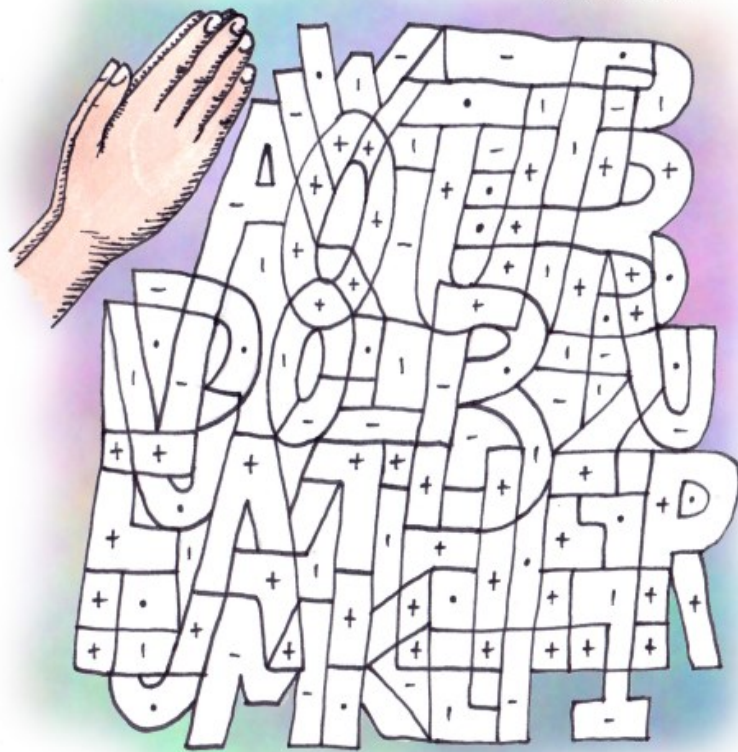


# The Kids' Bulletin

17th Sunday in Ordinary Time  
July 24th, 2022

Luke 11:1-13



Jesus taught His disciples a prayer that we still use today. We often call it by its first two words. To find out what they are, colour in ONLY the spaces with crosses. (+)



## God Gives us What We Need

In today's Gospel reading, the disciples asked Jesus to teach them how to pray, so He taught them the "Our Father."

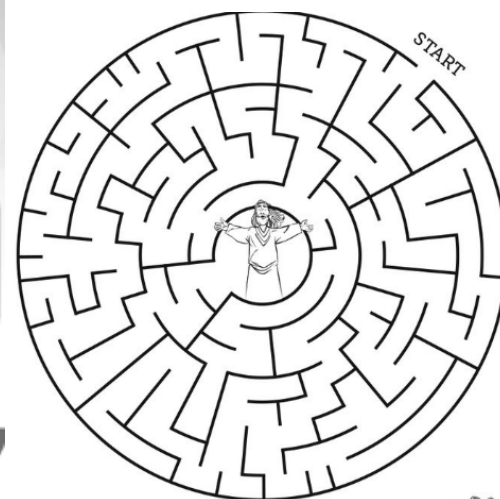
In the first part of the "Our Father" we give glory to God by praising Him, and in the second part we ask Him for the things we need. First we ask for our daily bread. This can be asking both for the things like food that our bodies need, and for the spiritual things as well, especially Holy Communion. Next we ask for forgiveness for our sins and for God to keep us away from temptation and evil.

Jesus said that if a father on earth would give his children the things they need, then God, Who is our Father in Heaven, will certainly give us what we need. All He wants us to do is show that we trust in Him by asking Him.

Make sure you say the "Our Father" every day to praise God our Father and ask Him for everything you need.



"Our Father ..."



## 5 FINGER PRAYER

by Pope Francis

**FOR OUR LEADERS** 3

The following finger is the tallest. It reminds us of our leaders, the governors and those who have authority.

**FOR THE ONES THAT TEACH US** 2

The next finger is the index. Pray for those who teach you, instruct you and heal you.

**FOR THE ONES WE LOVE** 1

The thumb is the closest finger to you. Start praying for those who are closest to you.

**FOR THE SICK AND WEAKEST** 4

The 4th finger is our weakest finger. It should remind us to pray for the weakest and the sick.

**FOR YOURSELF** 5

Finally we have our pinkie finger, the smallest of all. It should remind you to pray for yourself.

Little Saint Adventures



OUR LADY OF LOURDES  
PARISH OF SEVEN HILLS  
"Still a wonderful place to pray & stay"

7 Grantham Road, Seven Hills. NSW. 2147

Ph. 9622 2920

Email: secretary@olol7hills.com.au

**Parish Priest:** Fr Henry Huu Duc Tran  
**Parish Office Team:** Mrs Erika Hien, Alison Lette, Kim Dang, Sarah Lenthall.  
**Sacrament Co-Ordinator:** Mrs Artelle Lenthall  
**Office Hours: Monday-Friday:** 9am - 3.00pm  
**WEEKDAY MASS:** Tues, Wed, Fri. 8.00am  
Thursday 9.00am  
**WEEKEND MASS:** Saturday Vigil 6pm  
Sunday 8am & 9:30am

