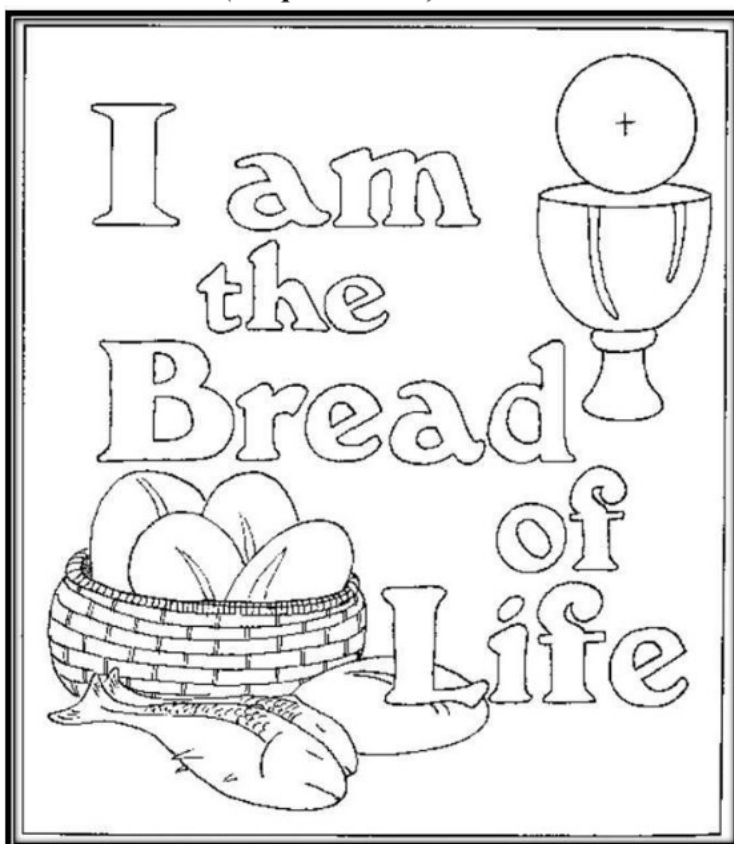


# The Kids' Bulletin

Feast of the Body and Blood of Christ  
(Corpus Christi)



## Body and Blood of Christ

### Word-Find

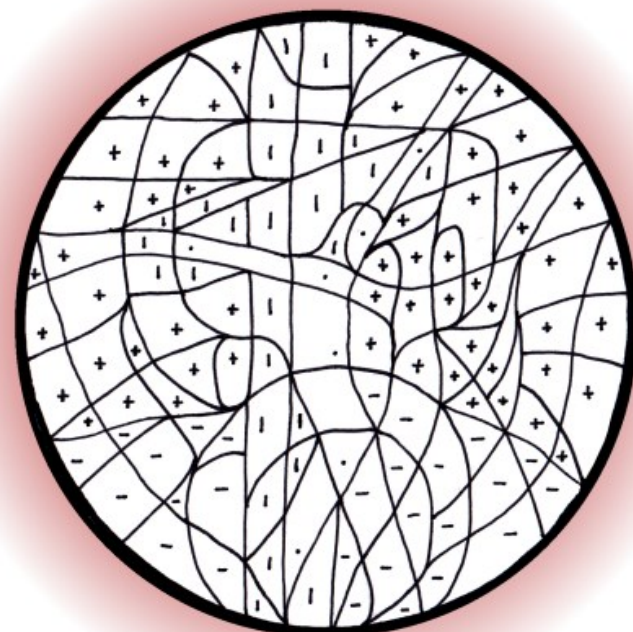
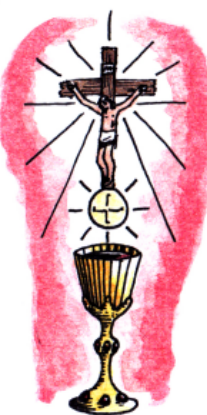


See if you can find all the words written in CAPITALS.

Use the left-over letters to fill in the blanks to make a little prayer you can say at Mass!

At the LAST SUPPER, after he had GIVEN thanks, JESUS took BREAD and said, "Take and EAT. THIS is my BODY." Then, taking the chalice of WINE, he said, "Take this, all of YOU, and DRINK from it. This is the CHALICE of my BLOOD, the blood of the new and everlasting covenant. It will be POURED out for you and for MANY for the forgiveness of sins. Do this in MEMORY of me."

That was the first MASS. When you go to HOLY COMMUNION, you really receive the Body, Blood, SOUL and DIVINITY of CHRIST, who is GOD!



