



OUR LADY OF LOURDES

PARISH OF SEVEN HILLS

"Still a wonderful place to pray & stay."

7 Grantham Road, Seven Hills. NSW. 2147

Ph. 9622 2920

Email: secretary@olol7hills.com.au

Parish Priest: Fr Henry Huu Duc Tran
Parish Deacon: Deacon Thong Nguyen
Parish Office Team: Rosie Sadipoor, Kim Dang, Jane Nguyen, Laura Ilioski
Office Hours: Monday-Friday: 9am - 3.00pm
WEEKDAY MASS: Tues, Wed, Fri. 8.00am
Thursday 9.00am
WEEKEND MASS: Saturday Vigil 6pm
Sunday 8am & 9.30am

Parish School: OLOL 8869 6800
Principal: Ms Keiran Byrnes
Reconciliation: Saturday 4:30-5:30pm
Baptismal Preparation: 16 July 2025
Baptism: 27 July 2025
Sacrament Co-Ordinator: Mrs Artelle Lenthall
Youth Co-Ordinator: Diana Park
Parish Website: www.olol7hills.org.au
Facebook <https://www.facebook.com/OLOL7Hills/>

THE MOST HOLY BODY & BLOOD OF CHRIST 22 June 2025 • Year C



Let us Pray for the Sick

Florence Arinanan, Lorenzo Balabat, Sarah Bartolo, Rodney Bell, Max Barrett, Irene Cabasa, Lawrence Charles, James Debattista, Ben Dixon, Alma Caguimbal, Para Dias, Mary Camilleri, John Crowther, Lucia Fernando, Renuka Fernando, Philippe Honore, Lynnda Lim-Huynh, Anthony Janicska, Tristen Jantzen, Odette James, Mary Jordan, Klare Kinsley, Paul Leong, Melissa Mead, Blago Milicevic, Zeferino Jayson Morales, Maricar Poblete, Veronica Portelli, Debra Price, Camy Ratnam, Arabella Steele, Caroline Stevenson, Sue Tiplado, Vivian Tomines, Natalie Woodward.

If you would like to add to our Sick List or know of any Parishioner who is unwell please contact Father Henry or email the Parish Office: secretary@olol7hills.com.au

We can also arrange for Holy Communion or a visit if required.

Let us Pray for the Deceased

Recently Deceased: Charlie Calleja, Marcelo Capuyan Jr, Gerald, Theresa & Charlie Chetcuti, Maria Dalgado, Kevin Dougherty, Long Duong, Mariel De Soysa, David Joseph, Maria Thi Nguyen, Rouli Pasaribu, George Rupasinghe, Dennis Siva, Joe Tonna.

Anniversaries: Mary Alagiah, Romualdo Austria snr, T.F Augustine, Horace Baptist, Ronald Barley, Cecil Beed, Romeo Biniah, Elaine Bosen, Frank & Fortunata Baiada, Denis Brophy, Rosario Cabasa, Frank & Maurice Camenzuli, Carmela Carboni, Catherine Chandra, Joseph Chary, Saro Chary, Aloysean Corera, Joseph & Mary Camenzuli, Stella Cini, Silvia Debattista, Manel De Soysa, Dulcie & Samuel Duraisamy, Georgina Falzon, Mark Falzon, John Fernando, M.A. Fernando, Emmanuel Francis, Anthony Garcia, Francisca Garcia, Zenaida Garcia, Helen Gatt, Christine Gomez, Josephine Gomez, Helen Hili, Rita Hili, S.M. John, Cameron Jones, Oliver Jordan, Brian Jordan, Venicia & Cresencia Labador, Mary Muscat, Matta Loi Nguyen, April Marabe, Albert Moroney, Gleno Motha, Xavier Motha Jnr, Caytan Mula, Paul Mula, Lissy, Jose & Mary Kutty, Tony Muscat, John Moore, Gil & Angelita Opina, Custodio Palomos Snr, Cordula Paiva, Heliodore Paiva, Estelita Solis Palomos, Nieves Torres Palomos, Adrian Pereira, Cornelio & Iluminada Rondario, George Rupasinghe, Mary Silva, Rosary Silva, Pauline & Santan Soares, S. Susainathan, Melchor Usman, Dionisio Udan, Geneoso & Modesta Viray.

Remembrance: Neil Amaratunga, Gregorio Almodovar, France Angseesing, Carmen Attard, Lydia, Peter & Helen Bonnici, Charlie Borg, Sam Borg, Richard Bowely, Rolily Burac, Marlene Busac, Peter John & Carmelita, Barrie Chamberlain, Ceferino, Rosario, Renato & Marilyn Cabasa, Fe Licup Camen, Dennis Clarke, Myrna Cruz, Saviour Caruana, Sam & Silvia Debattista, Carmen, Jimmy, Antonia, Tania, Tony, Vicki, Louie, Joe & Lancer De Guire, Johnny Edwards, O. Francis, J. Francis, Joseph & Carmena Formosa, Melvyn Fernandes, Nevis Fernando, Sammy Formosa, Mario & Joe Gat, Maximilian & Julian Epondulan, Ngan Siu Eng, Sam Gabo, Mary & Sam Galea, Evangeline Garcia, Leandro Snr Garcia, Jose Garcia, Teodoro Garcia, Constance Gaycroft, Selvam Irudayaraj, Sylvio, George, Olga Jthier, Jonathan Tek Kie, Harold, Marc, Rosine Lafluer, Sheena Landagan, A. Mansoor, Apolinario & Felina Maglaya, Tania McGove, John & Maureen Mead, Pauline Meilak, Mifsud Ngan, Mangion & Cini Family, William & Emilia Mifsud, Joseph & Doris Mifsud, Mary Mifsud, Sashin Patrick Manamperi, Anton & Lourda Muscat, Louis, Bertu & Paula Mula, Stephen & Joseph Mula, Mary & Francis Mocha, Ngan Pin, Tiruselvam Pilomina, Felicisimo & Natalia Prahinog, Eustace Ratnam, Jose & Maria Reyes, John & Roseline Ratnam, Mary Silva, Cua Sing, Thenmoli, Tony Vassollo, Shane Vaz, Vinnie Zahra, Robert & Leila Zammit, Mary Zammit.

