

OUR LADY OF LOURDES

PARISH OF SEVEN HILLS

"Still a wonderful place to pray & stay."

7 Grantham Road, Seven Hills. NSW. 2147

Ph. 9622 2920

Email: secretary@lol7hills.com.au

Parish Priest: Fr Henry Huu Duc Tran

Parish Office Team: Rosie Sadipoor, Kim Dang, Frank Paiva, Laura Ilioski

Office Hours: Tuesday-Friday 9am - 3.00pm

WEEKDAY MASS: Tues, Wed, Fri. 8.00am
Thursday 9.00am

WEEKEND MASS: Saturday Vigil 6pm
Sunday 8am & 9.30am

Parish School: OLOL 8869 6800

Principal: Ms Keiran Byrnes

Reconciliation: Saturday 4:30-5:30pm

Baptismal Preparation: 15 July 2026

Baptism: 12 July 2026

Sacrament Co-Ordinator: Mrs Artelle Lenthall

Youth Co-Ordinator: Diana Park

Parish Website: www.olol7hills.org.au

Facebook <https://www.facebook.com/LOLOL7Hills/>

THE MOST HOLY TRINITY

31 MAY 2026 • Year A



Let us Pray for the Sick

Anna, Florence Arinanan, Lorenzo Balabat, Max Barrett, Luigi Bertinato, Irene Cabasa, Alma Caguimbal, Mary Camilleri, Joyce Cassar, John Crowther, Lawrence Charles, Hoa Chau, Mary Cortis, Pandora Crew, Emilio Cruz, Lucretia Deang, James Debattista, Christian Detera, Ben Dixon, Para Dias, Lucia Fernando, Renuka Fernando, Philippe Honore, Odette James, Mary Jordan, Takis Karapatsakis, Theresa Marini, Sandra & Kenny Mahoney, Susie Manga, Melissa Mead, Blago Milicevic, Ruben Mina, Zeferino Jayson Morales, Gary Morrissey, Yvo Periera, Michelle Pellicano, Maricar Poblete, Debra Price, Camy Ratnam, Arabella Steele, Sue Tipaldo, Chandra Sampantham, Caroline Stevenson, Vivian Tomines, Chris Wikkramatilake, Natalie Woodward, Rose White.

If you would like to add to our Sick List or know of any Parishioner who is unwell please contact Father Henry or email the Parish Office: secretary@lol7hills.com.au
We can also arrange for Holy Communion or a visit if required.

Let us Pray for the Deceased

Recently Deceased: Gerry Fernandes, Judith Kuestler, Salvatore Marra, James Muscat, Kulaseeli Perera, Daphne Perumal, Roselyne & Erwin Schullter.

Anniversaries: Gregorio Almodovar, T.F. Augustine, Rolilly Burac, Stella Cini, Mary Camenzuli, Cecil Beed, Elenito Bello Carmen, Peter & Helen Bonnici, Jacqueline & Edmond Clarisse, Marcel Diab, Kevin Dougherty, Georgina Falzon, Mark Falzon, Monte Franco, Agostino Fantin, Louisa Fernando, Ngan Siu Eng, Teodora Garcia, Helen Hili, Cameron Jones, Muriel Jordan, David Joseph, Michael Kolosa, Shaeena Landagan, Norma Lorenzo, Felina Maglaya, River August Maglaya, Pietro Marra, Albert Moroney, Irene Moroney, Charles Muscat, Jason Muscat, Gladys Salvia, Jacintha Noronha, Colleen O'Sullivan, Daisy & Max Quenette, Marcel Spetter, Sem Serna, T. Thenmoli, Ben Wijitr Benjabutr, Jason Muscat, Tony Muscat, Felix & Andreanna Muscat.

Remembrance: France Angseesing, Frank & Fortunata Baiada, Genaro Borden, Antonio, Amelia & Germana Bertimato, Sam Borg, Carmela Carbone, Peter & Antonio, Frank, Maurice & Joseph Camenzuli and Camenzuli Family, Mary Camilleri, Joseph, Lim Cho, Maria Dalgado, Modsen Diab, Toufic Diab, Debe Diab, Bede Diab, Sam & Silvia Debattista, Emerenciana Dizon, Anacleto Dizon, Carmen, Jimmy, Antonia, Tania, Tony, Vicki, Louie, Joe & Lancer De Guire, Edmundo Deloso, Maximilian & Julian Epondulan, Jerome Fernandes, Joseph & Carmena Formosa, Evangeline & Leandro Garcia Snr, Jose Garcia, Mario & Joe Gat, Constance Gaycroft, Francisco Giusa, Salatori Giogio, Jeffrey Hunter, Selvam Irudayaraj, Anthony Janicska, J.B, Jonathan Tek Kie, Klare Kinsley, Rosine Lafleur, Mangion & Cini Family, Tessie & Andy Mangine, Maureen & John Mead, Pauline Meilak, Sashin Patrick Manamperi, Joseph & Doris Mifsud, Mary Mifsud, William & Emelia Mifsud, Bertu, Albert, Paul, Louis, Stephen & Joseph Mula and Mula Family, Anton & Lourda Motha, Mary & Francis Muscat, Jason Muscat & family, Jim & Philippa Muscat, Josephine Muscat, Falzon & Muscat families, Leo Ngan, Brian & Lillian Oliver, Eamon & John O'Sullivan, Eustace Ratnam, John & Roseline Ratnam, Chuling Sabale, Cua Sing, John Spiteri, T. Thenmoli, Tony Vassollo, Shane Vaz, Josephine & Alison Vella, Jim Vella, Prescila Villanueva, Mary Zammit.