What does the bread become when the priest consecrates it at Mass?  
Use the colour code to find out:

- grey      · skin colour
- brown     + blue

## The Body and Blood of Our Lord



Today we celebrate the feast of the Body and Blood of Our Lord in the Holy Eucharist.

At the Last Supper, Jesus changed bread and wine into His own Body and Blood. He has the power to do this because He is God. He did this because He wanted to stay with us even after He died and went into Heaven.

Jesus comes to us in every Mass.

The priest takes the place of Jesus, saying the words that Jesus said at the Last Supper, and the bread and wine become the real Body and Blood, Soul and Divinity of Jesus even though they still look like bread and wine.

### How do I receive Communion well?

1. Be ready! Think about what is going to happen. Make sure that you don't have any big sins on your soul. If you do, then go to confession first.

2. Don't eat or drink anything other than water or medicine for an hour before going to Holy Communion. This is a sign of respect for Our Lord.

3. After receiving Holy Communion, take some time to thank Jesus for coming to you and talk to Him. He is your best friend and loves spending time with you!



## OUR LADY OF LOURDES

PARISH OF SEVEN HILLS  
"Still a wonderful place to pray & stay."

7 Grantham Road, Seven Hills. NSW. 2147

Ph. 9622 2920

Email: secretary@olol7hills.com.au

### Parish Priest:

Fr Henry Huu Duc Tran

### Parish Office Team:

Mrs Erika Hien, Alison Lette, Kim Dang, Sarah Lenthall.

### Sacrament Co-Ordinator:

Mrs Artelle Lenthall

### Office Hours: Monday-Friday:

9am - 3.00pm

### WEEKDAY MASS:

Tuesday—Friday 8.00am

### WEEKEND MASS:

Saturday Vigil 6pm  
Sunday 8am & 9:30am

### Parish School:

LOL 8869 6800

### Principal:

Ms Keiran Byrnes

### Reconciliation:

Saturday 4:30-5:30pm

### Baptismal Preparation:

20th July 2022

### Baptism:

26th June 2022

### Parish Website:

www.olol7hills.com.au

### Pastoral Care of the Sick:

Bathista Emmanuel  
0405833655

## THE MOST HOLY BODY & BLOOD OF CHRIST 19 June 2022 • Year C



### Let us Pray for the Sick

Leonila Ahillon, George Alagiah, Mary Attard, David Benjamin, Rosella Booth, Ruby Chary, Barrie Chamberlain, John Chandler, Stefan Corera, Elizabeth Ehsman, Anush Fernando, Joseph Franco, Jose Garcia, Anthony Janicska, Spencer Leon, Cynthia Lopez, Carmenu M, Marie Marchand, Wiranjan Peiris, Salome Pillay, Debra Price, Camy Ratnam, Sandra Roseworn, Susantha Seranayake, Bernie Sivapatham, Joan Spillane, Pummalin Sumcad, Sue Tipaldo, Natalie Woodward,

If you would like to add to our Sick List or know of any Parishioner that is unwell please contact Father Henry or the Parish Office on 9622 2920. We can also arrange for Holy Communion or a visit if required.

### Let us Pray for the Deceased

Recently Deceased: Sundarie Abeyasingha. Melvyn Fernandes, Estelita Fortaleza, Fr. John Khien Mai Luu SVD, Josefina Santisteban, Amelia Remigio-Amon.

Anniversaries: T F Augustine, Romualdo Austria Snr., Maria Thuc Trinh Dang, Nevis Fernando, Steve Gauci, Joseph Binh Chanh Lam, Sheena Langdagon, Nga Thi Le, Albert Maroney, Mary Silva, Pauline & Santan Soares, S Susainatham.

Remembrance: France Angseesing, Roy, Mary & Des Barney, Jacqueline & Edmond Clarisse, Fernandes Family, Joseph & Carmena Formosa, Gerard Marcello, Pauline Meilak, Mary Mifsud, Cini & Mangion family, Anton & Lourda Motha, Stephen & Louis Mula, Jim & Philippa Muscat, Mary Muscat, Muscat Family. John & Roseline Ratnam, Tony Vassallo.

### Our Lady of Lourdes

Ever Immaculate Virgin, Mother of mercy, health of the sick, refuge of sinners, comfort of the afflicted, you know my needs, my troubles, my sufferings; cast on me a look of pity.

By appearing in the grotto of Lourdes, you were pleased to make it a privileged sanctuary, from which you dispense your favours, and already many sufferers have obtained the cure of their infirmities, both spiritual and physical.

