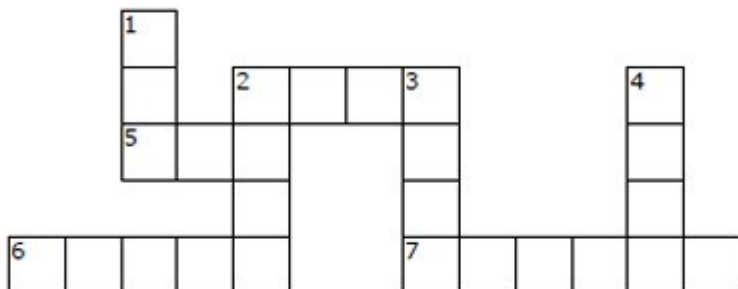


# JESUS FEEDS 5000

Spot 8 differences between the two pictures.



## ACROSS

2. An animal without legs that lives in water
5. The number equal to one plus one
6. A basic food made from flour, water, and yeast mixed together and baked
7. Pieces of bread shaped and baked in a single piece and sliced for eating

## DOWN

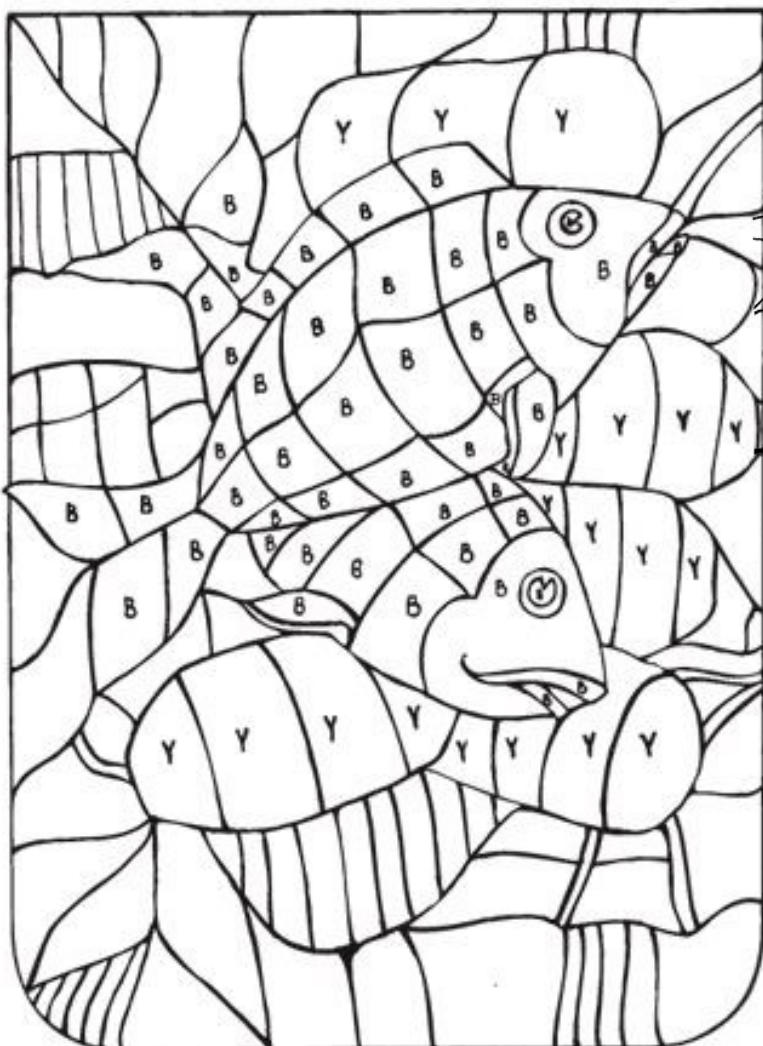
1. To take food into your mouth, chew, and swallow it
2. What we eat to give us energy and to help us grow strong bodies
3. To cure someone of illness or disease; to make someone well again
4. The number that comes after four and before six

FIVE	BREAD	EAT	TWO
FISH	LOAVES	FOOD	HEAL

50

## What's for Lunch?

Read the story of the boy who gave his lunch away that's found in John 6. Then make a picture of that lunch by coloring the Y spaces yellow and the B spaces brown. You may color the leftover spaces with your favorite color.



Jesus uses a boy's lunch to feed 5,000 people.

Matthew 14:13-21; Mark 6:30-44; Luke 9:10-17; John 6:1-15



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OUR LADY OF LOURDES  
PARISH OF SEVEN HILLS  
"Still a wonderful place to pray & stay."

7 Grantham Road, Seven Hills. NSW. 2147

Ph. 9622 2920

Email: secretary@lol7hills.com.au

Parish Priest: Fr Henry Huu Duc Tran

Parish Office Team: Mrs Erika Hien, Alison Issanchon, Kim Dang, Sarah Lenthall.