****Names will be published for 4 weeks at a time.****

Our Lady of Lourdes

Ever Immaculate Virgin, Mother of mercy, health of the sick, refuge of sinners, comfort of the afflicted, you know my needs, my troubles, my sufferings; cast on me a look of pity. By appearing in the grotto of Lourdes, you were pleased to make it a privileged sanctuary, from which you dispense your favours, and already many sufferers have obtained the cure of their infirmities, both spiritual and physical. I come, therefore, with the most unbounded confidence to implore your maternal intercession. Obtain most loving mother, my requests, through Jesus Christ your Son our Lord.



Amen.

REGULAR COLLECTIONS - First and Second

FIRST COLLECTION is for the support of Priests throughout the Diocese.

ON-LINE BANK DONATIONS

Account name: Parramatta Diocesan Clergy
BSB: 067 950
ACC: 00 00 4265
Reference: Seven Hills - 6035

SECOND COLLECTION or Planned Giving Program

On behalf of the Parish Community, I would like to thank you very much for your ongoing support, which has been absolutely vital in keeping our Parish going strong. Projects completed include the Hall Kitchen renovation, Parish Meeting Room painting, Parish Office and Meeting Room Roof painted, Church roof cleaned and ceiling repaired and painted.

ON-LINE BANK DONATIONS

Account Name: Seven Hills Catholic Church.

BSB: 067 950
ACC: 000552
Reference: (Your **Planned Giving envelope number** or for a one off donation, 'DONATION')

IN-PERSON BANK DEPOSIT (at a Bank Inst / Branch)

Account Name: Seven Hills Catholic Church
BSB: 062 315
ACC ID # 00901486
AGENT # 660

SMART DEVICE TERMINALS

All donations made via these new machines are shared 50/50 with our Diocese.

THE PILGRIM STATUE OF OUR LADY OF LOURDES

The Statue of Virgin Mary is available for home visitation and will reside with you for a week, being Sunday to Saturday. If you are wishing to participate, please leave your name and address with the Parish Office or contact Maryse Angseesing on 0467 701 010.

FIRST READING *A reading from the book of Genesis 14:18-20*

Melchizedek king of Salem brought bread and wine; he was a priest of God Most High. He pronounced this blessing: 'Blessed be Abraham by God Most High, creator of heaven and earth, and blessed be God Most High for handing over your enemies to you.' And Abraham gave him a tithe of everything.

The word of the Lord.

RESPONSORIAL PSALM

(R) You are a priest for ever, in the line of Melchizedek.

- | | |
|---|--|
| 1. The Lord's revelation to my Master:
'Sit on my right:
I will put your foes beneath your feet.' (R.) | 3. A prince from the day of your birth on the
holy mountains;
from the womb before the daybreak
I begot you. (R.) |
| 2. The Lord will send from Zion
your sceptre of power:
rule in the midst of all your foes. (R.) | 4. The Lord has sworn an oath he will not change.
'You are a priest for ever,
a priest like Melchizedek of old.' (R.) |
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SECOND READING *A reading from the letter of St Paul to the Corinthians 11:23-26*

This is what I received from the Lord, and in turn passed on to you: that on the same night that he was betrayed, the Lord Jesus took some bread, and thanked God for it and broke it, and he said, 'This is my body, which is for you; do this as a memorial of me.' In the same way he took the cup after supper, and said, 'This cup is the new covenant in my blood. Whenever you drink it, do this as a memorial of me.' Until the Lord comes, therefore, every time you eat this bread and drink this cup, you are proclaiming his death.

The word of the Lord.

GOSPEL ACCLAMATION

Alleluia, alleluia!

I am the living bread from heaven, says the Lord;
whoever eats this bread will live for ever.
Alleluia!

GOSPEL *A reading from the holy Gospel according to Luke 9:11-17*

Jesus made the crowds welcome and talked to them about the kingdom of God; and he cured those who were in need of healing.

It was late afternoon when the Twelve came to him and said, 'Send the people away, and they can go to the villages and farms round about to find lodging and food; for we are in a lonely place here.' He replied, 'Give them something to eat yourselves.' But they said, 'We have no more than five loaves and two fish, unless we are to go ourselves and buy food for all these people.' For there were about five thousand men. But he said to his disciples, 'Get them to sit down in parties of about fifty.' They did so and made them all sit down. Then he took the five loaves and the two fish, raised his eyes to heaven, and said the blessing over them; then he broke them and handed them to his disciples to distribute among the crowd. They all ate as much as they wanted, and when the scraps remaining were collected they filled twelve baskets.