I come, therefore, with the most unbounded confidence to implore your maternal intercession. Obtain most loving mother, my requests, through Jesus Christ your Son our Lord.  
Amen.



### COVID- 19 UPDATE

- MASKS: are no longer mandatory but still encouraged
- CHECK- IN & RECORD KEEPING : no longer required
- SINGING: Both choir and congregation are able to sing

As previously communicated, density limits are no longer applicable for our Churches and other buildings within the Parish since December 2021.

HOWEVER OUR SAFETY PLAN STILL RECOMMENDS SOCIAL DISTANCING WHERE POSSIBLE.

PLEASE DO NOT ATTEND IF YOU ARE EXPERIENCING ANY FLU LIKE SYMPTOMS.

Please Help Us Keep Our Community Safe.

### More information about Isolation & Exposure

[https://www.health.gov.au/sites/default/files/documents/2022/01/covid-19-test-isolate-national-protocols\\_1.pdf](https://www.health.gov.au/sites/default/files/documents/2022/01/covid-19-test-isolate-national-protocols_1.pdf)  
[https://www.nsw.gov.au/sites/default/files/2022-02/Factsheet-Information for people exposed to COVID-19-18 February 2022.pdf](https://www.nsw.gov.au/sites/default/files/2022-02/Factsheet-Information%20for%20people%20exposed%20to%20COVID-19-18%20February%202022.pdf)

### SECOND COLLECTION or Planned Giving Program

On behalf of the Parish Community, I would like to thank you so much for your ongoing support, which has been very vital to keep our Parish going strong.

### ON-LINE BANK DONATIONS

Account Name: Seven Hills Catholic Church.

BSB: 067 950

ACC: 000552

Reference: (Your Planned Giving envelope number or for a one off donation, 'DONATION' )

### IN-PERSON BANK DEPOSIT (at a Bank Inst / Branch)

Seven Hills Catholic Church

BSB: 062 315

Acc Id # - 00901486

AGENT # - 660

FIRST COLLECTION or Matt's Point is for the support of Priests throughout the Diocese.

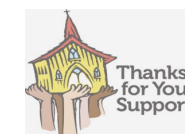
### ON-LINE BANK DONATIONS

Account name: Parramatta Diocesan Clergy

BSB: 067 950

ACC: 00 00 4265

Reference: Seven Hills - 6035



All are welcome to join us for Our Lady of Lourdes, Seven Hills, Sydney, NSW, Australia Facebook LIVE-STREAM WEEKEND MASSES celebrated by Fr. Henry Huu Duc Tran on Saturdays 6PM (Vigil), Sundays: 8AM, 9:30AM <https://www.facebook.com/OLOL7Hills/>



FIRST READING

A reading from the Book of Genesis 14:18-20

Melchizedek king of Salem brought bread and wine; he was a priest of God Most High. He pronounced this blessing: ‘Blessed be Abraham by God Most High, creator of heaven and earth, and blessed be God Most High for handing over your enemies to you.’ And Abraham gave him a tithe of everything. The word of the Lord.

RESPONSORIAL PSALM

<b>(R.) You are a priest forever in the line of Melchizedek</b>	
The Lord’s revelation to my Master: ‘Sit on my right: I will put your foes beneath your feet.’ <b>(R.)</b>	A prince from the day of your birth on the holy mountains; from the womb before the daybreak I begot you. <b>(R.)</b>
The Lord will send from Zion your sceptre of power: rule in the midst of all your foes. <b>(R.)</b>	The Lord has sworn an oath he will not change. ‘You are a priest for ever, a priest like Melchizedek of old.’ <b>(R.)</b>

SECOND READING

A reading from the letter of Saint Paul to the Corinthians 11:23-26

This is what I received from the Lord, and in turn passed on to you: that on the same night that he was betrayed, the Lord Jesus took some bread, and thanked God for it and broke it, and he said, ‘This is my body, which is for you; do this as a memorial of me.’ In the same way he took the cup after supper, and said, ‘This cup is the new covenant in my blood. Whenever you drink it, do this as a memorial of me.’ Until the Lord comes, therefore, every time you eat this bread and drink this cup, you are proclaiming to his death.

The word of the Lord.

GOSPEL ACCLAMATION

Alleluia, Alleluia!  
I am the living bread from heaven, says the Lord;  
whoever eats this bread will live for ever.  
Alleluia!