Names will be published for 2 weeks at a time.

Our Lady of Lourdes

Ever Immaculate Virgin, Mother of mercy, health of the sick, refuge of sinners, comfort of the afflicted, you know my needs, my troubles, my sufferings; cast on me a look of pity. By appearing in the grotto of Lourdes, you were pleased to make it a privileged sanctuary, from which you dispense your favours, and already many sufferers have obtained the cure of their infirmities, both spiritual and physical. I come, therefore, with the most unbounded confidence to implore your maternal intercession. Obtain most loving mother, my requests, through Jesus Christ your Son our Lord.



Amen.

REGULAR COLLECTIONS - First and Second

FIRST COLLECTION is for the support of Priests throughout the Diocese.

ON-LINE BANK DONATIONS

Account name: Parramatta Diocesan Clergy
BSB: 067 950
ACC: 00 00 4265
Reference: Seven Hills - 6035

SECOND COLLECTION or Planned Giving Program

On behalf of the Parish Community, I would like to thank you very much for your ongoing support, which has been absolutely vital in keeping our Parish going strong. Projects completed include the Hall Kitchen renovation, Parish Meeting Room painting, Parish Office and Meeting Room Roof painted, Church roof cleaned and ceiling repaired and painted.

ON-LINE BANK DONATIONS

Account Name: Seven Hills Catholic Church.

BSB: 067 950
ACC: 000552
Reference: (Your *Planned Giving envelope number* or for a one off donation, 'DONATION')

IN-PERSON BANK DEPOSIT (at a Bank Inst / Branch)

Account Name: Seven Hills Catholic Church
BSB: 062 315
ACC ID # 00901486
AGENT # 660

SMART DEVICE TERMINALS

All donations made via these new machines are shared 50/50 with our Diocese

THE PILGRIM STATUE OF OUR LADY OF LOURDES

The Statue of Virgin Mary is available for home visitation and will reside with you for a week, being Sunday to Saturday. If you are wishing to participate, please leave your name and address with the Parish Office or contact Maryse Angseesing on 0467 701 010.

FIRST READING *A reading from the book of Exodus 34:4-6, 8-9*

With the two tablets of stone in his hands, Moses went up the mountain of Sinai in the early morning as the Lord had commanded him. And the Lord descended in the form of a cloud, and Moses stood with him there. He called on the name of the Lord. The Lord passed before him and proclaimed, 'Lord, Lord, a God of tenderness and compassion, slow to anger, rich in kindness and faithfulness.' And Moses bowed down to the ground at once and worshipped. 'If I have indeed won your favour, Lord,' he said, 'let my Lord come with us, I beg. True, they are a headstrong people, but forgive us our faults and our sins, and adopt us as your heritage.'

The Word of the Lord.

RESPONSORIAL PSALM**(R.) Glory and praise for ever!**

- | | |
|---|---|
| 1. You are blest, Lord God of our fathers. (R.)
Blest your glorious holy name. (R.) | 3. You are blest who gaze into the depths. (R.)
You are blest in the firmament of heaven. (R.) |
| 2. You are blest in the temple of your glory. (R.)
You are blest on the throne of your kingdom. (R.) | |

SECOND READING *A reading from the first letter of St Paul to the Corinthians 13:11-13*

Brothers, we wish you happiness; try to grow perfect; help one another. Be united; live in peace, and the God of love and peace will be with you. Greet one another with the holy kiss. All the saints send you greetings. The grace of the Lord Jesus Christ, the love of God and the fellowship of the Holy Spirit be with you all.

The Word of the Lord.

GOSPEL ACCLAMATION

Alleluia, alleluia!

Glory to the Father, the Son, and the Holy Spirit:
to God who is, who was, and who is to come.
Alleluia!

GOSPEL *A reading from the first holy gospel according to John 3:16-18*

Jesus said to Nicodemus, 'God loved the world so much that he gave his only Son, so that everyone who believes in him may not be lost but may have eternal life. For God sent his Son into the world not to condemn the world, but so that through him the world might be saved. No one who believes in him will be condemned; but whoever refuses to believe is condemned already, because he has refused to believe in the name of God's only Son.'

The Gospel of the Lord.