The Gospel of the Lord



GOSPEL REFLECTION - *Corpus Christi Luke 9:11-17*

Today's Gospel recounts the story of how Jesus satisfies the hunger of a large multitude with just a few fish and a few loaves of bread. Focusing on the great number of people Jesus fed, we often overlook another significant detail.

Before giving the food to the people to eat, Jesus raised his eyes to heaven and pronounced a blessing on it (said grace). This blessing was a very important part of every Jewish meal because a pious Jew would not dare eat without first giving thanks to God who gives us all good things.

Although God does not need our thanks, giving him thanks before we eat is a very appropriate response for all he has given us. Recall how you feel when you give something to someone and that person does not acknowledge your gift. The disappointment is bad enough when the ungrateful recipient is a stranger or someone you do not know very well but it is much more acute when the person is someone you love. In such a case, because the gift is an expression of your love, it is easy to feel it is your love, not just the gift, that the person does not appreciate.

With this in mind, we can readily understand how God feels when we fail to give thanks to him for all the gifts he has so tenderly bestowed on us. Because of his great love for us, the pain and the disappointment God feels when we are ungrateful is acute. Our callousness can only communicate to him how little we value his many expressions of love.

Today, on the Feast of Corpus Christi (which is Latin for "Body of Christ"), we celebrate and give thanks to God for the gift of the body and blood of his Son. Since the days of the early Church, Christians have understood the story in today's Gospel to be symbolic of the celebration of the Eucharist. Scripture scholars believe this is the main reason why it is the only story we find in all four of the Gospels.

The greatest gift God could have given us is the gift of his Son, Jesus. Because of his immense love for us, he continues to give us this gift in the form of bread and wine. We take time today to thank God in a special way for this great gift, the gift of his love.

For Reflection-

Some people who say grace before meals at home will not do so at a restaurant. Is this right? Would you say grace in a public place? Why or why not?

PARISH NEWS...

FR HENRY'S ANNUAL LEAVE

Fr Henry is on annual leave for a month from the 3rd of June. Frs Viet Huy Nguyen SJ and Kevin Walsh are so kind to help say Masses for our parish during his absence. Please make them feel welcome in our Parish Community. In case of an emergency, please contact our neighbouring Parishes for assistance.

MINISTRY ROSTER UPDATE

Thank you to those who submitted their updated roster forms. Preparation of rosters for the various ministries for August 2025-January 2026 is currently underway and will be available for distribution shortly.

JOURNEY OF HOPE JUBILEE CONCERT: 26 JULY

The Ateneo Alumni Association of Australia (AAAA) invites all to the "Journey of Hope" Jubilee Concert to showcase an inspiring afternoon of music that speaks to the soul and a beautiful message of hope. The concert will take place on Saturday, 26th of July 2025 12:30pm-3pm at Club Burwood Group - Club Burwood RSL, Club Burwood & Croydon Park Club, Entertainment Dome, 97 Shaftesbury Road, Burwood. Tickets are \$25 each and all proceeds will go to the AAAA Scholarship Program for scholars in the Philippines in collaboration with the Tanging Yaman Foundation and Peregrinus which includes members of Maximilian's Chorale. Link to book tickets: <https://www.trybooking.com/CZXKB>. For more inquiries contact Ian Epondulan: 0401 161 264 or ian_ube@hotmail.com

AN IMPORTANT REMINDER

Please show your deepest respect for our House of God at Seven Hills by not bringing any food into the church, that includes the crying room. Parents are always encouraged to bring soft toys and crayons for children to work with our weekly bulletin.

PARISH PLANNED GIVING ENVELOPE PROGRAM

All those who have registered for 2025/2026 envelopes they are now available to pick up from the back of the Church. If you wish to continue donating online, please add your planned giving number or for a one off donation, ref. Donation. Thank you for your contribution to our Parish.

THE GROTTTO: OLOL JUNIOR YOUTH GROUP

On Trinity Sunday we had our junior youth group, The Grotto where we learned about the Sacred Heart of Jesus for the month of The Sacred Heart. We had heart-shaped food and made prayer cards with our thumb prints. Thanks to all who came, details for the next Grotto will come soon! To keep up to date with all the latest junior youth news, search 'OLOL Youth Ministry' on Facebook or visit [ololyouth7hills](https://www.ololyouth7hills.com) on Instagram.

BECOME A CATECHIST AN SRE VOLUNTEER

SRE's are parish volunteers who: Teach and share their faith with children who attend government schools; Have an hour per week to prepare and share their time with young people. OLOL SRE's go into Seven Hills, Seven Hills North, Bert Oldfield, Vardys Road State primary schools School. New volunteer SRE's will be given support, training and teaching materials. Further enquiries please kindly contact Anne McNally 0466 993 159

TONGAN YOUTH FESTIVAL

Every Tuesday and Thursday evening till the end of July, the Tongan Youth of Seven Hills will be running a series of dance practices for the Tongan Youth Festival that is to be held on Saturday, 26th July 2025. Mass 12pm at Sacred Heart Parish, Mount Druitt Festival - Plumpton Hall 4pm - 9pm. Details for the dance practices: Time: 7:00 – 9:00 PM. If there is Choir practice, it will run from 6:00 – 7:00 PM. Venue: OLOL Seven Hills Parish Hall. All are welcome to come along to watch and be part of this event.