Sacrament Co-Ordinator: Mrs Artelle Lenthall

Office Hours: Monday-Friday: 9am - 3.00pm

WEEKEND MASS: Saturday Vigil 6pm LIVE-STREAM  
Sunday 8am & 9:30am LIVE-STREAM

WEEKDAY MASS: Tuesday-Friday 8.00am-TBA

Pastoral Care of the Sick: Bathista Emmanuel 0405833655

Parish School: Our Lady of Lourdes 8869 6800

Principal: Ms Keiran Byrnes

Reconciliation: Saturday 4:30-5:30pm -TBA

Baptismal Preparation: 15th September 2021 7:30pm

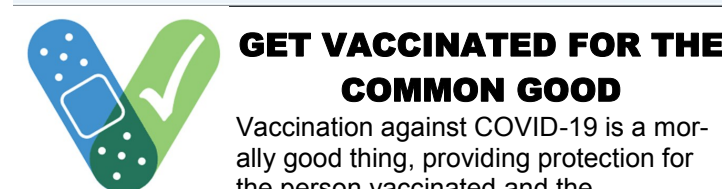
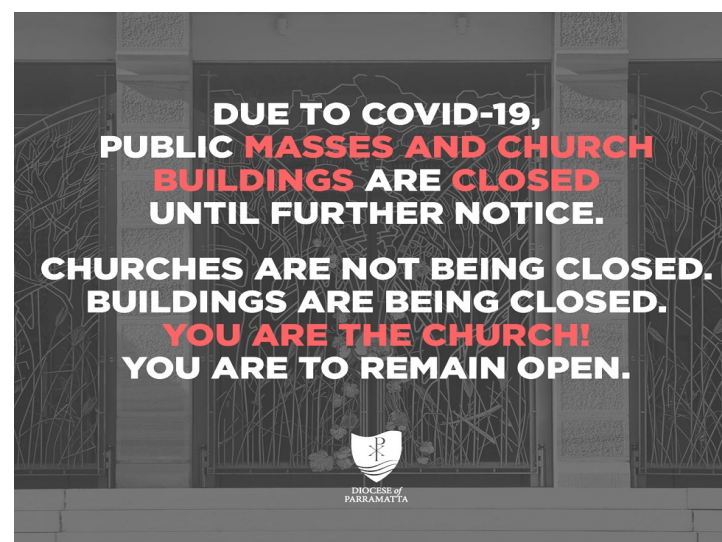
Baptism: 2nd & 4th Sunday 11am -TBA

Parish Website: www.lol7hills.com.au

## Seventeenth Sunday in Ordinary Time

•Year B—25 July 2021•

All are welcome to join us for Our Lady of Lourdes, Seven Hills, Sydney, NSW, Australia Facebook LIVE-STREAM  
WEEKEND MASSES celebrated by Fr. Henry Huu Duc Tran on Saturdays 6PM (Vigil), Sundays: 8AM, 9:30AM  
<https://www.facebook.com/LOL7Hills/>



Vaccination against COVID-19 is a morally good thing, providing protection for the person vaccinated and the wider community. Pope Francis and the Australian Bishops have advised that it is morally permissible to receive any vaccine made available.

More information is available at <https://www.catholic.org.au/coronavirus>



## Let us Pray for the Sick

Leonila Ahillon, George Alagiah, David Barrow, David Benjamin, Myrna G Cruz, Melvin Fernandes, Wendy & Klaus, Anslan Lawrence, Spencer Leon, Cynthia Lopez, Carmenu M, Gerard Marcello, Marie Marchand, Salome Pillay, Debra Price, Camy Ratnam, Sandra Roseworn, Susantha Seranayake, Bernie Sivapatham, Joan Spillane, Pummalin Sumcad, Sue Tipodi, Natalie Woodward.

If you would like to add to our Sick List or know of any Parishioner that is unwell please contact Father Henry or the Parish Office on 9622 2920. We can also arrange for Holy Communion or a visit if required.

## Let us Pray for the Deceased

**Recently Deceased:** Pamela Ambrose, Romualdo Austria Snr, Emma Bellissimo, Aloyseon Corera, Cruz Fernandez, Jeffrey Hunter, 'Raj' Selvam Irudayaraj, Shanil Jayatilake, Apolinar Jorge, Ajay Kallukalam, Noly Diaz Limbawan, Mary Mifsud, Rene Monteclaro, Rogelio Moscaya sn, Nancy Mulholland, Bernardo Naringahon, Bonifacio Ngalongalay, Peter Van Giau Nguyen, Francisco Nievaes, Virgilio Naringahon, Neil Nuevaespana, Custodio Palmos Jr, Rena Rose Pinto, Mary Said, Mary Silva, Melchor Miranda Usman, Domingo Villarta.

**Anniversaries:** Emma Aramini, Cecil Beed, Nazarene (Ronnie) Borg, Jacqueline & Edmond Clarisse, Rita De Silva, Christiansen Dias, Philomena Corera, Salvatore, Antonio, Alberto, Beryl McKertich, Edouard Mahomudally, Lourda Motha, Paul Mula, Eamon O'Sullivan, Custodio Palmos Sr., Nieves Palmos, Lakshman Perera, Mary Silva, Pauline Soares.

**Remembrance:** France Angseesing, Roy, Mary & Des Barney, Fortunata & Frank Baiada, Peter & Helen Bonnici, Sam Borg, Rose Fernandes, Michael Gachia, Sharon Apolinario & Felina Maglaya, Pauline Meilak, Joe and Anne Menezes, Lourda Motha, Stephen & Louis Mula, Muscat family, Roseline Ratnam.