**Parish School:** OLOL 8869 6800  
**Principal:** Ms Keiran Byrnes  
**Reconciliation:** Saturday 4:30-5:30pm  
**Baptismal Preparation:** 21st September 2022  
**Baptism:** 9th October 2022  
**Parish Website:** www.olol7hills.com.au  
**Pastoral Care of the Sick:** Bathista Emmanuel  
0405833655

## SEVENTEENTH SUNDAY IN ORDINARY TIME 24 July 2022 • Year C



### Let us Pray for the Sick

Leonila Ahillon, George Alagiah, Mary Attard, David Benjamin, Rosella Booth, Barrie Chamberlain, John Chandler, Ruby Chary, Darakrama Dias, Elizabeth Ehsman, Anush Fernando, Joseph Franco, Anthony Janicska, Spencer Leon, Cynthia Lopez, Carmenu M, Marie Marchand, Wiranjan Peiris, Salome Pillay, Debra Price, Camy Ratnam, Sandra Roseworn, Susantha Seranayake, Bernie Sivapatham, Joan Spillane, Pummalin Sumcad, Sue Tipaldo, Natalie Woodward,

If you would like to add to our Sick List or know of any Parishioner that is unwell please contact Father Henry or email the Parish office secretary@olol7hills.com.au We can also arrange for Holy Communion or a visit if required.

### Let us Pray for the Deceased

**Recently Deceased:** Michael Sant, Anne Marie St Flour, Maria Menezes, Jose Garcia, Melvyn Fernandes, Candida Irugaldanbara, Linda Maya, Tina Thi Thu Thuy Nguyen, Marion Pyne, Sushila Wijeratne, Mirella Zulic.

**Anniversaries:** Lucita & Cezar Abal, Frank & Fortunata Baiada, Nazarene (Ronnie) Borg, Ceferino Cabasa, David Dang, Conchita Deloso, Monica, Dominic & Conception D'Souza, Christine Henderson, Muriel Jordan, Pietro Marra, Graciano Menezes, Anton & Lourda Motha, Hanh Nguyen, Custodio Palmos Sr., Nieves Palmos, Laureano Reyes, Rosita Riveral, Cornelio & Iluminada Rondaro, Dionisio Udan, Jim & Alison Vella.

**Remembrance:** France Angseesing, Suzy Armel, Roy, Mary & Des Barney, Cini & Mangion Families, Gerard Marcello, Pauline Meilak, Mary Mifsud, Stephen & Louis Mula, Mary Muscat, Muscat Family. John & Roseline Ratnam, Alexis & Chantal Sauzier.

### Our Lady of Lourdes



Ever Immaculate Virgin, Mother of mercy, health of the sick, refuge of sinners, comfort of the afflicted, you know my needs, my troubles, my sufferings; cast on me a look of pity. By appearing in the grotto of Lourdes, you were pleased to make it a privileged sanctuary, from which you dispense your favours, and already many sufferers have obtained the cure of their infirmities, both spiritual and physical. I come, therefore, with the most unbounded confidence to implore your maternal intercession. Obtain most loving mother, my requests, through Jesus Christ your Son our Lord.  
*Amen.*

### COVID- 19 UPDATE



**FACE MASKS  
ENCOURAGED**

• **MASKS:** are no longer mandatory but still **encouraged**

As previously communicated, density limits are no longer applicable for our Churches and other buildings within the Parish since Dec'2021.

HOWEVER OUR SAFETY PLAN STILL RECOMMENDS SOCIAL DISTANCING WHERE POSSIBLE.

**PLEASE DO NOT ATTEND IF YOU ARE EXPERIENCING ANY FLU LIKE SYMPTOMS.**  
*Please Help Us Keep Our Community Safe.*

### PARISH CONTRIBUTION PROGRAM

**SECOND COLLECTION or Planned Giving Program**  
On behalf of the Parish Community, I would like to thank you very much for your ongoing support, which has been absolutely vital in keeping our Parish going strong.

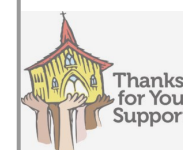
#### \* ON-LINE BANK DONATIONS

**Account Name:** Seven Hills Catholic Church.  
**BSB:** 067 950  
**ACC:** 000552  
**Reference:** (Your Planned Giving envelope number or for a one off donation, 'DONATION')

#### \* IN-PERSON BANK DEPOSIT (at a Bank Inst / Branch)

**Account Name:** Seven Hills Catholic Church  
**BSB:** 062 315  
**ACC ID #** 00901486  
**AGENT #** 660

*Your generosity is greatly appreciated.*



**FIRST COLLECTION and Matt's Point** is for the support of Priests throughout the Diocese.

#### ON-LINE BANK DONATIONS

**Account name:** Parramatta Diocesan Clergy  
**BSB:** 067 950  
**ACC:** 00 00 4265  
**Reference:** Seven Hills - 6035

All are welcome to join us for **Our Lady of Lourdes, Seven Hills, Sydney, NSW, Australia Facebook LIVE-STREAM WEEKEND MASS** celebrated by **Fr. Henry Huu Duc Tran on Saturdays 6PM (Vigil)**, <https://www.facebook.com/OLOL7Hills/>