DIOCESAN NEWS

Positions Vacant

- Faith Educator – Confraternity of Christian Doctrine: Diocese of Parramatta
- Cathedral Parish Coordinator: St Patrick's Cathedral, Parramatta
- Healing and Support Counsellor – Safeguarding: Diocese of Parramatta
- Training & Development Specialist – Safeguarding: Diocese of Parramatta
- Senior Facilitator – Parish Engagement Lead: Diocese of Parramatta

More details at: parracatholic.org/about/jobs/

Liturgical Ministry Course Begins September 2025

The Liturgical Ministry Formation Courses will recommence in September 2025 in Blacktown. This free formation is open to anyone in the diocese interested in serving within the Liturgical Ministries either as Extraordinary Ministers of Communion, Ministers of Communion to the Sick and Dying, Readers or Ministers at the Altar. To enrol or for information, please contact the Office for Worship ofw@parracatholic.org or 0460 037 795. Registrations close 19 August, 2025 but spaces are limited so enrol now to avoid disappointment.

JRS Australia 'Free Together' Refugee Week Event: 4 July

You are warmly invited to JRS Australia's Refugee Week event, showcasing stories, art and music shared by refugee leaders of JRS Australia's Refugee Leadership Program. The event will be held on Friday 4 July from 6pm at the St Patrick's Cathedral Hall, Parramatta. Entry cost is a \$10 voluntary donation to cover the costs of dinner for those able to contribute. To RSVP, please visit the below link <https://events.humanitix.com/jrsrefugee-week-2025>.

Children's Liturgy Workshop: 24 July

Are you a part of children's liturgy or looking to get started? Come along to this informative workshop to learn more about the Diocesan guidelines, meet children's liturgy teams from other parishes, and ask any questions you may have about this rewarding ministry. This workshop will be held at Bishop Bede Heather Centre 1-5 Marion St, Blacktown on Thursday 24 July at 7-8:30pm. Please RSVP via the website parracatholic.org/events/OFW by 18 July. For enquiries, please contact ofw@parracatholic.org or 0460 037 795.

LOLO SAFEGUARDING NEWS

Visiting Clergy to OLOL

Visiting Clergy to our Church while Fr Henry is on his leave, uphold the standards and processes here, at OLOL and the Diocese of Parramatta have put in place to ensure the safety of our Community.

Supporting the Safety of Our Community

Our Lady of Lourdes Parish Seven Hills and The Diocese of Parramatta take the safeguarding of children and vulnerable persons seriously. This includes past or present forms of abuse. Safeguarding those who are vulnerable is part of the mission that Jesus Christ entrusts to our Church. We all have a role to play in safeguarding those who are vulnerable. Concerns about safeguarding may be referred to Fr Henry, our Parish Priest, or directly to the: Office for Safeguarding and Professional Standards Ph (02) 8838 3419 or via Email: safeguarding@parracatholic.org.

Maria Nguyen (Bishop Vincent's Mother) funeral details

Funeral details for Maria Nguyen, Bishop Vincent's mother, have been finalised. Her funeral will be held on Friday 20 June at Our Lady of La Vang Shrine, Melbourne, 10.30am. The livestream to watch the funeral can be viewed here: <https://youtube.com/live/2EJoVHrxWmk>

CYP LIFTED Retreat (18-35s): 27-29 June

All young people from the Diocese of Parramatta are warmly invited to join us for this transformative experience. This 3 day retreat will be held at the Collaroy Centre, 22 Homestead Ave, Collaroy. Cost applies. Learn more and express your interest: parracatholic.org/events/cyp-lifted-retreat-june/

Jubilee of Youth Pilgrimage Commissioning Mass: 6 July

Join us on 6 July for 6pm Mass at St Patrick's Cathedral Parramatta, as we pray for the youth pilgrims who will travel overseas for this year of Jubilee, as Pilgrims of Hope. All welcome.

CYP LIFTED Retreat (Year 10-12s): 8 July

Catholic Youth Parramatta hosts an annual LIFTED Retreat, a spiritually enriching weekend designed to connect, support and nourish the young people of the Diocese of Parramatta. This retreat is open to Year 10–12 students (ages 16–17), and will be held on 8 July (10am–3pm) at Don Bosco Youth & Recreation Centre, 10 Mamre Rd, St Marys.

Register: parracatholic.org/events/cyp-lifted-retreat-8-july/

SHRINES OF OUR LADY (18th Aug- 3rd September 2025)- Few more seats are available

Fr Johnson Malayil, CRS, Glenmore park parish would like to invite you for a 16-day Jubilee pilgrimage, departing on the 18th of August 2025. This pilgrimage features Fatima, Avila, Loyola, Lourdes, Turin, Milan, Padua, Assisi, Rotondo, and Rome for an all-inclusive price of \$8890 plus tips (30+ pilgrims). The fare includes Return Economy Airfares plus Local Transfers in Deluxe coaches + Stay in 4-star Premium Hotels, Catholic priest, Meals + English speaking professional guides + Entrances as per itinerary and more. For inquiries and bookings call 03 8839 6615 or email us at pilgrimage@magiholidays.com.au

Face to Face Renewal Safeguarding Training at Our Lady of Lourdes Parish.