## Planned Giving Program

On behalf of the Parish Community, I would like to thank you so much for your ongoing support, which has been very vital to keep our Parish going strong. Projects completed include the Hall Kitchen renovation, Parish Meeting Room painting, Parish Office and Meeting Room Roof painted, Church roof cleaned and ceiling repaired and painted.

## ON-LINE BANK DONATIONS

BSB: 067 950;

Account Number 000552;

Account Name: Seven Hills Catholic Church.

(please include your NAME and ENVELOPE NUMBER in the reference description, or write DONATION if you haven't joined the Planned Giving Prog.

## IN-PERSON BANK DEPOSIT (at a Bank Institute/Branch)

Seven Hills Catholic Church

BSB: 062 315

Acc Id # - 00901486

AGENT # - 660

Your generosity is greatly appreciated.



FIRST READING

A reading from the second book of Kings 4:42-44

A man came from Baal-shalishah, bringing Elisha, the man of God, bread from the first-fruits, twenty barley loaves and fresh grain in the ear. ‘Give it to the people to eat,’ Elisha said. But his servant replied, ‘How can I serve this to a hundred men?’ ‘Give it to the people to eat’ he insisted ‘for the Lord says this, “They will eat and have some left over.”’ He served them; they ate and had some over, as the Lord had said.

RESPONSORIAL PSALM

(R.) The hand of the Lord feeds us; he answers all our needs.

All your creatures shall thank you, O Lord,  
and your friends shall repeat their blessing.  
They shall speak of the glory of your reign  
and declare your might, O God. (R.)

The eyes of all creatures look to you  
and you give them their food in due time.  
You open wide your hand,  
grant the desires of all who live. (R.)

The Lord is just in all his ways  
and loving in all his deeds.  
He is close to all who call him,  
who call on him from their hearts. (R.)



SECOND READING

A reading from the letter of St Paul to the Ephesians 4:1-6

I, the prisoner in the Lord, implore you to lead a life worthy of your vocation. Bear with one another charitably, in complete selflessness, gentleness and patience. Do all you can to preserve the unity of the Spirit by the peace that binds you together. There is one Body, one Spirit, just as you were all called into one and the same hope when you were called. There is one Lord, one faith, one baptism, and one God who is Father of all, through all and within all.

GOSPEL ACCLAMATION

Alleluia, alleluia!  
A great prophet has appeared among us;  
God has visited his people.  
Alleluia!

GOSPEL

A reading from the holy Gospel according to John 6:1-15

Jesus went off to the other side of the Sea of Galilee – or of Tiberias – and a large crowd followed him, impressed by the signs he gave by curing the sick. Jesus climbed the hillside, and sat down there with his disciples. It was shortly before the Jewish feast of Passover. Looking up, Jesus saw the crowds approaching and said to Philip, ‘Where can we buy some bread for these people to eat?’ He only said this to test Philip; he himself knew exactly what he was going to do. Philip answered, ‘Two hundred denarii would only buy enough to give them a small piece each.’ One of his disciples, Andrew, Simon Peter’s brother, said, ‘There is a small boy here with five barley loaves and two fish; but what is that between so many?’ Jesus said to them, ‘Make the people sit down.’ There was plenty of grass there, and as many as five thousand men sat down. Then Jesus took the loaves, gave thanks and gave them out to all who were sitting ready; he then did the same with the fish, giving out as much as was wanted. When they had eaten enough he said to the disciples, ‘Pick up the pieces left over, so that nothing gets wasted.’ So they picked them up, and filled twelve hampers with scraps left over from the meal of five barley loaves. The people, seeing this sign that he had given, said, ‘This really is the prophet who is to come into the world.’ Jesus, who could see they were about to come and take him by force and make him king, escaped back to the hills by himself.



PRAYER FOR SPIRITUAL COMMUNION

My Jesus, I believe that you are truly present in the  
Most Blessed Sacrament of the altar.  
I love You above all things, and I desire to receive You into my soul.  
Since I cannot at this moment receive You sacramentally,  
come at least spiritually into my heart.  
I embrace You as if You were already there and unite myself wholly to You.  
Never permit me to be separated from you. Amen

....continued

§ 6. to take care not to authorize the establishment of new groups.

Art. 4. Priests ordained after the publication of the present Motu Proprio, who wish to celebrate using the *Missale Romanum* of 1962, should submit a formal request to the diocesan Bishop who shall consult the Apostolic See before granting this authorization.

Art. 5. Priests who already celebrate according to the *Missale Romanum* of 1962 should request from the diocesan Bishop the authorization to continue to enjoy this faculty.

Art. 6. Institutes of consecrated life and Societies of apostolic life, erected by the Pontifical Commission *Ecclesia Dei*, fall under the competence of the Congregation for Institutes of Consecrated Life and Societies for Apostolic Life.

Art. 7. The Congregation for Divine Worship and the Discipline of the Sacraments and the Congregation for Institutes of Consecrated Life and Societies of Apostolic Life, for matters of their particular competence, exercise the authority of the Holy See with respect to the observance of these provisions.