FIRST READING

A reading from the book of Genesis 18:20-32

The Lord said, ‘How great an outcry there is against Sodom and Gomorrah! How grievous is their sin! I propose to go down and see whether or not they have done all that is alleged in the outcry against them that has come up to me. I am determined to know.’ The men left there and went to Sodom while Abraham remained standing before the Lord. Approaching him he said, ‘Are you really going to destroy the just man with the sinner? Perhaps there are fifty just men in the town. Will you really overwhelm them, will you not spare the place for the fifty just men in it? Do not think of doing such a thing: to kill the just man with the sinner, treating just and sinner alike! Do not think of it! Will the judge of the whole earth not administer justice?’ The Lord replied, ‘If at Sodom I find fifty just men in the town, I will spare the whole place because of them.’ Abraham replied, ‘I am bold indeed to speak like this to my Lord, I who am dust and ashes. But perhaps the fifty just men lack five: will you destroy the whole city for five?’ ‘No’, he replied ‘I will not destroy it if I find forty-five just men there.’ Again Abraham said to him, ‘Perhaps there will only be forty there.’ ‘I will not do it’ he replied ‘for the sake of the forty.’ Abraham said, ‘I trust my Lord will not be angry, but give me leave to speak: perhaps there will only be thirty there.’ ‘I will not do it’ he replied ‘if I find thirty there.’ He said, ‘I am bold indeed to speak like this, but perhaps there will only be twenty there.’ ‘I will not destroy it’ he replied ‘for the sake of the twenty.’ He said, ‘I trust my Lord will not be angry if I speak once more: perhaps there will only be ten.’ ‘I will not destroy it’ he replied ‘for the sake of the ten.’ The word of the Lord.

RESPONSORIAL PSALM

(R.) Lord, on the day I called for help, you answered me.

I thank you, Lord, with all my heart,  
you have heard the words of my mouth.  
Before the angels I will bless you.  
I will adore before your holy temple. (R.)

I thank you for your faithfulness and love  
which excel all we ever knew of you.  
On the day I called, you answered;  
you increased the strength of my soul. (R.)

The Lord is high yet he looks on the lowly  
and the haughty he knows from afar.  
Though I walk in the midst of affliction  
you give me life and frustrate my foes. (R.)

You stretch out your hand and save me,  
your hand will do all things for me.  
Your love, O Lord, is eternal,  
discard not the work of your hands. (R.)

SECOND READING

A reading from the letter of St Paul to the Colossians 2:12-14

You have been buried with Christ, when you were baptised; and by baptism, too, you have been raised up with him through your belief in the power of God who raised him from the dead. You were dead, because you were sinners and had not been circumcised: he has brought you to life with him, he has forgiven us all our sins. He has overridden the Law, and cancelled every record of the debt that we had to pay; he has done away with it by nailing it to the cross. The word of the Lord.

GOSPEL ACCLAMATION

Alleluia, Alleluia!  
You have received the Spirit which makes us God’s children,  
and in that Spirit we call God our Father.  
Alleluia!

GOSPEL

A reading from the holy Gospel according to Luke 11:1-13

Once Jesus was in a certain place praying, and when he had finished, one of his disciples said, ‘Lord, teach us to pray, just as John taught his disciples.’ He said to them, ‘Say this when you pray:  
“Father, may your name be held holy, your kingdom come; give us each day our daily bread,  
and forgive us our sins, for we ourselves forgive each one who is in debt to us.  
And do not put us to the test.”’ He also said to them, ‘Suppose one of you has a friend and goes to him in the middle of the night to say, “My friend, lend me three loaves, because a friend of mine on his travels has just arrived at my house and I have nothing to offer him”; and the man answers from inside the house, “Do not bother me. The door is bolted now, and my children and I are in bed; I cannot get up to give it to you.” I tell you, if the man does not get up and give it him for friendship’s sake, persistence will be enough to make him get up and give his friend all he wants.  
‘So I say to you: Ask, and it will be given to you; search, and you will find; knock, and the door will be opened to you. For the one who asks always receives; the one who searches always finds; the one who knocks will always have the door opened to him. What father among you would hand his son a stone when he asked for bread? Or hand him a snake instead of a fish? Or hand him a scorpion if he asked for an egg? If you then, who are evil, know how to give your children what is good, how much more will the heavenly Father give the Holy Spirit to those who ask him!’ The Gospel of the Lord.

PRAYER FOR SPIRITUAL COMMUNION

My Jesus, I believe that you are truly present in the Most Blessed Sacrament of the altar.  
I love You above all things, and I desire to receive You into my soul.  
Since I cannot at this moment receive You sacramentally,  
come at least spiritually into my heart.  
I embrace You as if You were already there and unite myself wholly to You.  
Never permit me to be separated from you. Amen



...continued. Are multilateral organizations failing in regard to these wars? Is it possible to achieve peace through them? Is it feasible to seek joint solutions?

After World War II, trust was placed in the United Nations. It is not my intention to offend anybody, I know there are very good people working there, but at this point, the UN has no power to assert its authority. It does help to prevent wars, and I’m thinking of Cyprus, where Argentine troops are collaborating. But in order to stop a war, to resolve a conflict like the one we are seeing in Europe right now or like others around the world, it has no power. I don’t mean to offend. It is just that its constitution does not give the organization that kind of power.