GOSPEL

A reading from the holy gospel according to Luke 9:11-17

Jesus made the crowds welcome and talked to them about the kingdom of God; and he cured those who were in need of healing. It was late afternoon when the Twelve came to him and said, ‘Send the people away, and they can go to the villages and farms round about to find lodging and food; for we are in a lonely place here.’ He replied, ‘Give them something to eat yourselves.’ But they said, ‘We have no more than five loaves and two fish, unless we are to go ourselves and buy food for all these people.’ For there were about five thousand men. But he said to his disciples, ‘Get them to sit down in parties of about fifty.’ They did so and made them all sit down. Then he took the five loaves and the two fish, raised his eyes to heaven, and said the blessing over them; then he broke them and handed them to his disciples to distribute among the crowd. They all ate as much as they wanted, and when the scraps remaining were collected they filled twelve baskets.

The Gospel of the Lord.



*PRAYER FOR SPIRITUAL COMMUNION*  
My Jesus, I believe that you are truly present in the Most Blessed Sacrament of the altar.  
I love You above all things, and I desire to receive You into my soul.  
Since I cannot at this moment receive You sacramentally,  
come at least spiritually into my heart.  
I embrace You as if You were already there and unite myself wholly to You.  
Never permit me to be separated from you. Amen

...continued.. POPE FRANCIS AT AUDIENCE

However, it does not detract from the fact that women, with regards to gratitude and tenderness of faith, can teach men some things that men may have a hard time understanding, and even Peter’s mother-in-law, before the Apostles arrived, along the path of following Jesus, showed the way to them too. He went on to highlight Jesus’ special gentleness of taking Simon’s mother-in-law “by the hand” and lifting her up, which shows his special sensibility to the weak and the sick, which he had certainly learned from his mother. Concluding, the Pope urged everyone to make efforts to bring young and old people together so that the young may learn from the wisdom of the elderly.

**POPE FRANCIS MESSAGE FOR THE WORLD DAY OF THE POOR: ‘WE MUST UPHOLD VALUES OF RESPONSIBILITY, SOLIDARITY.’** In his message for the 6th World Day of the Poor, Pope Francis invites Christians to greater solidarity and responsibility for the poor in society, stressing the importance of putting our faith into practice through personal involvement that cannot be delegated to others. **By Benedict Mayaki, SJ**

The World Day of the Poor is commemorated annually on the 33rd Sunday of Ordinary Time in the liturgical calendar, which this year falls on 13 November.

In this year’s message for the annual observance themed “For your sakes Christ became poor (2 Cor. 8:9)”, Pope Francis recalled the words of St. Paul to the Christians of Corinth, in order to encourage their efforts to show solidarity with their brothers and sisters in need. The Pope noted that the World Day this year comes “as a healthy challenge, helping us to reflect on our style of life and on the many forms of poverty all around us.”

**Covid-19, war in Ukraine**

Reflecting on current events in the world, Pope Francis pointed to the Covid-19 pandemic from which the world is emerging, including showing signs of an economic recovery that could benefit millions made poorer by the loss of their jobs. He lamented that “another catastrophe” – the war in Ukraine – “has destined to impose on our world a very different scenario.” This, he added, is made more complex due to the direct intervention of a “superpower” aimed “at imposing its own will in violation of the principle of the self-determination of peoples.”

Pope Francis also highlighted the great poverty produced by the “senselessness of war” and how violence “strikes those who are defenceless and vulnerable.”

In this regard, he considered the deportation of thousands of persons, “in order to sever their roots and impose on them another identity,” and the millions of women, children and elderly people “forced to brave the danger of bombs just to find safety by seeking refuge as displaced persons in neighbouring countries.” More so, many remain in war zones, living each day with fear, lack of food, water, medical care and human affection.

“In these situations,” he added, “reason is darkened and those who feel its effects are the countless ordinary people who end up being added to the already great numbers of those in need.”

**Responding to the needs of the poor**

The sixth World Day of the Poor, celebrated in the midst of this situation, invites us to reflect on the summons of the Apostle to “keep our gaze fixed on Jesus” who though rich became poor so that by his poverty we might become rich, the Pope said.

He recalled that when St. Paul’s visited Jerusalem he met with Peter, James and John, who urged him not to forget the poor, and the Apostle set about organizing a great collection to aid the community of Jerusalem that was experiencing a great hardship due to food shortages. In the same manner, every Sunday during the celebration of the Holy Eucharist, said the Pope, we have done the same thing, “pooling our offerings so that the community can provide for the needs of the poor”- something that Christians have always done “with joy and a sense of responsibility.”