Art. 8. Previous norms, instructions, permissions, and customs that do not conform to the provisions of the present *Motu Proprio* are abrogated.

Everything that I have declared in this Apostolic Letter in the form of *Motu Proprio*, I order to be observed in all its parts, anything else to the contrary notwithstanding, even if worthy of particular mention, and I establish that it be promulgated by way of publication in “L’Osservatore Romano”, entering immediately in force and, subsequently, that it be published in the official Commentary of the Holy See, *Acta Apostolicae Sedis*.

Given at Rome, at Saint John Lateran, on 16 July 2021, the liturgical Memorial of Our Lady of Mount Carmel, in the ninth year of Our Pontificate.

TRADITIONS CUSTODES: FRENCH CATHOLIC BISHOPS EXPRESS ‘ËSTEEM’ FOR TRADITIONAL LATIN MASS COMMUNITIES (FROM CATHOLIC NEWS AGENCY)

By CAN staff

France’s Catholic bishops expressed “esteem” on Saturday for the people and pastors of Traditional Latin Mass communities following the publication of Pope Francis’ motu proprio *Traditionis custodes*.

The bishops issued a statement on July 17, the day after the pope made sweeping changes to his predecessor Benedict XVI’s 2007 apostolic letter *Summorum Pontificum*, which had acknowledged the right of all priests to say Mass using the Roman Missal of 1962. The new motu proprio, issued with immediate effect, states that it is each bishop’s “exclusive competence” to authorize the use of the 1962 Roman Missal in his diocese. “The bishops of France, together with all the faithful of their dioceses, have received the motu proprio *Traditionis custodes* of Pope Francis, which was made public yesterday,” the statement said. “They wish to express to the faithful who habitually celebrate according to the Missal of St. John XXIII, and to their pastors, their care, the esteem they have for the spiritual zeal of these faithful, and their determination to continue the mission together, in the communion of the Church and according to the norms in force.” The bishops’ comments will be closely studied as France is one of the world’s leading centers of Catholic traditionalism.

The statement continued: “Each bishop will have at heart to live up to the challenges described by the Holy Father in order to exercise the responsibility that he is reminded of in justice, charity, care for one and all, service to the liturgy, and unity of the Church. This will be done through dialogue and will take time.”

“The motu proprio *Traditionis custodes* and the letter of the Holy Father to the bishops that introduces it are a demanding call for the whole Church to an authentic Eucharistic renewal. None can dispense with it.”

The bishops concluded their message by quoting from *Lumen gentium*, the Second Vatican Council’s Dogmatic Constitution on the Church.

“ The bishops invoke the Holy Spirit so that the Eucharist, ‘the source and summit of the Christian life,’ the sacrifice of the Lord and the memorial of his Passion and Resurrection, may be the place where the Church draws strength each day to become what she is: ‘in Christ like a sacrament or as a sign and instrument both of a very closely knit union with God and of the unity of the whole human race.’”

France has seen tension recently between supporters of the Traditional Latin Mass and a local archbishop. Parishioners protested after Archbishop Roland Minnerath of Dijon asked members of the Priestly Fraternity of St. Peter (FSSP) to leave the Basilica of Fontaine-lès-Dijon, the site of St. Bernard of Clairvaux’s birthplace, after 23 years in the archdiocese. The FSSP is a clerical society of apostolic life of pontifical right, canonically erected by Pope John Paul II in 1988.

The Fraternity, which has more than 300 priests and 150 seminarians from 30 countries, uses the pre-Vatican II Roman Missal. The controversy in Dijon archdiocese erupted a few months after the emergence of a memorandum drafted by the French bishops’ conference in response to a 2020 Vatican questionnaire on the application of *Summorum Pontificum*, sent to bishops worldwide. The bishops’ conference text called for steps to “induce the faithful of the extraordinary form to participate more in diocesan life,” to avoid the creation of a “parallel Church.”

The FSSP said on July 16 that its members were “disheartened and anxious” following the new motu proprio. In a statement issued the day the pope issued the new norms, the group said: “With the publication of Pope Francis’ latest motu proprio, *Traditionis custodes*, which has placed new restrictions on the Extraordinary Form of the Roman Rite, many of us are disheartened and anxious.” “At this point, it is too early to tell what all the implications will be for the Priestly Fraternity of St. Peter, but we assure you that we remain committed to serving the faithful attending our apostolates in accordance with our Constitutions and charism as we have done since our founding.” “We must strive to see this Cross as a means of our sanctification, and to remember that God will never abandon His Church.” “Our Lord Himself promises us the necessary graces to bear our Crosses with strength and courage. We must not, however, neglect to do our part as faithful Catholics; let us pray and offer sacrifices in our daily lives, and trust in the intercession of Our Lady, St. Joseph, and our patron, St. Peter.”

POPE FRANCIS AT ANGELUS: WE NEED TO DEVELOP AN ‘ECOLOGY OF THE HEART.’

Vatican News staff writer

After a two-week absence, Pope Francis appeared once again at the window of the Apostolic Palace overlooking Saint Peter’s Square for the noontime Sunday Angelus. A week ago he led the Angelus prayer from Rome’s Gemelli Hospital, greeting crowds below from the tenth floor balcony where he was recovering from intestinal surgery that took place a week earlier. The Pope returned to the Vatican on Wednesday.