FROM FR. HENRY

Dear friends,

Throughout his life, St Thomas Aquinas wrote a lot about God and has left us with many writings about his favourite subject, especially his Summa Theologica as a summary of his theological works. Surprisingly, he suddenly stopped writing about God in the final months of his life in 1272 after experiencing a profound mystical vision while celebrating the Eucharist. He explained the reason to his secretary, 'I can write no more. All that I have hitherto written seems to me nothing but straw.'

The late Fr Anthony de Mello compared St Thomas' experience with the one of someone who never tasted a green mango before. He went on to write the thesis about green mangoes based on what people told him of their sourness. He was always proud about his knowledge of green mangoes – that they are sour but not sour like vinegar or lemon. He kept going on and on about it, until one day he happened to taste a real one and had to say, 'God, I made a fool of myself. I shouldn't have written that thesis.'

Well, if our famous philosopher cum theologian Thomas Aquinas decided to stay silent about God, who are we to take up such a big task — to say a lot about God, on this Trinity Sunday as we celebrate the mystery of God: The Father, and the Son, and the Holy Spirit kindly revealed to us by Jesus, the Son of God.

Thanks to Jesus, we have been given a glimpse into the divine world with the Father as the Creator. Creating our universe 'a God of tenderness and compassion, slow to anger, rich in kindness and faithfulness'. He revealed himself to Moses in the first reading, the Son, Jesus as the Saviour sent by the Father who loved us so much that he gave him to us to bring us salvation from sin as St John, the evangelist recounted in his Gospel today. The Son in turn, has entrusted to us the Holy Spirit as our Advocate to guide and lead us along His way to reach what we, Jesus' believers, are destined to be, namely our heavenly homeland.

Let us give praise and thanks to God, our Father in heaven for creating us and the wondrous world around us, and Jesus the Son for sacrificing his life to save us from eternal damnation and have the heritage of life eternal, and the Holy Spirit for empowering us with his gifts and continuing to navigate us through the complexity of this world and hopefully attain the place we all long to be, the place Jesus once called 'my Father's house.'
Have a Trinity-oriented week,

Fr Henry

PARISH NEWS...

FR HENRY'S ANNUAL LEAVE

Fr Henry will take annual leave from 3-June to 8-July. In his absence, Frs. Huy SJ, Gerard OFM Cap, Percival OSA, Viet SVD and Larry will support our Parish with Weekday and Weekend Masses. In case of an emergency, please contact the Parish Office for help to get in touch with clergy in one of our neighboring parishes.

REPORT FROM THE IT MINISTRY MEETING

A second, very productive, meeting was held this week. The team scrutinized the existing website and created a list of improvements and new design ideas. These will be worked on in the coming weeks. We welcome others, especially those who have AI exposure, to join.

LOL MINISTRY ROSTER UPDATE - AUG-JAN

The new roster for all ministries for the period August 2026 - January 2027 will be generated soon. Please fill out the form at the rear of the church if you would wish to join a ministry, or if your contact details, mass serving times, or availability dates have changed. Forms can also be downloaded from the LOL website and need to be submitted by 14-June.



This weekend 30/31-May, Vinnies will be holding their annual winter appeal collection. With your support of food, money and warm clothing donations, we can assist the needy this winter. Please refer to the flyer for more info. We are also seeking volunteers as the existing team are getting on in years and due to declining mobility are finding it increasingly difficult to carry out their duties - especially the delivery of items. Please consider joining.

LOURDES PLAYGROUP

Playgroup has resumed for 2026 for a Friday. Children aged 0 to 5yrs old and their carers are invited to come and join our playgroup from 9.00am till 11.00am in the Parish Meeting Room. To attend, please register by 3pm on the Thursday prior via Facebook under 'Lourdes Play Group' or contact Maria on 0432 174 056.

CHURCH VACUUMING

We need extra people to do the church vacuuming once a month for about one hour mostly on a Saturday after the 8.00am Mass or on a Thursday after the 9.00am Mass. If you can help please contact the Parish Office 9622 2920

PARISH BIN ROSTER - VOLUNTEERS REQUIRED

We are seeking volunteers to assist 4 times a year to place the Parish bins on the kerbside (Grantham Road) once a week on Tuesday. Please contact the Parish Office if you are able to help out. *Thank you.*

HALL CANOPY UPDATE

The steel columns have been installed. It will shortly be followed by installation of the roof. During this period, when our upper carpark is closed, our weekday Mass attendees will need to park their vehicles in the lower carpark and walk to the Church. We look forward to your cooperation.

PLANNED GIVING 2026/27 ENVELOPES

Thank you to all 2nd Collection givers for 2025/26. We will be ordering our envelopes for the next financial year shortly and would like to make sure all our details are correct. If you need to change address or bank details or if your family would like to join our planned giving for the next year please contact the Parish Office on 9622 2920 or complete a New Parishioner Form and we can include you. We appreciate the generosity by all our Parishioners.

More Parish news continued overpage...

PARISH NEWS CONTINUED...