**Renewing initial motivation**

Pope Francis pointed out that St. Paul wrote to the community of Corinth, asking them to relaunch their collection after their initial outburst of enthusiasm began to falter and the initiative proposed by the Apostle had lost some of its impetus.

On this note, the Holy Father thought of the generosity that has led entire populations “to open their doors to welcome millions of refugees from wars in the Middle East, Central Africa and now Ukraine,” with families opening their homes to make room for other families and communities generously accepting many in order to enable them live with dignity.

However, he acknowledges that “the longer the conflicts last, the more burdensome their consequences become” and the people who offer welcome find it increasingly difficult to maintain their relief efforts past the emergency stage.

“This is the moment for us not to lose heart but to renew our initial motivation,” the Pope urged. “The work we have begun needs to be brought to completion with the same sense of responsibility.”

**Solidarity**

Solidarity, the Pope explained, “is sharing the little we have with those who have nothing, so that no one will go without.” The sense of community and of communion as a style of life increases and a sense of solidarity matures, he added.

He invited Christians to consider that in some countries, over the past decades, families have experienced a significant increase in affluence and security as a positive result of private initiatives, economic growth and concrete incentives to support families and social responsibility. The benefits of these, in terms of security and stability “can now be shared with those who have been forced to leave behind their homes and native countries in search of safety and survival,” the Pope said.

*“As members of civil society, let us continue to uphold the values of freedom, responsibility, fraternity, and solidarity. And as Christians, let us always make charity, faith and hope the basis of our lives and our actions.”*

He noted that St. Paul did not oblige Christians in Corinth to perform works of charity but was prompted by the need for concrete assistance. The Apostle, instead, was “testing the genuineness of their love by the earnestness of their concern for the poor” – a sign of love shown by Jesus Himself.

“Generosity towards the poor has its most powerful motivation in the example of the Son of God, who chose to become poor,” the Pope said.

**POPE FRANCIS AT ANGELUS: HOLY TRINITY REVOLUTINEZES OUR WAY OF LIFE** *By Deborah Castellano Lubov*

The Holy Trinity, Pope Francis says, "is not so much a theological exercise," but "a revolution in our way of life." The Pope stressed this during his Sunday Angelus address in St. Peter's Square, on the Solemnity of the Holy Trinity. The Holy Father began by reflecting on today's Solemnity, recalling today's Gospel passage in which Jesus presents the Father and the Holy Spirit. The Spirit, Jesus explains, "will not speak on His own authority, but whatever He hears, He will speak, and He will declare to you the things that are to come."

The Pope pointed out that the Holy Spirit speaks, but not of Himself, rather He announces and speaks about Jesus and reveals the Father. Likewise, the Father, "who possesses everything, because He is the origin of all things," gives to the Son everything He possesses and keeps nothing for Himself.

What about ourselves?

The Holy Father encouraged the faithful to look at themselves and about what we pronounce and possess. He observed how normally, when we speak, we tend to speak about ourselves and what we do. *"How different this is from the Holy Spirit, who speaks by announcing others!"* Moreover, the Pope lamented our tendency to hold tightly onto our possessions, not sharing what we possess with others, "even those who lack the basic necessities!"

Living for others, and shown through our actions The Holy Father stressed that our words must translate into actions. "This is why," Pope Francis said, "celebrating the Holy Trinity is not so much a theological exercise, but a revolution in our way of life." God, in whom each Person lives for the other, not for himself, provokes us to live with others and for others.

*"Today we can ask ourselves if our life reflects the God we believe in: do I, who profess faith in God the Father and the Son and the Holy Spirit, truly believe that in order to live I need others, I need to give myself to others, I need to serve others? Do I affirm this in words or with my life?"* God, One and Triune, the Pope underscored, must be shown with deeds rather than words.

God, the Pope continued, "is transmitted not so much through books, but rather through the witness of life."

"Think about good, generous, meek people we have met; recalling their way of thinking and acting, we can have a small reflection of God-Love. And what does it mean to love? Not only to wish them well and to do good, but first and foremost, at the root, to welcome others, to make room for others, to give space to others. This is what it means to love..." We are not islands

The Trinity, the Pope said, teaches us that one can never be without the other. "We are not islands," the Holy Father noted, "we are in the world to live in God's image: open, in need of others and in need of helping others."

He encouraged the faithful to ask themselves: "In everyday life, am I too a reflection of the Trinity?"