**In his reflections** before leading the recitation of the Angelus, the Pope drew from the Gospel of the Sunday liturgy, which recounts when the Apostles return enthusiastically from their missionary labors and Jesus invites them to “Come away by yourselves to a lonely place, and rest a while” (Mk 6:31). Jesus offers us an important teaching here, the Pope observed, as He is concerned about their wellbeing due to the physical or interior tiredness, even though He rejoices on seeing their happiness over the success of their preaching.

We too can get caught up in the rush of all our activities and be focused always on doing things and achieving results, the Pope said, and this presents a risk of thinking we are the prime protagonists. We see this at times in the Church, he noted, where we are very busy, thinking everything “depends on us”, but we risk overlooking Jesus. Jesus’ invitation to take time out to rest is “not only physical rest, but also rest for the heart” he added.

To truly rest, we need to “return to the heart of things”, the Pope said, and that requires stopping our activities and remaining in silence and prayer to help us stop focusing on all that we have done and need to do. Jesus always served others, but each day He would “withdraw in prayer, in silence, in intimacy with the Father”, the Pope said, and “His tender invitation – rest a while – should accompany us.” The Pope added, let us learn how to take a break, “to turn off the mobile phone” and look at one another, “cultivate silence, to contemplate nature, to regenerate ourselves in dialogue with God”.

As we read further in today’s Gospel, the Pope noted, we learn that Jesus and the disciples could not take any rest in the end, given all the crowds coming to them for help. The Lord was moved with compassion, he said, dedicating His time to help the people. The Pope said this may seem a contradiction, but it is not, since a heart that is not overtaken with busyness and focusing only on itself, is a heart that “is capable of being moved” to be being aware of others and their wounds and needs. “Compassion is born from contemplation”, the Pope said, and by learning to truly rest we can be authentically compassionate. By staying close to the Lord and true to who we are, all of our activities and outreach will not have the better of us, the Pope said, summarizing it by saying “We need an ‘ecology of the heart’, that is made up of rest, contemplation and compassion”.

APOSTOLIC LETTER ISSUED "MOTU PROPRIO" BY THE SUPREME PONTIFF FRANCIS ‘TRADITIONS CUSTODES’

On the Use of the Roman Liturgy Prior to the Reform of 1970

Guardians of the tradition, the bishops in communion with the Bishop of Rome constitute the visible principle and foundation of the unity of their particular Churches. [1] Under the guidance of the Holy Spirit, through the proclamation of the Gospel and by means of the celebration of the Eucharist, they govern the particular Churches entrusted to them. [2]

In order to promote the concord and unity of the Church, with paternal solicitude towards those who in any region adhere to liturgical forms antecedent to the reform willed by the Vatican Council II, my Venerable Predecessors, Saint John Paul II and Benedict XVI, granted and regulated the faculty to use the Roman Missal edited by John XXIII in 1962. [3] In this way they intended “to facilitate the ecclesial communion of those Catholics who feel attached to some earlier liturgical forms” and not to others. [4]

In line with the initiative of my Venerable Predecessor Benedict XVI to invite the bishops to assess the application of the Motu Proprio *Summorum Pontificum* three years after its publication, the Congregation for the Doctrine of the Faith carried out a detailed consultation of the bishops in 2020. The results have been carefully considered in the light of experience that has matured during these years.

At this time, having considered the wishes expressed by the episcopate and having heard the opinion of the Congregation for the Doctrine of the Faith, I now desire, with this Apostolic Letter, to press on ever more in the constant search for ecclesial communion. Therefore, I have considered it appropriate to establish the following:

Art. 1. The liturgical books promulgated by Saint Paul VI and Saint John Paul II, in conformity with the decrees of Vatican Council II, are the unique expression of the *lex orandi* of the Roman Rite.

Art. 2. It belongs to the diocesan bishop, as moderator, promoter, and guardian of the whole liturgical life of the particular Church entrusted to him, [5] to regulate the liturgical celebrations of his diocese. [6] Therefore, it is his exclusive competence to authorize the use of the 1962 Roman Missal in his diocese, according to the guidelines of the Apostolic See.

Art. 3. The bishop of the diocese in which until now there exist one or more groups that celebrate according to the Missal antecedent to the reform of 1970:

§ 1. is to determine that these groups do not deny the validity and the legitimacy of the liturgical reform, dictated by Vatican Council II and the Magisterium of the Supreme Pontiffs;

§ 2. is to designate one or more locations where the faithful adherents of these groups may gather for the eucharistic celebration (not however in the parochial churches and without the erection of new personal parishes);

§ 3. to establish at the designated locations the days on which eucharistic celebrations are permitted using the Roman Missal promulgated by Saint John XXIII in 1962. [7] In these celebrations the readings are proclaimed in the vernacular language, using translations of the Sacred Scripture approved for liturgical use by the respective Episcopal Conferences;