If missed any of the face to face training held at our parish, you can complete these modules independently at times convenient to you via <https://learning.safeguarding.org.au>.

LOLO Volunteer Responsibilities

Volunteers here at OLOL have a responsibility to support the Diocese's goals and objectives. Ways we do this are by abiding by the Diocese's Code of Conduct; treating others with respect; behaving appropriately and courteously to all clergy, employees, volunteers, parishioners, contractors and the public in the course of your role; undertaking training as requested or necessary; treating confidential any personal information learned about in the course of duties; maintain professional relationships within acceptable boundaries; contributing to and maintaining workplace health and safety and being aware of the duty of care to yourselves, clergy, employees and other volunteers.

HOMILY OF THE HOLY FATHER LEO XIV

Solemnity of the Holy Trinity, 15 June 2025

Dear brothers and sisters,

In the first reading we heard these words: “Thus says the wisdom of God: The Lord possessed me, the beginning of his ways, the forerunner of his prodigies of long ago. When the Lord established the heavens I was there then was I beside him as his craftsman, and I was his delight day by day, playing before him all the while, playing on the surface of his earth; and I found delight in the human race” (*Prov* 8: 22, 27, 30-31) For Saint Augustine, the Trinity and wisdom are intimately connected. Divine wisdom is revealed in the Most Holy Trinity, and wisdom always leads us to truth.

While we are celebrating today the Solemnity of the Most Holy Trinity, we are also marking the *Jubilee of Sport*. This combination of *Trinity* and *Sport* is somewhat unusual, yet the juxtaposition is not inappropriate. Every good and worthwhile human activity is in some way a reflection of God’s infinite beauty, and sport is certainly one of these. For God is not immobile and closed in on himself, but activity, communion, a dynamic relationship between the Father, the Son and the Holy Spirit, which opens up to humanity and to the world. Theologians speak of *perichoresis*: the life of God is a kind of “dance”: a dance of mutual love.

This dynamism of God’s inner life gives birth to life. We were created by a God who finds joy in giving existence to his creatures, who “delights” in our world, as the we heard in the first reading (cf. *Prov* 8:30-31). Some Fathers of the Church go so far as to speak of a *Deus ludens*, a God who “plays” (cf. SAINT SALONIUS OF GENEVA, *In Parabolas Salomonis expositio mystica*; SAINT GREGORY NAZIANZEN, *Carmina*, I, 2, 589). Sport can thus help us to encounter the Triune God, because it challenges us to relate to others and with others, not only outwardly but also, and above all, interiorly. Otherwise, sport becomes nothing more than an empty competition of inflated egos.

Here in Italy, spectators at sporting events often cheer athletes on by shouting out, “*Dai!*” (Come one!). The Italian word, however, means, literally, “*Give!*” This can give us cause to reflect. Sports are not only about physical achievements, however extraordinary, but also about giving of ourselves, putting ourselves “in play”. It is about giving of ourselves for others – for our personal improvement, for our athletic supporters, for our loved ones, our coaches and colleagues, for the greater public, and even for our opponents. Being a “good sport” is more important than winning or not. [Saint John Paul II](#) – himself, as we know, a sportsman – put it this way: “Sport is joy of life, a game, a celebration. As such, it must be fostered by recovering its sheer gratuity, its ability to forge bonds of friendship, to encourage dialogue and openness towards others quite apart from the harsh laws of production and consumption and all other purely utilitarian and hedonistic approaches to life” (*Homily for the Jubilee of Sports*, 12 April 1984). From this standpoint, let us reflect on three particular things that make sport, nowadays, a precious means for training in human and Christian virtues.

First, in a society marked by *solitude*, where radical individualism has shifted the emphasis from “us” to “me”, resulting in a deficit of real concern for others, sport especially team sports – teaches the value of cooperating, working together and sharing. These, as we said, are at the very heart of God’s own life (cf. *Jn* 16:14-15). Sport can thus become an important means of reconciliation and encounter: between peoples and within communities, schools, workplaces and families.

Second, in an increasingly *digital society*, where technology brings distant people closer together, yet often creates distances between those who are physically close, sport proves a valuable and concrete means of bringing individuals together, providing a healthier sense of the body, of space, effort and real time. It counters the temptation to escape into virtual worlds and it helps to preserve a healthy contact with nature and with real life, where genuine love is experienced (cf. *1 Jn* 3:18).

Third, in our *competitive society*, where it seems that only the strong and winners deserve to live, sport also teaches us how to lose. It forces us, in learning the art of losing, to confront one of the deepest truths of our human condition: our fragility, our limitations and our imperfections. This is important, because it is through the experience of these limits that we open our hearts to hope. Athletes who never make mistakes, who never lose, do not exist. Champions are not perfectly functioning machines, but real men and women, who, when they fall, find the courage to get back on their feet. [Saint John Paul II](#) hit the mark when he said that Jesus is “the true athlete of God” because he defeated the world not by strength, but by the fidelity of love (cf. [Homily at the Mass for the Jubilee of Sportsmen and Sportswomen](#), 29 October 2000).