*"The Sign of the Cross that I make every day, remains a gesture for its own sake, or does it inspire my way of speaking, of encountering, of responding, of judging, of forgiving?"*

Pope Francis concluded, praying: "May Our Lady, daughter of the Father, mother of the Son and bride of the Spirit, help us to welcome and bear witness in life to the mystery of God-Love."

**POPE FRANCIS AT AUDIENCE**

Continuing his catechesis on the value of old age at the General Audience, Pope Francis invites the elderly to overcome the temptation to stand aside, because the Lord never discards them, but rather restores their strength to serve. By Benedict Mayaki, SJ

During the Wednesday General Audience, Pope Francis continues his catechesis series on the elderly, reflecting on the account of the healing of Simon's mother-in-law in the Gospel of Mark

"We do not know if it was a mild illness, but in old age, even a simple fever can be dangerous," the Pope said, adding "when you are old, you no longer command your body. One must learn to choose what to do and what not to do."

He noted that in old age, the vigor of the body fails and abandons us even though our heart does not stop yearning and we must then learn "to purify desire: to have patience, to choose what to ask of the body, or of life."

Illness and the elderly

Illness weighs on the elderly in a different and new way than when one is young or an adult, said the Pope, noting that an old person's illness appears to hasten death and diminishes the time we have to live, which is already considered short. For many elderly people, he explains, doubt begins to creep in that they would not recover and they may begin to lose hope in the future.

But the Gospel scene helps us to hope and offers a first lesson: that Jesus did not visit the sick woman alone, rather, he went there with the disciples. In the same manner, "the Christian community that must take care of the elderly relatives and friends," the Pope said. Christian community and the elderly Pope Francis insists that visits to the elderly should be done by many, together and often, especially in these days when the number of the elder has increased.

He adds that we should feel a responsibility to visit the elderly who are often alone and present them to the Lord with our prayers.

*"A society truly welcomes life when it recognizes that it is also precious in old age, in disability, in serious illness and even when it is fading."*

Thus, Jesus sees the sick woman, takes her by the hand and heals her. With this gesture of love, noted the Pope, Jesus gives a first lesson to the disciples, that "salvation is announced or, better, communicated through attention to that sick person; and the woman's faith shines in gratitude for the tenderness of God who bent over her."

Service by the elderly

Following the woman's healing, she "arose and served them," Pope Francis pointed out, indicating that this is the second lesson given to us by the woman.

In this regard, he notes that even elders can and should serve the community, cultivating the responsibility to serve and overcoming the temptation to stand aside, because "the Lord does not reject them; on the contrary, he restores to them the strength to serve."He said that elders who preserve the disposition for healing, consolation, and intercession for their brothers and sisters, are perhaps "the highest testimony to the purity of this gratitude that accompanies faith."

So, if elders were placed at the center of collective attention instead of being rejected and removed from community events, they would be encouraged to exercise the valuable ministry of gratitude to God.

The elders' gratitude for the gifts received from God in their lives, as Peter's mother-in-law teaches us, "restores to the community, the joy of living together and confers to the faith of the disciples the essential feature of its destination," the Pope said.

Service of womenThe Holy Father goes on to highlight that the spirit of intercession and service which Jesus prescribes for his disciples is not simply a women's affair, because "there is no trace of this limitation in Jesus' words and deeds."In fact, he notes, the evangelical service of gratitude for God's tenderness is not in any way written according to the grammar of the man who is master and the woman who serves.



**FROM FR. HENRY DUC**

Dear Friends,

This week we celebrate a special feast called the Most Holy Body and Blood of Christ, traditionally known as Corpus Christi, meant to celebrate both the body and blood of Christ at the same time. In a sense, this feast duplicates the Eucharistic focus of Holy Thursday, highlighting the saving dimension of the sacrament. Today marks the end of a series of feasts such as the Ascension, Pentecost, Most Holy Trinity and takes us back to Ordinary Time.

Corpus Christi originally began in the diocese of Liege, France (1246), inspired by revelations of Juliana of Mont-Cornillon, a French nun (1192-1258). It was enthusiastically welcomed in Europe and promulgated universally by Pope Urban in 1264 on the recommendation of St Thomas Aquinas.

A prominent feature of this feast since 14<sup>th</sup> century has been a Eucharistic procession, taking place after Mass, in which the host was carried out onto the streets as an act of public witness to Jesus in the Eucharist. In the Eucharist this Sunday, we have the chance to listen to the account of Luke recounting the story of how Jesus miraculously turned the five loaves and two fish into food enough to feed the crowd of five thousand people following him to hear him talk to them about the Kingdom of God and experience his healing power, a highly symbolic work preparing the disciples in particular for the Eucharist he was going to establish later on at the Last Supper.