LITURGICAL MINISTRY COURSE SEPTEMBER 2026

Those interested in serving within the Liturgical Ministries either as Readers, Extraordinary Ministers of Communion, Communion to the Sick and Dying and Ministers at the Altar, the next intake for Liturgical Ministry Formation Courses will be in September. Enrolment forms are at the back sacristy.

PLEDGE BOOK FOR HALL CANOPY PLAQUE

Thank you to those who signed the Pledge Book for the Hall Canopy Plaque, and for those who wish to sign, this book is located at the Baptismal font. Please register your name, phone number and accurate details on the plaque of 25 letters or less. A leaflet is also available for all to take home to further explain the Plaque Fundraising program.

CHURCH HALL CANOPY RAFFLE

We have started to sell raffle tickets to help fundraise for the canopy construction and tickets continue to be on sale after all Masses in the Church foyer this weekend and the coming ones till 16th August this year, please help to buy the tickets as much as you can, and for those who wish to help distribute the tickets amongst family circles, please feel free to approach the seller on duty and register names and number of books on the record book.

CHURCH HALL CANOPY RAFFLE

1st Prize: Samsung 85" Smart TV – 2nd Prize: \$800 Cash

3rd Prize: \$500 Cash – 4th Prize: \$200 Cash

The raffle will be drawn at the end of the 9.30AM Mass on Sunday 16th August 2026, and we would really appreciate it if you could help buy the tickets or take a few ticket books home to distribute amongst family circles. Many thanks.

PLAQUE PAYMENT

Parishioners who have pledged a plaque are kindly asked to make the \$300 payment online and then email the EFT remittance to secretary@olol7hills.com.au with your plaque wording (MUST be 25 letters or less).

Banking details below:

Account Name: Seven Hills Catholic Church.

BSB: 067 950

ACC: 000552

REF: (your surname) PLAQUE

Alternatively, please contact the parish office during office hours, Tues-Fri 9am-3pm. Thank you for your support.

OLOL SAFEGUARDING NEWS

Visiting Clergy to OLOL

All visiting Clergy to our Church, uphold the standards and processes here, at OLOL and the Diocese of Parramatta have put in place to ensure the safety of our Community.

Privacy and Confidentiality

In your role here at OLOL, you may have access to private and confidential information about our Parish, the Diocese, clergy, employees and parishioners. You are expected to keep this information entirely confidential. This is a legal requirement and also applies to the use of social media and email. Discussing information, you have received during your volunteer role with staff, family, friends or any other volunteers – inside or outside the Parish or Diocese – is not acceptable. From time to time, photos may be taken of you whilst volunteering. If you do not wish your photo to be used, please inform the person taking the photo or through the Parish Office. Permission from a child's parent/guardian must be sought before taking any photographs of children.

Responsibility

The protection of all vulnerable people is not something to be added to the to-do list. All volunteers of the Church have a responsibility to ensure the safeguarding of all peoples. It is everyone's responsibility and it must be embedded into everything that happens in our Church.

DIOCESAN NEWS

Positions Vacant:

- Housekeeper Supervisor – Holy Spirit Seminary, Harris Park
- Parish Secretary – St Patrick's Cathedral, Parramatta

More details at: parracatholic.org/jobs

Corpus Christi Eucharistic Procession: 4 June

This year, for the Feast of Corpus Christi the Diocese of Parramatta and the Maronite Eparchy are coming together for a vibrant Eucharistic Procession from Our Lady of Lebanon Co-Cathedral to St Patrick's Cathedral on Thursday 4 June at 6pm. If you would like to get involved or more information about the event, contact Fr Tom Green, Assistant Parish Priest at Mary Queen of the Family Parish, Blacktown.

Ministry of Care courses: 3-24 June

Those who visit the sick and are involved in the Ministry of Communion to the Sick and Dying in Hospitals, Aged Care Facilities and in Homes are invited to attend this course on the Ministry of Care. The course will take place every Wednesday in June at 7pm at the Bishop Bede Heather Centre, Blacktown. Please register via parracatholic.org/ministry-of-care-courses to reserve your spot. For enquiries, please contact ofw@parracatholic.org or 0460 037 795.

Nominations open for the 2026 Papal & Diocesan Awards

Nominations are now open for the 2026 Papal and Diocesan Awards, recognising individuals – both religious and lay who have made outstanding contributions to the Catholic Church and its community. Do you know someone who deserves to be recognised? Nominations close at midnight 30 June 2026. For information or to submit a nomination, visit parracatholic.org/contribute/papal-diocesan-awards/

Catholic Theological College information session: 15 June

Catholic Theological College is running an online information session on Monday 15 June at 7pm (AEST). In this session participants meet our course advisors and learn about study options at CTC, including the wide range of courses and units that can be undertaken online and/or face-to-face. To learn more and register visit <https://ctc.edu.au/news-and-events/information-sessions/>

When should I complete my Safeguarding Training?