It is no coincidence that sport has played a significant role in the lives of many saints in our day, both as a personal discipline and as a means of evangelization. We can think of Blessed Pier Giorgio Frassati, the patron saint of athletes, who will be canonized later this year on 7 September. His straightforward and luminous life reminds us that, just as no one is born a champion, no one is born a saint. It is daily training in love that brings us closer to final victory (cf. *Rom* 5:3-5) and enables us to contribute to the building of a new world. [Saint Paul VI](#) also observed this, twenty years after the end of the Second World War, when he reminded the members of a Catholic athletic association how much sports had helped to restore peace and hope in a society devastated by the consequences of war (cf. *Address to the members of the C.S.I.*, 20 March 1965). He went on to say: “Your efforts are directed at the formation of a new society..., in the recognition that sport, by virtue of the sound educational values it promotes, can be a most useful means for the spiritual elevation of the human person, the primary and indispensable condition for an orderly, peaceful and constructive society.”

Dear athletes, the Church entrusts you with a beautiful mission: to reflect in all your activities the love of the Triune God, for your own good and for that of your brothers and sisters. Carry out this mission with enthusiasm: as athletes, as trainers, as associations and groups, and within your families. [Pope Francis](#) liked to point out that the Gospel presents the Virgin Mary as ever active, on the move, even “running” (cf. *Lk* 1:39), ever ready, as mothers are, to set out at a sign from God to help her children (cf. [Address to the Volunteers of World Youth Day](#), 6 August 2023). Let us ask her to accompany our effort and enthusiasm, and to guide it always toward the greatest victory of all: the prize of eternal life on that playing-field where games will never end and our joy will be complete (cf. *1 Cor* 9:24-25; *2 Tim* 4:7-8).

POPE LEO XIV GENERAL AUDIENCE

General Audience of 18 June 2025 - Cycle of Catechesis – Jubilee 2025. Jesus Christ our Hope. II. The life of Jesus. The Healings. 10. The healing of the paralytic. "When Jesus saw him lying there and knew that he had been ill for a long time, he said to him, "Do you want to be well?""

Dear brothers and sisters,

Let us continue to contemplate Jesus who heals. In a particular way, I would like to invite you to think about the situations in which we feel "blocked" and stuck in a dead end. At times, in fact, it seems to be pointless to continue to hope; we become resigned and no longer have the desire to fight. This situation is described in the Gospels with the image of paralysis. This is why today I would like to dwell on the healing of a paralytic, narrated in the fifth chapter of the Gospel of Saint John (5:1-9). Jesus goes to Jerusalem for a feast of the Jews. He does not immediately go to the Temple; instead, he stops at a door, where the sheep were probably washed before being offered as a sacrifice. Near this door there were also many sick people who, unlike the sheep, were excluded from the Temple because they were considered unclean! And so it is Jesus himself who reaches out to them in their suffering. These people hoped for a miracle that might change their fate; indeed, next to the door there was a pool, whose waters were considered thaumaturgical, that is, capable of healing: at certain moments the water would stir and, according to the belief of the time, whoever immersed themselves first would be healed. In this way a sort of "war among the poor" came to be created: we can imagine the sorry scene of these sick people who wearily dragged themselves to enter the pool. That pool was called *Betzatà*, which means "house of mercy": it could be an image of the Church, where the sick and the poor gather and where the Lord comes to heal and give hope. Jesus specifically addresses a man who has been paralyzed for some thirty-eight years. By now he is resigned, because he never manages to immerse himself in the pool when the water stirs (cf. v. 7). In effect, what paralyzes us, very often, is disappointment. We feel discouraged and risk falling into apathy. Jesus asks the paralytic a question that may seem superfluous: "Do you want to be well?" (v. 6). Instead, it is a necessary question, because when one is stuck for so many years, even the will to heal may fade. Sometimes we prefer to remain in the condition of sickness, forcing others to take care of us. It is sometimes also an excuse for not deciding what to do with our lives. Jesus instead takes this man back to his truest and deepest desire. Indeed, this man replies in a more articulate way to Jesus' question, revealing his true vision of life. He says first of all that he has no-one to immerse him in the pool: so he is not to blame, but the others who do not take care of him. This attitude becomes the pretext for avoiding responsibility. But is it really true that he had no-one to help him? Here is Saint Augustine's enlightening answer: "Truly he had need of a 'man' to his healing, but that 'man' one who is also God. ... He came, then, the Man who was needed: why should the healing be delayed?". The paralytic then adds that when he tries to immerse himself in the pool, there is always someone who arrives before him. This man is expressing a fatalistic view of life. We think that things happen to us because we are not fortunate, because destiny is against us. This man is discouraged. He feels defeated in the struggle of life. Instead, Jesus helps him to discover that his life is also in his hands. He invites him to get up, to raise himself up from his chronic situation, and to take his stretcher (cf. v. 8). That mat is not to be left or thrown away: it represents his past of sickness, his history. Until that moment, the past had blocked him; it had forced him to lie like a dead man. Now it is he who can take that mat and carry it wherever he wishes: he can decide what to make of his history! It is a matter of walking, taking responsibility for choosing what road to take. And this is thanks to Jesus!

Dear brothers and sisters, let us ask the Lord for the gift of understanding where our life is stuck. Let us try to give voice to our desire to be healed. And let us pray for all those who feel paralyzed, who do not see a way out. Let us ask to return to dwell in the Heart of Christ, which is the true house of mercy!