§ 4. to appoint a priest who, as delegate of the bishop, is entrusted with these celebrations and with the pastoral care of these groups of the faithful. This priest should be suited for this responsibility, skilled in the use of the *Missale Romanum* antecedent to the reform of 1970, possess a knowledge of the Latin language sufficient for a thorough comprehension of the rubrics and liturgical texts, and be animated by a lively pastoral charity and by a sense of ecclesial communion. This priest should have at heart not only the correct celebration of the liturgy, but also the pastoral and spiritual care of the faithful;

§ 5. to proceed suitably to verify that the parishes canonically erected for the benefit of these faithful are effective for their spiritual growth, and to determine whether or not to retain them;



FROM FR. HENRY DUC

Dear Friends,

Recently I had a chat with my fifth brother who lives in Saigon these days with his family, and his city, like Sydney, has been in lockdown for a few weeks. Though his local wet market has been officially closed, he has still been able to get fresh food and vegies from some of the stalls available. As a whole, he did sound calm about life at the moment, but couldn’t help express his concern about how and when ordinary people like him will access the vaccines, and I couldn’t give him an answer, except sharing with him what I have known here.

Unlike my brother who has access to essential supplies in his local area, life has seemed to be much harder elsewhere. For instance, I read in the paper the story about a young worker in a construction site from a coastal city a few hundred kilometers from Saigon, who was stopped at a check point while going to buy his lunch. When he showed the officer the pork roll and the bottle of water to verify the reason for the trip, he was frankly told, ‘these are not essential items,’ and what next was the poor fellow got detained on the spot. Though he was released not long after that, he then lost the job, since his boss was asked by the officer to fire him.

However, a higher authority later found out the story circulating on Facebook and some of the papers, and a decision to reverse the officer’s verdict was made public. The chairman of the provincial government sent the letter to apologies to the worker for the mistake, re-install his job, and demoted the officer for failing to know that pork roll and water, in fact, are essential items. What a happy ending!

It’s appropriate to talk about bread this weekend, since it relates to the Gospel’s account this Sunday in which John, the evangelist, shares with us the story of how Jesus carried out a miraculous sign by multiplying the five barley loaves and two fish, which were interestingly provided by a small boy.

There are two significant points we can talk about this small boy: Number one, he probably came from a rather poor background, because well-to-do families in Jesus’ time would prefer wheat bread, and the less fortunate often baked their bread from barley, and number two, though none of the children were mentioned in the story perhaps due to the culture of the day, he was officially named as the person out of five thousand male adults present who had brought along with him the basic ingredients for Jesus’ miracle. What an honour, and what an image and a symbol to call us all to denounce anyone who abused children in any way, and on the other hand we need to pay more attention to them, to really care for them, to respect and treasure them, as Jesus led us by example when he asked the disciples, ‘let the children come to me, and do not stop them for it is to such as these that the kingdom of heaven belongs.’ (Mt 19.14).

From a sacramental point of view, this miracle could be seen as part of God’s plan to help prepare all people on earth for the encounter with the gift of His Son giving Himself to all as food in the Sacrament of the Eucharist, starting from the down-pouring of manna on the Israelites in the desert to the multiplication of the five barley loaves and two fish to satisfy five thousand hungry men in the Gospel today, then to the crucial moment of the Last Supper, in which the Lord famously took the bread, said the blessing, then broke it and gave it to the disciples, the same gesture he has done in this miracle, and he did again with the cup of wine followed with the instruction asking the disciples to keep on doing it in memory of him.

Compared to the miracle of the multiplication of five barley loaves and two fish today which helped nourish people temporarily, the sacrament of the Eucharist is much more precious for it has remained the source of food for our human earthly journey since the time of the Last Supper till the end of time.

Let us be aware of the connection between the miracle in the Gospel today with the Last Supper and the Eucharist we celebrate today. Let us be more conscious of the nourishing presence of the Lord in the Eucharist today, and pray that our reception of Jesus whether spiritual or physical today will refresh our body and soul, will give us power and strength to soldier on through this testing time of our lives.

Have an Eucharist- oriented week.

Fr Henry

PARISH NEWS...

**PARISH MINISTERS ROSTER** with the Government announcing a further extension to stay-at-home orders for the whole Greater Sydney area, which remains in effect until 11:59pm Friday 30 July, our Church remains closed and all ministers are not required until further notice.

**LIVE-STREAMING** we will continue to Live stream all week-end Masses. Follow the link below;  
<https://www.facebook.com/LOL7Hills/>

**MEETING’S** that were due to take place in the next week are all postponed for a later date. Watch for notices in the bulletin or contact the parish office. 9622 2920

Please note that you will be advised when Masses will again become available.

*We look forward to welcoming you all at Church soon.*

MESSAGE FROM BISHOP VINCENT OFM CONV

A pastoral letter to the faithful of the Diocese of Parramatta on COVID-19 from Bishop Vincent Long OFM Conv, is available to be read on the LOL website  
Visit [www.olol7hills.org.au](http://www.olol7hills.org.au)



MANDATORY ELECTRONIC CHECK-IN

As per NSW Health, from 12 July 2021, every one is required to sign in by using the **QR CODE**.