Have the powers in the world changed? Has the weight of some institutions been modified?

I don’t want to universalize. I’ll put it this way: some distinguished institutions are in crisis or, even worse, they are in a conflict. Those in crisis give me hope for possible progress. But the ones in a conflict are busy resolving internal problems. At the moment, we need courage and creativity. Without those two things, we won’t have international institutions that can help overcome these very serious conflicts, these death situations. Time to take stock. **2023 will mark the 10th anniversary of your election as Pope, an ideal time to take stock. Were you able to achieve all your objectives? What projects are still pending?**

Everything I have done was neither my invention nor a dream I had after a night of indigestion. I picked up everything that the Cardinals had said at the pre-Conclave meetings, the things we believed the new Pope should do. Then, we spoke of the things that needed to be changed, the issues to tackle. I carried out the things that were asked then. I do not think there was anything original of mine. I set in motion what we all had requested.

For example, the Curia reform concluded with the new Apostolic Constitution *Praedicate evangelium*, which—after eight-and-a-half years of work and inquiries—managed to include what the Cardinals had asked, changes that were already in motion. Nowadays, it is a missionary-style experience. “Praedicate evangelium”, that is, “be a missionary”. Preach the word of God. It means that the essential thing is going out.

Something curious: at those meetings, one of the Cardinals said that in the text of Revelation, Jesus says “I am at the door and call; if someone opens the door, I will enter”. So the Cardinal said: “Jesus is calling, but this time He wants us to let Him out, because we are imprisoning Him”. That is what was asked at those meetings with the Cardinals.

When I was chosen, I set things in motion. A few months later, inquiries took place and we published the new Constitution. Meanwhile, changes were being made. I mean, these were not ideas of my own. I want that to be clear. These were ideas born from the requests of the entire College of Cardinals. *(to be continued)*

POPE FRANCIS AT ANGELUS: ‘WE PROCLAIM WITNESS TO JESUS THROUGH BROTHERLY LOVE’

By Francesca Merlo

Addressing the faithful gathered in St Peter's Square for the Sunday Angelus, Pope Francis described the day's liturgy, which presents us with the story of Martha and Mary, two sisters offering hospitality to Jesus in their home. The Pope recounts that Martha welcomes the guests whilst Mary sits at Jesus' feet to listen to him until Martha turns to him and asks him to tell Mary to help her. Martha's complaint does not seem out of place; indeed, we feel we are agreeing with her, said the Pope. Yet Jesus answers her: “Martha, Martha, you are worried and distracted by many things, but few things are needed. Mary has chosen the better part, which will not be taken away from her”.

Pope Francis noted that though it is a surprising answer, Jesus often overturns our way of thinking. "Let us ask ourselves then why the Lord, while appreciating Martha's generous care, says that Mary's attitude is to be preferred", said the Pope.

The order of priorities

The Pope went on to note that Martha's "philosophy" seems to be duty first, pleasure second. "Hospitality is not made of fine words, but demands" that involve doing whatever it takes to make the guest feel welcome. "Jesus is well aware of this", said the Pope, and he "acknowledges Martha's effort" but he "wants to make her understand that there is a new order of priorities". Mary, the Pope said, has realised that there is a "better part" that must be given first place. "Everything else comes after", he added. The better thing, he specified, "is listening to Jesus' words".

First, listen

"The word of Jesus is not abstract, it is a teaching that touches and shapes life, changes it, frees it from the dullness of evil, satisfies and infuses it with a joy that does not pass: it is the better part", explained the Pope, and it is for this reason that Mary prioritises it. She stop and listens, and the rest will come later.

Pope Francis then went on to specify that this takes nothing away from the alue of practical commitment, which must flow from the word of Jesus and animated by his Spirit , "otherwise it is reduced to a fussing and fretting over many things, to a sterile activism".

Take advantage of your time

Bringing his discourse to a close, Pope Francis urged the faithful listening to "take advantage of this holiday season to stop and listen to Jesus". He explained that today it is always more difficult to find free moments to meditate and for this reason the summer period can be precious to open the Gospel and read it slowly, without haste. "Let us allow ourselves to be challenged by those pages, asking ourselves how our our life is going, if it is in line with what Jesus says", and in particular, he added, "let us ask ourselves: when I start my day, do I throw myself headlong into the things to be done, or do I first seek inspiration in the Word of God"?

Finally, the Pope prayed that the Virgin Mary "teach us to choose the best part, which will never be taken away from us".



## POPE FRANCIS' RECENT INTERVIEW

In a Spanish-language interview with Argentina's national news agency Télam, Pope Francis reflects on a wide range of issues, including "building back better," the need to live in harmony with nature, the role of young people in building a better world, and what he has achieved in the first ten years of his papacy. Télam has provided an English translation of the first part of the interview with Pope Francis, which Vatican News offers here.

By **Bernarda Llorente**

Last December, we had a scientific and theological encounter about this environmental situation. And I remember that the head of the Italian Academy of Sciences said, "If this doesn't change, my granddaughter who was just born yesterday will live in an uninhabitable world in 30 years' time". That is why I say to young people that protesting is not enough. They need to find a way to take responsibility for the processes that can help us survive.