APPEAL

Dear brothers and sisters,

The Church is brokenhearted at the cry of pain rising from places devastated by war, especially Ukraine, Iran, Israel and Gaza. We must never get used to war! Indeed, the temptation to have recourse to powerful and sophisticated weapons needs to be rejected. Today, when "every kind of weapon produced by modern science is used in war, the savagery of war threatens to lead the combatants to barbarities far surpassing those of former ages" (SECOND VATICAN COUNCIL, Pastoral Constitution *Gaudium et Spes*, 79). For this reason, in the name of human dignity and international law, I reiterate to those in positions of responsibility the frequent warning of [Pope Francis](#): War is always a defeat! And that of [Pope Pius XII](#): "Nothing is lost with peace. Everything may be lost with war."

Greeting:

I greet all the English-speaking pilgrims and visitors taking part in today's Audience, particularly the groups from England, Northern Ireland, Norway, Cameroon, Australia, Hong Kong, Japan, Indonesia, the Philippines, Singapore, Vietnam, Canada and the United States of America. My special greeting goes to the members of the "HOPE80" international delegation at the start of the "Flame of Hope" pilgrimage as they seek to promote reconciliation and peace in this year marking the 80th anniversary of the end of the Second World War. May the light of divine love and fraternity always burn brightly in the hearts of the men and women of our one human family. Upon all of you, and upon your families, I invoke the Lord's gifts of wisdom, strength and joy. God bless you.

Summary of the Holy Father's words:

Dear Brothers and Sisters,

In our continuing catechesis on the Jubilee theme of "Jesus Christ our Hope", we now consider Jesus' miraculous cure of the paralytic at the pool of Bethesda. Many physically disabled people came to bathe there in hope of a cure, yet Jesus chose that man, who had been paralyzed for thirty-eight years and was unable to enter the pool by himself. Jesus' question to him – "Do you want to be healed?" – was penetrating. It challenged the paralytic's sense of helplessness and resignation, and invited him to hope that his life could be changed. Jesus tells him to stand, take up his mat and walk. The mat was in fact the symbol of the man's past paralysis, physical and spiritual, which he can now accept and leave behind as he begins his new life. In this Jubilee of hope, may we remember in our prayers all those who suffer and feel tempted to discouragement. Whatever problems or setbacks we may face in life, let us turn to Jesus, acknowledge our desire for healing, and accept his promise of freedom and newness of life.

GENERAL NOTICES...

NEW TO OUR LADY OF LOURDES? HOW CAN WE SERVE YOU?

Welcome. Wherever you are in your faith journey, it is great to have you. Please visit our website or call the parish office. We're here to serve you. www.olol7hills.org.au

FOLLOW US ON FACEBOOK <https://www.facebook.com/LOL7Hills/>

SICK AND/OR HOMEBOUND?

Would you like to receive Communion? Or seriously ill or in danger of death? We have dedicated ministers who can visit and bring you communion. Feel free to approach or call Fr Henry for the Holy Anointing of the Sick. Please call the parish office 9622 2920

FUNERALS

When a Funeral is to be celebrated, please contact the parish office to organise a meeting with Fr Henry. Funerals are not permitted on Sundays or Holy Days of Obligation.

BAPTISM

Parents desiring Baptism for their children are encouraged to contact the parish office to arrange for the required preparation class for parents.

MASS INTENTIONS

All Mass intentions must be submitted to the Parish Office on or before Thursday. Names will be published for 4 weeks at a time.



LOURDES OVER 50s GROUP

Over 50s meeting Thursday 10th July 2025, 10.30am– 1pm in the Parish Hall. Please bring a plate to share.

LOURDES: LUMINATE YOUNG ADULTS GROUP

The next group night will be in June. If you would like more information please contact Ian Epondulan: youtholol7h@gmail.com or search 'Lourdes 7Hills Young Adults' on Facebook.

THE GROTTA: OLOL JUNIOR YOUTH GROUP

We invite children aged 9-14yrs old to join our Parish junior youth group on every third Sunday of the month. For information please contact Diana Park via email: dianap@olol7hills.com.au or visit [ololyouth7hills](https://www.instagram.com/ololyouth7hills) on Instagram or search 'OLOL Youth Ministry' on Facebook.

LOURDES PLAYGROUP

OLOL Parish playgroup is a fun playtime for children aged 0 to 5 years old and their carers. It is held every Friday morning during school terms 9.00am-11.00am in the Parish Meeting Room. For further information please contact Maria Hosni 0432 174 056 or the Parish Office.

LEGION OF MARY

Thursdays at 1.30pm in the Parish Meeting Room. All Welcome.

Christ Catholic Community Prayer Group

Thursdays at 9.30am in the Parish Meeting Room. All Welcome

Vinnies Support Centres Are Available To Those In Need

The St Vincent de Paul Society has members and community-focused Vinnies Support Centres right across NSW. They provide people in immediate crisis with assistance. If you need assistance, call 131812 (option 3) to be redirected to your nearest Vinnies Support Centre. To find out more about the support that is available, visit <https://www.vinnies.org.au/nsw/find-help>. If you'd like to contribute to helping those in need in the local community through the St Vincent de Paul Society, please email Reno Abela at rael24@gmail.com.