To make this new mandatory requirement as easy as possible, please follow our new guidelines;

- Enter through the foyer of the Church to use the **QR Code** (please keep screen open for checking, so we can continue to record and adhere to the correct number of attendees.)
- If you do not have a smart phone/access to a QR CODE, please enter through the side door (carpark door) and see the “Welcomer” for further instructions.
- Please arrive 10-15mins before Mass

*We Thank you so much for your co-operation, patience, and understanding.*

If you would like more information please contact the Parish office 9622 2920 Monday-Friday 9-3pm.  
Information can also be found on the NSW Health website  
<https://www.nsw.gov.au/covid-19/rules/check-in/first-time-qr-code-users>





## FROM POPE FRANCIS

### ENCYCLICAL LETTER *FRATELLI TUTTI* OF THE HOLY FATHER FRANCIS ON FRATERNITY AND SOCIAL FRIENDSHIP

1. *"FRATELLI TUTTI"*. [1] With these words, Saint Francis of Assisi addressed his brothers and sisters and proposed to them a way of life marked by the flavour of the Gospel. Of the counsels Francis offered, I would like to select the one in which he calls for a love that transcends the barriers of geography and distance, and declares blessed all those who love their brother "as much when he is far away from him as when he is with him". [2] In his simple and direct way, Saint Francis expressed the essence of a fraternal openness that allows us to acknowledge, appreciate and love each person, regardless of physical proximity, regardless of where he or she was born or lives.

2. This saint of fraternal love, simplicity and joy, who inspired me to write the Encyclical *Laudato Si'*, prompts me once more to devote this new Encyclical to fraternity and social friendship. Francis felt himself a brother to the sun, the sea and the wind, yet he knew that he was even closer to those of his own flesh. Wherever he went, he sowed seeds of peace and walked alongside the poor, the abandoned, the infirm and the outcast, the least of his brothers and sisters.

#### WITHOUT BORDERS

3. There is an episode in the life of Saint Francis that shows his openness of heart, which knew no bounds and transcended differences of origin, nationality, colour or religion. It was his visit to Sultan Malik-el-Kamil, in Egypt, which entailed considerable hardship, given Francis' poverty, his scarce resources, the great distances to be traveled and their differences of language, culture and religion. That journey, undertaken at the time of the Crusades, further demonstrated the breadth and grandeur of his love, which sought to embrace everyone. Francis' fidelity to his Lord was commensurate with his love for his brothers and sisters. Unconcerned for the hardships and dangers involved, Francis went to meet the Sultan with the same attitude that he instilled in his disciples: if they found themselves "among the Saracens and other nonbelievers", without renouncing their own identity they were not to "engage in arguments or disputes, but to be subject to every human creature for God's sake". [3] In the context of the times, this was an extraordinary recommendation. We are impressed that some eight hundred years ago Saint Francis urged that all forms of hostility or conflict be avoided and that a humble and fraternal "subjection" be shown to those who did not share his faith.

4. Francis did not wage a war of words aimed at imposing doctrines; he simply spread the love of God. He understood that "God is love and those who abide in love abide in God" (1 Jn 4:16). In this way, he became a father to all and inspired the vision of a fraternal society. Indeed, "only the man who approaches others, not to draw them into his own life, but to help them become ever more fully themselves, can truly be called a father". [4] In the world of that time, bristling with watchtowers and defensive walls, cities were a theatre of brutal wars between powerful families, even as poverty was spreading through the countryside. Yet there Francis was able to welcome true peace into his heart and free himself of the desire to wield power over others. He became one of the poor and sought to live in harmony with all. Francis has inspired these pages.



#### Pope Francis' Prayer to Mary during the coronavirus pandemic

O Mary, you always shine on our path as a sign of salvation and of hope.

We entrust ourselves to you, Health of the Sick, who at the cross took part in Jesus' pain, keeping your faith firm.

You, Salvation of all People, know what we need, and we are sure you will provide so that, as in Cana of Galilee, we may return to joy and to feasting after this time of trial.

Help us, Mother of Divine Love, to conform to the will of the Father and to do as we are told by Jesus, who has taken upon himself our sufferings and carried our sorrows to lead us, through the cross, to the joy of the resurrection. *Amen.*

Under your protection, we seek refuge, Holy Mother of God.

Do not disdain the entreaties of we who are in trial, but deliver us from every danger, O glorious and blessed Virgin.

#### Our Lady of Lourdes

Ever immaculate Virgin, Mother of mercy, health of the sick, refuge of sinners, comfort of the afflicted, you know my needs, my troubles, my sufferings; cast on me a look of pity.

By appearing in the grotto of Lourdes, you were pleased to make it a privileged sanctuary, from which you dispense your favours, and already many sufferers have obtained the cure of their infirmities, both spiritual and physical.

I come, therefore, with the most unbounded confidence to implore your maternal intercession.

Obtain most loving mother, my requests, through Jesus Christ your Son our Lord.