**Do you believe that this frustration in young people is, in part, what leads them to be seduced by political extremism and hate speech?**

The process of a country, its process of social, economic, and political development, needs continuous reassessment and continuous clashing with others. The world of politics is that clash of ideas and positions that purifies us and makes us move forward together. Young people must understand the science of politics, of coexistence, but also of the political struggle that cleanses us of selfishness and carries us forward. It is important to help young people in that social and political commitment, and also to protect them from being duped.

But nowadays, I do believe the youth are sharper. Back in my days, we were so easily duped. They are more awake, they are brighter. I have a lot of faith in the youth. "Sure, but they don't show up to Mass", a priest may say. And I reply that we must help them grow and be by their side. Then, God will speak to each of them. But we need to let them grow.

If young people are not the protagonists of History, we are done for. Because they are the present and the future.

**A few days ago, you spoke of the importance of intergenerational dialogue.**

Regarding that, I would like to underline something that I always say: we need to reinstate the dialogue between the youth and the elderly. Young people need to dialogue with their roots and the elderly need to feel that they are leaving a legacy behind. When young people spend time with their grandparents, they receive sap, they receive things to carry forward. And when the elderly spend time with their grandchildren, they get hope.

There is a line in one of Bernárdez's poems, I forget which one, that says: "What the tree has in bloom is nourished by that which is buried". He does not say "flowers come from the underground". No, flowers are up there. But the dialogue between them, what we take from our roots and carry forward, that is the true meaning of tradition.

There is a quote by composer Gustav Mahler that had an impact on me: "Tradition is the guarantee of the future". It is not a museum piece. It is what gives us life, as long as it makes you grow.

Going backward is something different: that is unhealthy conservatism. "It has always been done this way, so I won't take a step forward", they say. This topic may need further explanation, but I am sticking to the essential: the dialogue between young people and the elderly being the true meaning of tradition. It is not traditionalism. It is tradition that makes you grow, that is the guarantee of the future.

Evils of our times

**Francis, you usually describe three evils of our times: narcissism, despondency, and pessimism. How can we fight them?**

Those three things you mentioned—narcissism, despondency, and pessimism—are within what is called "mirror psychology". Narcissus, obviously, looked at himself in the mirror. And that way of looking is not looking forward, but turning in on oneself and licking your own wounds. Actually, what makes one grow is the philosophy of otherness. One cannot grow in life without confrontation.

Those three things you mentioned are related to the mirror: I look in the mirror to see myself and feel sorry for myself. I remember a nun who was always complaining. People at the convent called her "Sister Lament". Well, some people are constantly complaining about the evils of our times.

But there is one thing that really helps to fight narcissism, despondency, and pessimism: a sense of humor. It is so humanizing. There is a beautiful prayer by Saint Thomas More that I have prayed every day for over 40 years, that begins this way: "Grant me, O Lord, good digestion, and also something to digest. Grant me a sense of good humor. Allow me the grace to be able to take a joke..." A sense of humor puts things in perspective and is very good for us. It goes against that pessimistic, lamenting spirit. That was Narcissus, wasn't it? Going back to the mirror. Typical narcissism.

**Back in 2014, you already maintained that the world was entering a Third World War. Today, reality seems to confirm your prediction. Is the lack of dialogue and listening an aggravating factor for the current situation?**

The expression I used back then was "a World War in pieces". The conflict in Ukraine is very close, so we are alarmed, but let's think of Rwanda 25 years ago, or Syria the last 10 years, or Lebanon with their infighting, or Myanmar at this moment. What we are seeing today has actually been happening for a long time. Unfortunately, war is daily cruelty. War is not about dancing the minuet, it is about killing. And there is an entire structure for the sale of arms that favors it. A person who knew a lot about statistics once told me, I can't remember the right numbers, that if arms were not produced for a year, we could end world hunger. I believe it is time to rethink the concept of a "just war". A war may be just, there is the right to defend oneself. But we need to rethink the way that concept is used nowadays. I have said that the use and possession of nuclear weapons are immoral. Resolving conflicts through war is saying no to verbal reasoning, to being constructive. Verbal reasoning is very important. Now I am referring to our daily behavior. When you are talking to some people, they interrupt you before you have finished. We don't know how to listen to one another. We don't let people finish what they are saying. We must listen. Receive what they have to say. We declare war in advance, that is, we stop dialoguing. War is essentially a lack of dialogue.

When I visited Redipuglia in 2014, a World War I Memorial, I saw the age of the dead and I cried. That day I cried. Some years later, on 2nd November, I visited the Anzio War Cemetery and when I saw the age of those dead boys, I cried as well. I'm not embarrassed to say it. Such cruelty! And during the commemoration of the Normandy landings, I thought of the 30,000 boys who died on those beaches. Troops were ordered to storm the beaches, as the Nazis were waiting for them. Is that justified? Visiting the military cemeteries in Europe helps it dawn on you.

A crisis of institutions



## FROM FR. HENRY DUC

Dear Friends,

Recently I had the chance to interview a new convert doing the Pre-marriage course with his Catholic fiancé, and while having a chat with him about the Catholic faith at our first meeting, I happened to ask him the question about what has impressed him the most about it, and got the answer straight away from him, that it was the Our Father.