It is worth while to keep in mind what Jesus did to get the disciples involved in the miracle by inviting to them to organize the crowds into small groups of fifty, then distribute the food, and finally collect the leftover, twelve baskets full of food from the humble five loaves and two fish at the start.

As we celebrate this amazing feast today, let us give praise and thanks to Jesus for giving us the gift of himself in the Eucharist. May the grace of the Eucharist we receive today help strengthen our faith in the real presence of Jesus in the Eucharist we celebrate today and always, and inspires us to be his healing hands in where ever we live.

Have a Eucharistic-oriented week.  
Fr Henry

**PARISH NEWS...**

**NEW ALTAR SERVERS TRAINING DAY FOR 2022**

All children in year 4 and higher are warmly invited to join our Altar Servers Ministry. Training will begin after the 9.30am Mass **Sunday 31 July** Applications forms are available at the back of the Church. For more information, please call Sarah at the Parish office on Thursday / Fridays or email: secretary@olol7hills.com.au



**MASS SERVICE FOR THE LATE MELVYN FERNANDES** Will be held at Our Lady of Lourdes Catholic Church, Tuesday 28th June at 10.30am

**PARISH PLANNED GIVING ENVELOPE PROGRAM** All those who have registered for envelopes they are now available to pick up from the back of the Church. If you would like an envelope number for regular donations, please fill in the card available at the church doors and return it to the parish office. If you wish to continue donating on line, please add your planned giving **number** or for a one off donation, ref. Donation.

Thank you most sincerely for your generous contribution to our Parish and Diocese over the past year. Your generosity has enriched our Parish and kept it amazingly robust throughout 2021-2022. By taking part in OLOL Planned Giving Envelope Program, you are helping the parish budget for all the costs involved in maintaining our active parish.

**THURSDAY MASS TIME** As part of our School mission, we are going to change our Thursday Mass time from 8am to 9am from 7 July this year. Our aim is to offer children from our Parish school a weekly opportunity to attend Mass. So far, we have received positive response from our School Staff and hope that this initiative of ours will help rejuvenate the flame of faith within both the children and parents.

**LITURGICAL MINISTERS - NEW ROSTER** The new roster for July - December is now available. Any ministers who are registered with the rostering program MSP will receive their roster via email during the week. Copies are also available from the back of the Church. If you need to update your email address or provide one, please email Alisoni@olol7hills.com.au

**CHRIST COMMUNITY PRAYER GROUP** Thursday 9am in the Parish Meeting Room. All Welcome

**LEGION OF MARY** Thursday's at 1.30pm in the Parish Meeting Room. All Welcome

**RECONCILIATION** will be held in the church, on **Saturdays 4:30pm-5:30pm.**

**CatholicOutlook** **WINTER EDITION**  
News from the Diocese of Parramatta Out Now!



## LOL MINISTRY ROSTER

18/19 June 2022

Acolytes	Vigil: James Dinning 8am: Ernie Gartner 9.30am Fayelene Kennedy
Ministers	Vigil: Anna Bellissimo, Laura Bellissimo 8am: Fennie Balatbat, Anne McNally 9.30am: Charmain Jansz, VOLUNTEER
Readers	Vigil: Crystal Menezes, Benno Motha 8am: Jo Cabasa, Maricel Santos 9.30am Christina Diaz, Helen Katopau
Altar Servers	Vigil: Alexa Bagatella, Amelia Laus, Lucas Laus 8am: VOLUNTEERS 9.30am Celestina Katopau, Olina Katopau, VOLUNTEER
Morning tea (after 9.30am Mass)	Parish Pastoral Council
Flowers	Fennie and Angela
Church cleaning	22 June Sue Abela, Jessie Borg, Anne McNally, Jerome Peralta
Welcomers	Vigil: Judith Deloso 8am: Rita Paolini 9.30am: Kathy Chamberlain

25/26 June 2022

Acolytes	Vigil: Abel do Rosario 8am: Louis Fernandes 9.30am Ramzee Michael
Ministers	Vigil: Louise La Guidara, SUB REQ 8am: Lorraine Fernandes, Maricel Santos 9.30am: Paul Gow, Maria Michael
Readers	Vigil: Noreen Do Rosario, Alison Punch 8am: Pepito Ferriols, Kathy Walker 9.30am Mercy Aquino, Christina Diaz
Altar Servers	Vigil: Alex La Guidara, Christina La Guidara, Alex Spadaro 8am: Diana Park, Philip Park, Sean Park 9.30am Chloe Attard, Rynan Michael, Majerin Pieris
Morning tea (after 9.30am Mass)	Couples for Christ
Flowers	Annette & Mary B
Church cleaning	2 July Judith Deloso, Michelle Touma
Welcomers	Vigil: Ram Ugre 8am: Joyce Hillbrick 9.30am: Lena Falzon

## PRAYER FOR PEACE AND JUSTICE IN UKRAINE

God of peace and justice,  
who change the hardened heart  
and break the power of violence,  
we entrust the people of Ukraine to you.