*Amen.*

#### HAVE YOU VISITED OUR PARISH WEBSITE LATELY??

Our parish website is updated regularly with news and upcoming events - everything from youth news to social justice to Live-stream Mass times, bulletins, and much more - a great way to stay up to date with what's on in our parish! Visit [www.olol7hills.org.au](http://www.olol7hills.org.au)



## DIOCESAN NEWS

### DIOCESE OF PARRAMATTA COVID-19 UPDATE

Due to stay-at-home orders from the NSW Government, all church buildings, adoration chapels and other buildings used for prayer and religious services are closed. Public Masses have ceased. Many parishes around the Diocese are celebrating Masses online. For more information, please visit the Diocesan website [www.parracatholic.org/covid19](http://www.parracatholic.org/covid19)

### FIRST COLLECTION DURING LOCKDOWN

The first collection is for the support of priests here and throughout the diocese. Parishioners can donate/contribute to the First Collection using the bank details below;

Account Name: Parramatta Diocesan Clergy

BSB: 067 950

ACC: 00004265

Reference: 6035 / Seven Hills

### 'The Well' offers spiritual nourishment during lockdown

Need some inspiration and spiritual encouragement during lockdown? Why not check out The Well? The Diocese's 'on demand' streaming site has a tonne of video and prayer resources for you to explore and engage with during this difficult time. Check it out on [www.thewell.org.au](http://www.thewell.org.au)

### PARISH ONLINE MINISTRY DURING COVID

There are an extraordinary amount of initiatives taking place online across the Diocese in a number of parishes. These include games nights, trivia competitions, formation, scripture studies and wellbeing check-ins. If your community is willing to share these opportunities beyond your own Parish, the Mission Enhancement Team (MET Parramatta) would love to hear from you and help connect others who are struggling at this time. Email [met@parracatholic.org](mailto:met@parracatholic.org)

### PASTORAL COUNCIL FORMATION AND TRAINING SESSION: 28 JULY

The next Parish, Deanery and Diocesan pastoral council formation and training session will be held on Wednesday 28 July from 7.30pm to 9pm via Zoom. This session will be on 'Listening to the Heart of our Faith' and presented by Donnie Velasco from the Diocesan Formation for Mission Team. Register at <https://tinyurl.com/326esvk6>. For any further information, please contact Tanya Quinn on [tan-ya.quinn@parracatholic.org](mailto:tan-ya.quinn@parracatholic.org) or call 0459 133 665.

### PRAYER OF PETITION

O Jesus, grant to me and those I love as well as to all the faithful the grace of eternal salvation through your holy name.

Bestow on us a most ardent love for you that will imprint your sacred name upon our hearts.

May it be always in our minds and frequently on our lips, that it may be our defense in temptation, our refuge in danger, and our consolation and support in the hour of our death. *Amen.*

### LITURGY HELP Personal and Family Prayer.

In this time of crisis, we are providing Catholics with access to a range of resources for personal and family prayer. To access these free resources, go to:

[liturgyhelp.com/aus/parra/pray](http://liturgyhelp.com/aus/parra/pray) (login / register as a new user)

### FINDING GOD IN AUSTRALIA RETREAT 6 – 8 August

Fr John Hill CSsR will be presenting a retreat on "Finding God in Australia" at the St Clement's Retreat Centre, Galong, NSW, from 6 to 8 August. This retreat will provide an opportunity to reflect about life here in Australia and to renew the foundations of faith for the future. Ensuite rooms are \$350, with shared facilities \$300. To register, please contact (02) 6380 5222 or email [info@stclement.com.au](mailto:info@stclement.com.au)

### FAN THE FLAME – Towards Plenary Assembly One October 2021 "You must come away to some lonely place all by yourselves and rest for a while" Mark 6:30-34

Our Aboriginal culture has taught us to be still and to wait... We wait for the rain to fill our rivers and water the thirsty earth... We wait on God, too. We don't worry. We know that in time and in the spirit of *dadirri* (that deep listening and quiet stillness) his way will be clear. (*Miriam-Rose Ungunmerr, "Dadirri: Inner Deep Listening and Quiet Still Awareness", Miriam-Roes Foundation, accessed 23 April 2021, https://www.miriamrosefoundation.org.au/about-dadirri.*)

[www.plenarycouncil.catholic.org.au/fantheblade](http://www.plenarycouncil.catholic.org.au/fantheblade)

### ADULT CONFIRMATION: 2 September

Adult Confirmation in the Diocese will be held on **Thursday 2 September at St Patrick's Cathedral, Parramatta at 7.30pm**. This is for those who have reached the age of 16 years and have yet to receive the Sacrament of Confirmation. Prior to the Mass, there will be a Catechesis day on **Saturday August 21** at the Institute for Mission (IFM) Blacktown from 9.30am to 3pm. For information and registration contact the Office For Worship at (02) 8838 3456 or email [anne.alimangohan@parracatholic.org](mailto:anne.alimangohan@parracatholic.org)



**St Vincent de Paul Society**  
NSW  
*good works*

**Family Assistance 1800 606 724**  
Monday to Friday, 9am to 4pm

Anyone who is experiencing financial hardship may benefit from the service. Emergency relief may be given in the form of food parcels, food vouchers, and assistance with utility bills, clothing, furniture and referral. The assistance given is based on the assessment conducted by our volunteer members at the time of the home visit. Domestic Violence - Alert 1800 737732 [https://www.vinnies.org.au/page/Find\\_Help/NSW/General\\_support](https://www.vinnies.org.au/page/Find_Help/NSW/General_support)