When asked to identify the most impressive part of the Lord's Prayer, he pointed out 'give us this day our daily bread' as the part he liked the most, for it encouraged him to pray for just enough food every day, meaning to live a modest life and not to get greedy. As a priest, I couldn't help to encourage him to pay

attention to the next part of the same prayer dealing with the issue of dual forgiveness through asking God to forgive us our trespasses and help us to forgive others' trespasses as well.

In the Gospel this week, Luke gives us the account of how Jesus taught the disciples the Our Father, also known to us as the Lord's Prayer, in response to the disciples' request to teach them to pray, and he went on to present to them the version of the Our Father as we know today.

The next part of the gospel is also very significant, as Jesus used the symbolic story about a host who happened to host a friend in the middle of the night to offer us the secret ingredient aimed to make our prayers successful, which is to pray with constancy like the friend in need in the gospel keeping knocking on his friend's door tirelessly until the bolted door was opened and the need satisfied in the middle of the night.

Jesus then summed up the prayer process in the tri-factor formula that 'ask, and it will be given to you; search, and you will find; knock, and the door will be opened to you.'

To help increase our confidence in prayer, Jesus then invited us to reflect on God's love for us, which is far beyond what all the fathers on earth can offer. The gospel concluded with his Jesus' assurance that God is prepared to beat any good father on earth by giving much more to those who ask for his help. This truly is a great encouragement to think about!

As we pray the Our Father especially in the Eucharist today, let us pray with our most sincere hearts and childlike intention to our heavenly Father for the glory of His name, for our daily needs, for a better awareness of modern day temptations, and, most of all, for forgiveness in our families, communities and the world, especially in Ukraine.

Have a forgiveness-oriented week.

Fr. Henry

## PARISH NEWS...



### SACRAMENT OF FIRST HOLY COMMUNION

**2022** Classes begin Wednesday 3rd August & a repeat on Saturday 6th August. This program is for children in Year 3 and above who have received the Sacrament of Penance. Sacrament of First Holy Communion will be celebrated on September 11th and 18th. For information please contact our Sacramental Coordinator Artelle in the Parish office for more information.

**CHRIST COMMUNITY PRAYER GROUP DATE CHANGE THIS WEEK ONLY.** will be held in the Parish Meeting Room this Wednesday 27th July instead of Thursday

**THURSDAY MASS TIME** As part of our School mission, we have changed our Thursday Mass time from 8am to 9am from **7 July** this year. Our aim is to offer children from our Parish school a weekly opportunity to attend Mass. So far, we have received positive response from our School Staff and hope that this initiative of ours will help rejuvenate the flame of faith within both the children and parents.

### PARISH BIN ROSTER - VOLUNTEERS REQUIRED

We are seeking **12 volunteers** each to assist 4 times a year to place the Parish bins on the kerbside (Grantham Road) once a week on Tuesday. Please contact the Parish Office 9622 2920 if you are able to help out. *Thank you.*

### DIAMOND JUBILEE – CALLING ALL PARISH GROUP COORDINATORS

To commemorate the 60<sup>th</sup> Anniversary of OLOL, we would like to publish a Parish Book, linking the theme from our previous parish book, OLOL Diamond Jubilee: Ongoing Blessings. We ask you to write a short piece, between 500 to 1000 words which **briefly** tells us about the group's origin/history, what you do now and your hopes for the group's future direction. If you could email Artelle by 31<sup>st</sup> August 2022. [artellel@lol7hills.com.au](mailto:artellel@lol7hills.com.au)

**NEW ALTAR SERVERS ARE WANTED** to help serve at Mass. Please join our team in helping serve at weekend Masses. To become an Altar Server your child must have completed their First Holy Communion, and must be in year 4 or higher. Our training session will be held on Sunday 31st July after the 9.30am Mass, for approximately 30mins. Please fill out the permission slip and return by 17th July. Forms can be collected at the entrances of the Church or by visiting the Parish Office. For more information, please email our Youth Coordinator Sarah - [s.lenthall8@gmail.com](mailto:s.lenthall8@gmail.com)

**EMAIL SCAM ALERT** There have been reports about a scam using Fr Henry's name to make contact with people in our parish. Please ignore those suspicious emails and do not reply to them.

Dear Friends,

A message to say hello & to warmly invite you, to join us for our

*Welcome Back Mass*



as a thanksgiving to God, for His saving grace, throughout the Pandemic

Sunday, 31st of July, 2022

9:30 AM Mass, followed by Entertainment & Refreshments

Please RSVP to [secretary@lol7hills.com.au](mailto:secretary@lol7hills.com.au) | 9622 2920

OUR LADY OF LOURDES  
PARISH OF SEVEN HILLS  
*"Full a wonderful place to pray & sing"*