All Clergy, employees and volunteers in parish ministry are required by the NSW Children's Guardian Act 2019 to be current and complete with Safeguarding Training. Check with your Parish Office when you are due to update your Safeguarding Training.

- If you are new to ministry, you must complete the Introductory Modules 1-3 (Cycle 1).
 - If you completed Cycle 1 modules two years ago, you must complete Renewal Modules 4 and 5 (Cycle 2)
- If you renewed your Cycle 2 two years ago, you must complete a Refresher Module 6 (Cycle 3)

Safeguarding Training Modules can always be completed online at <https://learning.safeguarding.org.au/>.

Face-to-face training opportunities can be found at <https://parracatholic.org/connect/events/?series=safeguarding-training>.

Supporting the Safety of Our Community

We all have a role to play in safeguarding those who are vulnerable. Concerns about safeguarding may be referred to Fr Henry, our Parish Priest, or directly to the: Office for Safeguarding and Professional Standards Ph (02) 8838 3419 or via Email: safeguarding@parracatholic.org.

Dear brothers and sisters, happy Sunday!

On this Solemnity of Pentecost, we are called to contemplate the gift of the Holy Spirit, which was poured out in abundance upon the early Church and is bestowed anew upon its members today, granting us light and strength throughout our everyday circumstances. Let us reflect on an image of the Spirit that today's liturgy sets before us: the Spirit opens doors. The Gospel, in fact, tells us that "the doors of the house where the disciples had met were locked for fear of the Jews" (Jn 20:19). At the same time, the book of the Acts of the Apostles tells us that the Spirit came like a mighty wind (cf. Acts 2:2), which opened those doors, impelling the disciples to go out and proclaim the Good News of the risen Christ.

We can ask ourselves: what doors does the Holy Spirit open today?

The first door is that of God himself, for the Spirit gives us access to the mystery of God, as revealed in Jesus Christ. Through the gift of his Spirit, God grants us true faith, helps us understand the meaning of Scripture, reveals himself as our neighbour and allows us to share in his very life. The Holy Spirit helps us to have a personal experience of God, to encounter him in Jesus and not merely in the observance of a law, to recognize him within us, and to discover the signs of his presence in daily life.

The second door is that of the Upper Room, that is, of the Church. Without the fire of the Spirit, the Church remains a prisoner of fear, timid in the face of the world's challenges, closed in on itself, and thus also incapable of entering into dialogue with changing times. The Spirit opens the doors of the Church so that it can be welcoming and hospitable to all, even to those who have closed their doors on God and neighbour, on hope and the joy of living.

As Pope Francis recalled, we are called to be "a Church that blesses and encourages... The doors of the Church are open to everyone" (*Homily at the Opening of the Ordinary General Assembly of the Synod of Bishops*, October 4, 2023). Finally, the Holy Spirit opens the door of our heart, helping us to overcome resistance, selfishness, mistrust and prejudice, while enabling us to live as children of God and brothers and sisters to one another. Where the Spirit of the Lord is, fraternity is born among individuals, groups and peoples of the Earth, and all speak the same language of love, which unites and brings harmony despite our differences.

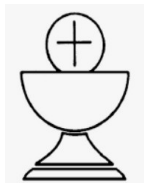
Brothers and sisters, even in our own day, especially on this day of Pentecost, we must invoke the Holy Spirit and ask him to open all the doors that are still closed. We need to rediscover God as the Father who loves us, so that we can form a Church where everyone feels at home, and build a fraternal world where peace reigns among all peoples. Like the first disciples, we entrust ourselves to the intercession of the Virgin Mary, Dwelling of the Holy Spirit and Mother of the Church.

After the *Regina Caeli* prayer:

Today marks the Day of Prayer for the Church in China, which occurs on the feast day of the Blessed Virgin Mary, Help of Christians. She is venerated with great devotion at the Sheshan Shrine in Shanghai. Let us join our prayers with those of Chinese Catholics as a sign of our closeness to them and their communion with the universal Church and with the Successor of Peter.

May the intercession of the Queen of Heaven obtain for the community of believers in China the grace of unity and grant them the strength to bear witness to the Gospel in their daily struggles, so that they may be seeds of hope and peace. In particular, I pray for the eternal rest of the victims of the accident that occurred recently in a mine in northern China. To Mary Most Holy, Help of Christians, we also entrust the Christian communities of the Holy Land, Lebanon and the entire Middle East, who are suffering due to the ongoing conflicts.

And now I extend my greetings to all of you, the faithful of Rome and pilgrims from various countries! In particular, I greet the group of people with disabilities from Poland, as well as the pilgrims who came by bicycle from Kelmis, Belgium – well done!



POPE LEO: Catechesis

The Documents of the Second Vatican Council. III. Constitution *Sacrosanctum Concilium*. 2. *The reform of the liturgy: tradition and development*

Dear brothers and sisters, good morning and welcome!