OFFERTORY PROCESSION FOR OUR WEEKEND MASSES

With the intention to help our community to get more involved at Mass and better appreciate our share in the priesthood of the faithful, meaning our call to be priests, prophets and kings or queens of Jesus through baptism that Fr David Orr reminded us in our Parish retreat, I would like to invite all our parishioners to take part in the offertory procession, especially families that have some special celebrations in the families, such as baptisms, birthdays, wedding anniversaries, or death anniversaries. Please see Fr Henry or Ernie before Mass to arrange it.

July 2025

4	Last Day of School Term 2	
9	Parish Pastoral Council Meeting	7.30pm
10	Over 50's Group Meeting	10.30am

OLOL MINISTRY ROSTER

Acolytes, Ministers, Readers and Altar Servers, please remember to arrive 15 minutes before the beginning of Mass.

21/22 June

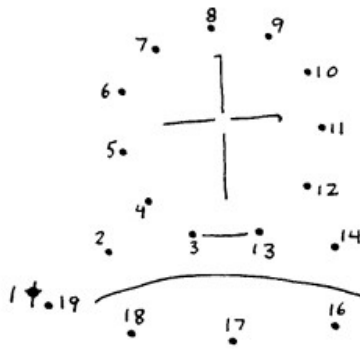
Acolytes	Vigil: Darryl Green 8am: Eugene Miu 9.30am: Ryan Epondulan
Ministers	Vigil: N. Shami, B. Motha 8am: M. Santos, A. McNally 9.30am: P. Gow, G. Basili
Readers	Vigil: A. Franco, A. Punch 8am: A. Pushparajan, K. Walker 9.30am: J. Nonato, A. Han
Altar Servers	Vigil: Julian & Orlando Martinez, C. Bellamin 8am: Volunteer 9.30am: Kiyana Cassaniti & Volunteer
Morning tea (after 9.30am Mass)	Couples for Christ
Musicians	Vigil: Nina's Group 8am: Christine Woodward 9.30am: Nina's Group
Flowers	Fenty & Mary
Church Cleaning	25 June Jessie Borg Anne McNally Edgardo Barcelon
Welcomers	Vigil: Judith Deloso 8am: Volunteer 9.30am: Volunteer

28/29 June

Acolytes	Vigil: Derick Soares 8am: Ernie Gartner 9.30am: Fayelene Kennedy
Ministers	Vigil: M. Mifsud, J. Sarmiento 8am: Edith Gartner, F. Paiva 9.30am: Kilifi & Kamela Huihui
Readers	Vigil: Yxaak & Yxavel Dino 8am: K. Walker, J. Mai 9.30am: Z. Smith, L. Rigney
Altar Servers	Vigil: C. Bellamin, E. Reardon, M. Gluvic 8am: Harrison Winter 9.30am: A. Melki, C. Attard, L. Sadipoor
Morning tea (after 9.30am Mass)	Maximilian Chorale
Musicians	Vigil: Shaun Jyostna & Chris 8am: Christine Woodward 9.30am: Maximilian Chorale
Flowers	Team
Church Cleaning	3 July Lourdes Spiteri Edgardo Barcelon
Welcomers	Vigil: Ram Ugre 8am: Anne McNally 9.30am: Edgardo Barcelon

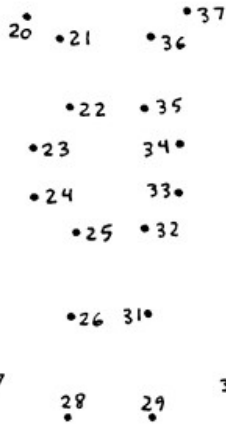
The Kids' Bulletin

Feast of the Body and Blood of Christ
Sunday June 22nd, 2025



*Today is the feast
day of the
Body and Blood
of Jesus.*

*When He died
on the cross
He offered up
His Body and
Blood for us.*



*Jesus also gave
us His Body and
Blood to eat and
drink at the Last
Supper.*

*Connect the dots
to see where He
comes to us now!*

Luke 9.11b-17

ANOTHER NAME FOR TODAY'S FEASTDAY IS

C _____ CH _____

WPYOUTPAREOWKIAPJIEWO

BMELCHIZEDEKOWK

You are a
priest for ever,
in the line of
Melchizedek.

PRIESTPWFORLEVER

PWTINOTHEPLINEOOFPWIEJAISM

E Y Q E H O M L R C P C U R E D Z A
S D E S E R T E D O R V F I S H L V
V Z Z S A R E L R U O F O O D H O S
Q I O M L Q Q L G N V X J W H X A J
U T L A E F B O E T I X C O E P V K
G N W L D A A D V R S T B R D A E F
W C I O A H S G A Y I V W R O U S I
D U H D A G K E G S O K J E O W T L
C F I V E K E T W I N U K P L K D L
T W E L V E T S P D S M D E X V E E
X B D K W L S Z Q E H E A V E N E D
Y L I L K I N G D O M I Y F I L A M

Find the following words in the puzzle.
Words are hidden → ↓ and ↘ .

BASKETS
BROKE
COUNTRYSIDE
CROWD
CURED
DESERTED
FILLED

FISH
FIVE
FOOD
HEALED
HEAVEN
KINGDOM
LOAVES

LODGE
PROVISIONS
TWELVE
TWO
VILLAGES