## LOLO MINISTRY ROSTER

| 23/24 July 2022                    |   |  |
|------------------------------------|---|--|
| Acolytes                           | Vigil: Kilifi Huihui<br>8am: Terry Jordan<br>9.30am Ramzee Michael  |  |
| Ministers                          | Vigil: Abel Do Rosario, Kamela Huihui<br>8am: Fennie Balatbat, Eugene Miu<br>9.30am: Barbara Chandler, Maria Michael            |  |
| Readers                            | Vigil: Jemma Sarmiento, SUB REQ<br>8am: SUB REQ, Anne McNally<br>9.30am Christina Diaz, Sandy Manamperi                         |  |
| Altar Servers                      | Vigil: Alexa Bagatella, Dominic Sant,<br>Johnathan Sant<br>8am: VOLUNTEERS<br>9.30am Chloe Atard, Leo Culili,<br>Majerin Pieris |  |
| Morning tea<br>(after 9.30am Mass) | Couples for Christ  |  |
| Flowers                            | Annette & Mary B  |  |
| Church cleaning                    | 27 July   | Sue Abela, Jessie Borg,<br>Anne McNally,<br>Jerome Peralta |
| Welcomers                          | Vigil: Ram Ugre<br>8am: Joyce Hillbrick<br>9.30am: VOLUNTEER  |  |

| 30/31 July 2022                    |   |  |
|------------------------------------|---|--|
| Acolytes                           | Vigil: John Jordan<br>8am: Ernie Gartner<br>9.30am Fayelene Kennedy   |  |
| Ministers                          | Vigil: Marinela Simic, SUB REQ<br>8am: Edith Gartner, Eugene Miu<br>9.30am: Helen Gonzales, Chrisha Gonzales    |  |
| Readers                            | Vigil: Alison Punch, Crystal Menezes<br>8am: Pepito Ferriols, Benno Motha<br>9.30am Mercy Aquino, Nina Arambulo |  |
| Altar Servers                      | Vigil: Amelia Laus, Lucas Laus<br>8am: VOLUNTEERS<br>9.30am Sofia Culili, Florencia Wanandy                     |  |
| Morning tea<br>(after 9.30am Mass) | "Welcome Back Mass" celebrations  |  |
| Flowers                            | Team  |  |
| Church cleaning                    | 3 August  | Lourdes Spiteri, Sandy Manamperi, Jerome Peralta |
| Welcomers                          | Vigil: Judith Deloso<br>8am: Rita Paolini<br>9.30am: Lena Falzon  |  |

## LOLO PARISH CALENDAR

| JULY   |  |        |
|--------|--|--------|
| 28     | Christ Community Prayer Group          | 9.30am |
| 28     | Legion of Mary                         | 1.30pm |
| 28     | Finance Committee Meeting              | 8.00pm |
| 31     | Welcome Back Mass Celebration          | 9.30am |
| AUGUST |  |        |
| 1      | St. Vincent De Paul Meeting            | 7.00pm |
| 3      | FIRST HOLY COMMUNION - 1st Meeting     | 6.30pm |
| 6      | FIRST HOLY COMMUNION - 1st Meeting RPT | 4.30pm |

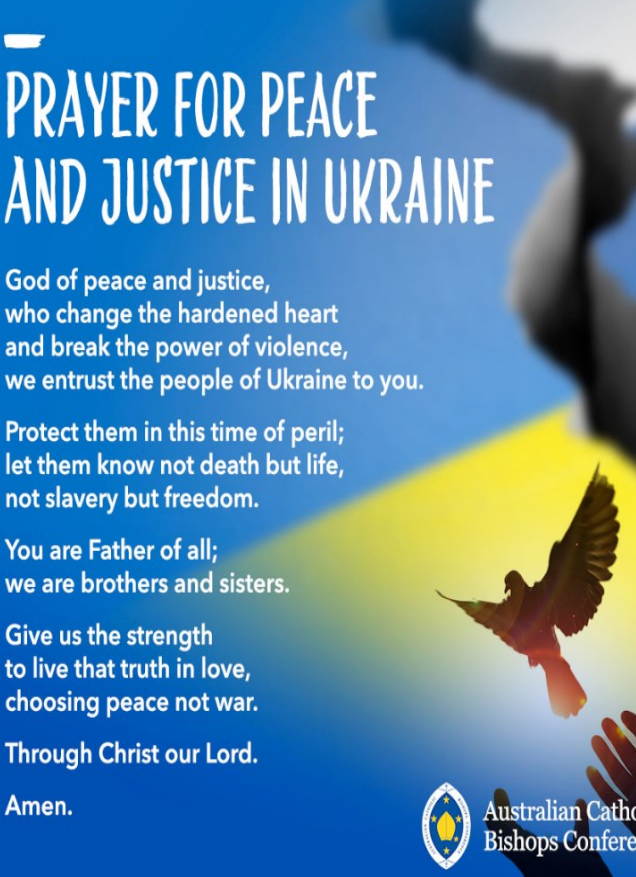



### EMERGENCY Ukraine Appeal

Help provide urgent humanitarian assistance to people in Ukraine.

**DONATE TODAY**  
[www.caritas.org.au/ukraine](http://www.caritas.org.au/ukraine)  
**1800 024 413 toll free**





## PRAYER FOR PEACE AND JUSTICE IN UKRAINE


God of peace and justice,  
who change the hardened heart  
and break the power of violence,  
we entrust the people of Ukraine to you.

Protect them in this time of peril;  
let them know not death but life,  
not slavery but freedom.

You are Father of all;  
we are brothers and sisters.

Give us the strength  
to live that truth in love,  
choosing peace not war.