In the Encyclical *Mediator Dei*, the Venerable Pius XII writes that “the Church is without question a living organism, and as an organism, in respect of the sacred liturgy also, she grows, matures, develops, adapts and accommodates herself to temporal needs and circumstances, provided only that the integrity of her doctrine be safeguarded” (no. 59).

In full accordance with this principle, the Second Vatican Council, in the Introduction to the Constitution *Sacrosanctum Concilium* (SC), recognizes “particularly cogent reasons for undertaking the reform and promotion of the liturgy” (no. 1). The Council assembly was gathered, in fact, with the desire to “impart an ever increasing vigour to the Christian life of the faithful; to adapt more suitably to the needs of our own times those institutions which are subject to change; to foster whatever can promote union among all who believe in Christ; to strengthen whatever can help to call the whole of mankind into the household of the Church” (*ibid.*).

At that moment in history, there was a strong sense of the need for a renewal of the ritual forms through which, for centuries, the Church had glorified God and sanctified the Christian people. Thanks to the Liturgical Movement, the conviction had matured—later expressed by Saint John Paul II—that “a very close and organic bond exists between the renewal of the liturgy and the renewal of the whole life of the Church. The Church not only acts but also expresses herself in the liturgy, lives by the liturgy and draws from the liturgy the strength for her life” (Letter *Dominicae Cенаe*, 13).

To encourage the access of the faithful to the richness of the gifts of grace dispensed by the sacred liturgy, the Constitution *Sacrosanctum Concilium* thus indicates, with a very effective phrase, the direction to take: “That sound tradition may be retained, and yet the way remain open to legitimate progress” (SC, 23). Pope Benedict XVI grasped in this declaration of intent the “reform programme” of the Council Fathers, “a balance between the great liturgical tradition of the past and that of the future”, noting that “tradition and progress are often clumsily opposed”, whereas “actually, the two concepts merge: tradition is a living reality, which therefore includes in itself the principle of development, of progress. It is as if to say that the river of tradition also carries its source in itself and flows towards the outlet” (*Address to participants in the Congress promoted by the Pontifical Athenaeum of Saint Anselm on the 50th anniversary of foundation*, 6 May 2011).

The Council affirms the legitimacy of this progress, rooted in authentic Tradition, distinguishing within the liturgy “immutable elements, divinely instituted” from “elements subject to change [which] not only may but ought to be changed with the passage of time if they have suffered from the intrusion of anything out of harmony with the inner nature of the liturgy or have become unsuited to it” (SC, 21). Changes of this type have taken place constantly over the centuries in order to enable the faithful to participate fruitfully, through ritual actions, in the Paschal Mystery of Christ, the foundation of the Christian faith. The Church’s worship has thus been “embodied” in the cultural forms of each age and has been able to influence them and even transform them. The liturgy has thus been, for centuries, a driving force for evangelization.

Today, this energy must be renewed in continuity with the authentic and living Catholic tradition, that is, in accordance with a dynamic aimed at introducing believers to the fullness of the truth. It is therefore understandable why the Council Fathers recommended that the revision of the rites, when “the good of the Church genuinely and certainly requires them”, must be carried out taking care that “any new forms adopted should in some way grow organically from forms already existing” (SC, 23). For the good of the entire Church, every reform must always be preceded by careful “theological, historical and pastoral” investigation (*ibid.*). The Council Magisterium, in this way, thus calls for the avoidance of confusion amongst the faithful, discouraging anyone from adding, removing or altering anything in liturgical matters on their own initiative (cf. SC, 22). The progress evoked in the Conciliar Constitution in no way compromises ecclesial communion: rather, it seeks to confirm and foster it.

I therefore urge all those called to prepare the celebration of the divine mysteries, in particular priests who exercise the ministry of liturgical presidency, to always uphold that respect for the texts and regulations of the liturgy which springs from an inner attitude of openness and trust in God, manifesting humility before His greatness and sincere fidelity to ecclesial communion.

APPEAL

I am following with concern the war in Ukraine, which has intensified significantly in recent days. I wish to express my solidarity with all those suffering as a result of the recent attacks, which have also targeted civilians. War does not solve problems; it exacerbates them. It does not build security; it multiplies suffering and hatred. Where missiles and drones fall, hopes are crushed, homes and places of worship are destroyed, and innocent lives are cut short.

I entrust all peoples stricken by war to the protection of the Virgin Mary, Queen of Peace.

GENERAL NOTICES...

NEW TO OUR LADY OF LOURDES? HOW CAN WE SERVE YOU?

Welcome. Wherever you are in your faith journey, it is great to have you. Please visit our website or call the parish office. We're here to serve you. www.olol7hills.org.au

SICK AND/OR HOMEBOUND

Would you like to receive Communion? Or seriously ill or in danger of death? We have dedicated ministers who can visit and bring you communion. Feel free to approach or call Fr Henry for the Holy Anointing of the Sick. Please call the parish office 9622 2920

FUNERALS

When a Funeral is to be celebrated, please contact the parish office to organise a meeting with Fr Henry. Funerals are not permitted on Sundays or Holy Days of Obligation.