Protect them in this time of peril;  
let them know not death but life,  
not slavery but freedom.

You are Father of all;  
we are brothers and sisters.

Give us the strength  
to live that truth in love,  
choosing peace not war.

Through Christ our Lord.

Amen.



## EMERGENCY Ukraine Appeal

Help provide urgent humanitarian assistance to people in Ukraine.

**DONATE TODAY**  
[www.caritas.org.au/ukraine](http://www.caritas.org.au/ukraine)  
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## LOL PARISH CALENDAR

	JUNE	
23	Christ Community Prayer Group	9.00am
23	Legion of Mary	1.30pm

## DIOCESAN NEWS

### Refugee Week Prayer Service: 20 June

Join the Australian Catholic Migrant and Refugee Office and the ACBC Office for Justice, Ecology and Peace for an online prayers service on World Refugee Day, 20 June from 6pm AEST. Join them as they reflect on this year's Refugee Week theme of 'healing' and how we can draw upon shared hardships to heal wounds and learn from each other. Register for the prayer service via <https://bit.ly/RefugeeWeek2022Prayers>. For more information, contact the Diocesan Peace, Justice and Ecology Facilitator - [James.Atanasious@parracatholic.org](mailto:James.Atanasious@parracatholic.org)

### FREE LECTURE—THE OUTSIDER POPE: Where is Francis leading our Church?

Tuesday 5 July 7.30pm  
Novotel Parramatta, 350 Church St Parramatta.  
Vatican correspondent from the international *The Tablet* magazine, author and speaker Christopher Lamb will present a free lecture reflecting on Pope Francis' battle to renew the Church and Pope Francis as a human being. RSVP essential by 2 July to [mark.oconnor@parracatholic.org](mailto:mark.oconnor@parracatholic.org)

### ABORIGINAL CATHOLIC SERVICES NAIDOC WEEK Celebration: 4 July

Catholic Care's Aboriginal Catholic Services is hosting a community celebration to commemorate NAIDOC Week on Monday 4 July from 10am to 2pm at the Holy Family site in Emerton. Everyone is welcome to celebrate the many who have driven and led change in our communities over generations with a variety of entertainment, music, rides, stalls and more. Show your solidarity and have some family fun with members of our local Aboriginal community.

### LIFTED RETREAT 2022 "Wonder & Awe": 1 – 3 July

You are invited to Catholic Youth Parramatta's annual young adults retreat. Take some time away from the busyness of everyday life and spend a weekend away full of prayer, talks, and community. For 18-35 year-olds. \$100 per person. Register at [parracatholic.org/cyp-lifted-retreat](http://parracatholic.org/cyp-lifted-retreat).

### Tri-Diocesan Social Justice Reflection Evening: 20 July

You're invited to the Annual Tri-Diocesan Social Justice Reflection Evening to be hosted by the Diocese of Parramatta in partnership with the Archdiocese of Sydney and the Diocese of Broken Bay. This year we explore how people across our region have responded to the "Cry of the Earth, Cry of the Poor" – the 2021/22 Social Justice Statement. The event will feature presentations by Bishop Vincent Long OFM Conv and a Diocesan Laudato Si' Action Team. For more information and to register, visit <https://parracatholic.org/tri-diocesan/>

**PETER'S PENCE COLLECTION** On Sunday 26 June 2022, the Peter's Pence collection will take place for the Holy Father's apostolic and charitable ministries. collection is traditionally held on the Sunday closest to the Solemnity of Saints Peter and Paul and helps provide the Holy Father with funds for emergency assistance to those in need. The proceeds enable Pope Francis to assist the most disadvantaged in emergency situations including victims of war, oppression, and disasters.

## Questions to Ask Measuring Integral Ecology in Our Lives

Looking through the Lens of Laudato Si'

### REFLECTION 3

Are we responding in a way that is considering ecological economics? Are our economic transactions supporting sustainable, ethical and fair production, consumption and investment? Are they supporting ecology?