Through Christ our Lord.  
Amen.

 Australian Catholic Bishops Conference

## PARISH NEWS...

### OUR LIVE-STREAMED MASS

As things quickly return to normal, it's time for our parish to reduce our live-streamed Masses to allow our parishioners to enjoy a physical Mass attendance. So we are going to live-stream just the Vigil Mass for weekends from July 09 2022, and remain to do so till the end of 2022.

We would like to thank Michelle and Ian for their beyond-word generosity to offer their time and talents to serve our parish in the last two years, so that we always had high quality live-streamed Masses for both our local parish community and beyond to participate in. May the Lord bless you manifold for your generous works of love.

### PARISH PASTORAL COUNCIL MEETING REPORT

In our last meeting, members of our PPC had the chance to reflect upon the article entitled Legalism highlighting Pope Francis' efforts to deal with the legalistic mentality that Jesus once fought against the Jewish authority in his time. The pope often spoke against the group of people he called 'doctors of the law' who tried to build closed systems of norms and justifications to calm their own insecurity, and to impose them on people in the name of God. They are like prisoners kept in a prison cell, they think they are secure, but it's a security behind the bars, a security without freedom. The pope has encouraged us to open our hearts to the Holy Spirit, 'like a sailboat swept by the wind' to go forward constantly.

Amongst group reports, the one from the recent Plenary Council meeting was especially significant, for it summed up two particular important items endorsed by the Council, namely (1) setting up a mechanism to strengthen the parish-school relationship- this is exactly what our parish has been doing by focusing our mission upon the school, and (2) re-introducing the Third rite of Reconciliation.

Our Council also spent quite some time to discuss about various aspects relating to our Welcome Back Mass on Sunday 31 July, and I have been tasked to remind our parishioners of three things: (1) to help with the Letter Box drops, (2) To come in your cultural dress on the day, (3) to register for more entertainments.

## DIOCESAN NEWS

### ADULT CONFIRMATION : 1 September

Adult Confirmation 2022 will be held on **1 September 2022 at 7:30pm at St Patrick's Cathedral** with the Catechesis and Formation Day to be held on **Saturday 20 August at 9:30am at the Bede Heather Centre** (formerly known as the IFM). Adult Confirmation is a community celebration for those who have reached the age of 16 years and have received both the sacraments of Baptism and Eucharist, but are yet to receive the Confirmation. If you would like more information please contact the Office for Worship on (02) 8838 3456 or [anne.stanton@parracatholic.org](mailto:anne.stanton@parracatholic.org).

### VINNIES SUPPORT CENTRES ARE STILL AVAILABLE TO THOSE IN NEED

St Vincent de Paul Support Centres across Greater Sydney are still available and taking calls to arrange for food vouchers or other items to be provided to those in need. If you need assistance, call the Support Centres in Blacktown on (02) 8861 9777, Harris Park on (02) 8861 9757 and Penrith on (02) 8861 9770. To find out more about what support is available, visit <http://vinnies.org.au/covidsupportnsw>

## DIOCESAN NEWS

**ENVIRONMENT (Watch this space):** The State of the Environment report is always written by leading environmental scientists. This time, it also includes important First Nations perspectives to ensure Indigenous views, values and knowledge inform decision-making for better environmental outcomes.

The [new report https://soe.dcccew.gov.au/](https://soe.dcccew.gov.au/) is out and unfortunately it reveals even further declines in the health of our incredible plants, animals and ecosystems. Our animals and plants are in decline, with more threatened with extinction than ever. Our towns and cities are becoming harder to live in. And our bushland ecosystems have not recovered after the Black Summer bushfires. Pres-sures that have been outlined in previous reports such as climate change, habitat destruction and invasive species – are becoming worse and will continue to result in de-destroying nature and driving wildlife to extinction. (Summary from Australian Conservation Foundation)

The State of the Environment report <https://soe.dcccew.gov.au/> also warns of impending disaster if we do not take urgent action:

- Australia has lost more mammal species than any other continent and continues to have one of the highest rates of species decline among countries in the OECD. The number of new species listed or listed in a higher category of threat has grown by 8% since 2016 and will increase substantially in coming years because of the 2019–20 bushfires.
  - Australia now has more foreign plant species than native
  - The true number of extinctions is likely to be significantly higher because many species are poorly surveyed or poorly described, or both.
- The situation is even more dire than we expected. We need the government to listen to these findings, and take swift and bold action to prevent even further biodiversity loss. (Summary from Australian Conservation Foundation)

### YOUNG ADULT FAITH FORMATION: 7 August

Young adults aged 18 to 35 are invited to a young adults faith formation session on Sunday 7 August at The Hustle, 4-6 Purdy St, Minchinbury, starting from 7pm. Join Fr John Rizzo for a discussion on mercy in scripture. A donation of \$5 is suggested. Come along for fun, faith and fellowship! Call Mark on 0477 004 678 for more information.

### POSITION VACANT– Personal Assistant, Sisters of Mercy Parramatta

Personal Assistant, Sisters of Mercy Parramatta. Full-time, 12-month position and based at Parramatta. Please contact Anthony Spata at REACH Human Resources for further information on [0402 210 055](tel:0402210055).