BAPTISM

Parents desiring Baptism for their children are encouraged to contact the parish office to arrange for the required preparation class for parents.

MASS INTENTIONS

All Mass intentions must be submitted to the Parish Office on or before Thursday. Names will be published for 2 weeks at a time.



LOURDES OVER 50s GROUP

Over 50s meeting Thursday 11th June 2026, 10.30am – 1pm in the Parish Hall. Please bring a plate to share.

LOURDES: LUMINATE YOUNG ADULTS GROUP

For information please contact Ian Epondulan: youtholol7h@gmail.com or search 'Lourdes 7Hills Young Adults' on Facebook.

THE GROTTO: OLOL JUNIOR YOUTH GROUP

We invite children aged 9-14yrs old to join our Parish junior youth group on every third Sunday of the month. For information please contact Diana Park via email: dianap@olol7hills.com.au or visit [ololyouth7hills](https://www.instagram.com/ololyouth7hills) on Instagram or search 'OLOL Youth Ministry' on Facebook.

LOURDES PLAYGROUP

OLOL Parish playgroup is a fun playtime for children aged 0 to 5 years old and their carers. It is held every Friday morning during school terms 9.00am-11.00am in the Parish Meeting Room. For further information please contact Maria Hosni 0432 174 056 or the Parish Office.

LEGION OF MARY

Thursdays at 1.30pm in the Parish Meeting Room. All Welcome.

CHRIST CATHOLIC COMMUNITY PRAYER GROUP

Thursdays at 9.30am in the Parish Meeting Room. All Welcome

Vinnies Support Centres Are Available To Those In Need

The St Vincent de Paul Society has members and community-focused Vinnies Support Centres right across NSW. They provide people in immediate crisis with assistance. If you need assistance, call 131812 (option 3) to be redirected to your nearest Vinnies Support Centre. To find out more about the support that is available, visit <https://www.vinnies.org.au/nsw/find-help>. If you'd like to contribute to helping those in need in the local community through the St Vincent de Paul Society, please email Reno Abela at rabel24@gmail.com.

OFFERTORY PROCESSION FOR OUR WEEKEND MASSES

With the intention to help our community to get more involved at Mass and better appreciate our share in the priesthood of the faithful, meaning our call to be priests, prophets and kings or queens of Jesus through baptism that Fr David Orr reminded us in our Parish retreat, I would like to invite all our parishioners to take part in the offertory procession, especially families that have some special celebrations in the families, such as baptisms, birthdays, wedding anniversaries, or death anniversaries. Please see Fr Henry or Ernie before Mass to arrange it.

JUNE 2026

10	Parish Pastoral Council Meeting	7:30pm
11	Over 50's Group Meeting	10:30am
16	IT Ministry Meeting	7:30pm

OLOL MINISTRY ROSTER

Acolytes, Ministers, Readers and Altar Servers, please remember to arrive 15 minutes before the beginning of Mass.

30/31 MAY

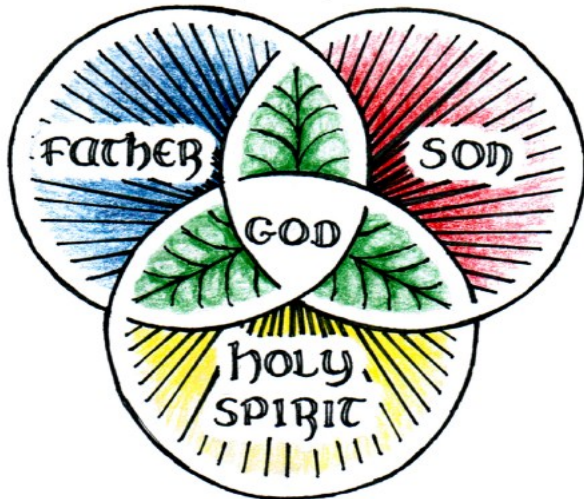
Acolytes	Vigil: Abdel Do Rosario 8am: Frank Paiva 9.30am: Ryan Epondulan	
Ministers	Vigil: D. Green, J. Franco 8am: J. Sarmiento, J. Mai 9.30am: Kamela Huihui, Kilifi Huihui	
Readers	Vigil: C. Rodrigues, N. Do Rosario 8am: P. Ferriols, Volunteer 9.30am: Z. Smith, A. Hye Rin Han	
Altar Servers	Vigil: C. Rodrigues, C. Bellamin, A. Monteiro 8am: Volunteer 9.30am: E. Wright, N. D'Cruz, L. Sadipoor Maximilian Chorale	
Morning tea (after 9.30am Mass)		
Musicians	Vigil: Shaun Jyostna & Chris Woodward 8am: Fr Henry 9.30am: Max's Chorale	
Flowers	Angela, Fennie, Raquel	
Church Cleaning	06 June	Judith Deloso Edgar Cabrera Edgardo Barcelon
Welcomers	Vigil: Volunteer 8am: Volunteer 9.30am: Georgina Basili	

06/07 JUNE

Acolytes	Vigil: Derick Soares 8am: Louis Fernandes 9.30am: Rommel Lagare	
Ministers	Vigil: R. Soares, F. Paiva 8am: L. Fernandes, J. Mai 9.30am: F. Kennedy, B. Motha	
Readers	Vigil: A. Pushparajan, A. Punch 8am: K. Walker, M. Santos 9.30am: E. Pieris, M. Aquino	
Altar Servers	Vigil: A. Monteiro, J. Steele, H. Winter 8am: J. Blackshaw, C. Smith 9.30am: M. Pieris, J. Pieris, L. Sager	
Morning tea (after 9.30am Mass)	Young Adults Group	
Musicians	Vigil: Christine Clark 8am: Christine Woodward 9.30am: Couples for Christ	
Flowers	Fenty & Liz	
Church Cleaning	13 June	Tongan Community Edgardo Barcelon Edgar Cabrera
Welcomers	Vigil: Ram Ugre, Judith Deloso 8am: Volunteer 9.30am: Edgardo Barcelon, Sastina Pieris	

The Kids' Bulletin

Solemnity of the Most Holy Trinity
May 31st, 2026



What does the word "Trinity" say about God?
Use the code to find out!

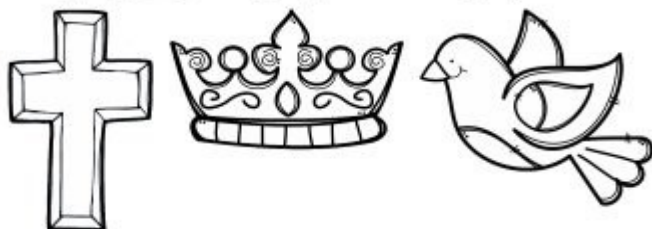
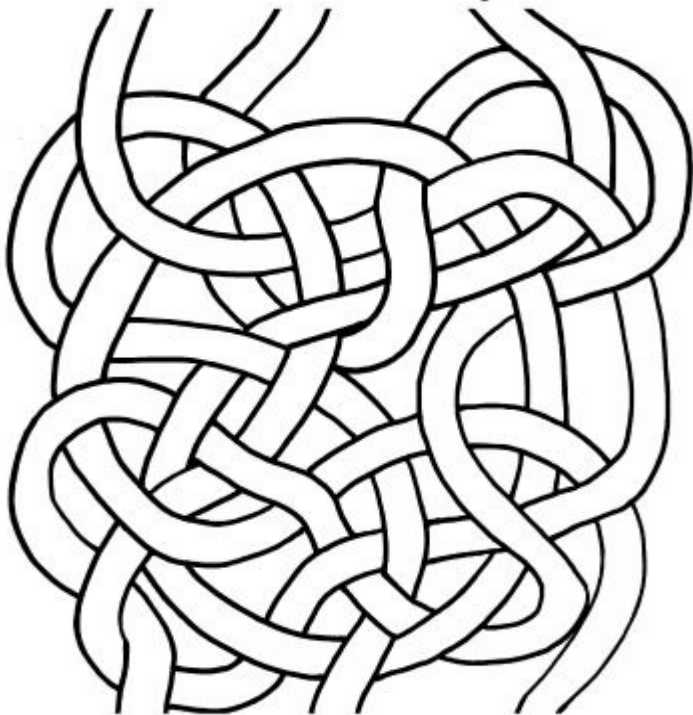
Y H F E E T E F J O A J

I A O A E U O X

D E G H I N O P R S T
X E U H L A O T F J Y

Follow the maze to match each of the 3 persons in 1 God with their symbol.

Father Son Holy Spirit



John 3: 16-18

I M P L X R Q G V F F Z F J F E C W
O P U A K S E H T O S F A T H E R O
C R D G D X E J B R P I F E H A A G
G E S F S I H N O G E B D H O R W J
L C S L M S S E T I A M M E U H K C
Y E P P L G E C C V C R S J S A S B
C I X F I M Q N I E E E E I E N U B
G V X D A R P R D P M H D T N D Q T
F E C J R W I R R B L D O W A S W H
T E H B R E A T H E D E Z L D I M N
V R P B M F E A R N V K S W Y P N D
K J C R D O O R S C Q T Z P W O P E

Find the following words in the puzzle.
Words are hidden → ↓ and ↘ .

- | | | |
|-----------|----------|--------|
| BREATHED | HOLY | SENT |
| DISCIPLES | HOUSE | SIDE |
| DOORS | PEACE | SINS |
| FATHER | RECEIVE | SPIRIT |
| FEAR | REJOICED | |
| FORGIVE | RETAIN | |
| HANDS | SEND | |

FOR GOD SO LOVED
THE WORLD

